1. Approximately how much time did you spend preparing for this exam? \_\_\_\_\_\_\_\_\_\_\_\_\_\_

2. *Roughly* what % of your preparation time was spend on each activity below?

Explained the material to peers, self, or family without looking at the notes.\_\_\_\_\_\_\_\_\_\_\_

Reread class notes \_\_\_\_\_\_\_\_\_\_\_

Put notes in my own words \_\_\_\_\_\_\_\_\_\_\_

Sketched or labeled diagrams from memory \_\_\_\_\_\_\_\_\_\_\_

Reread chapter and highlighted the readings \_\_\_\_\_\_\_\_\_\_\_

Other: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_

3. As you look over your exam, think about why you missed a particular question. Then place a tally mark in one of the categories below. This will provide you with objective feedback so you can change your approach for the next exam.

I did not understand a word in the question: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I did not apply an anatomy or physiology term correctly: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I did not understand a topic completely: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I misread the question: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I read the question too quickly: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Other: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

4. Which category caused you to get the most questions wrong?

5. What could you change to improve your performance on the next exam?