

BUSINESS NAME

SPECIAL POINTS
OF INTEREST:

- Empire State College pg 3
- Cazenovia College pg 5
- Utica College pg 6

INSIDE
THIS
ISSUE:

Dates You Need 2
to Know

For the People 4
by the People

We're Back 6

More is not al- 7
ways better

Mu Cow Back to 8
School

The Student Voice

VOLUME 1, ISSUE 1

01 / 30 / 13

The Freedom Bibles By: Amy

The 2012 Presidential election was a closely watched and heated battle. In the end about half of the country was relieved and the other half went back to biting their fingernails. Barack Obama was sworn in again on January 20th and publicly on January 21, 2013. Monday is when he took the opportunity to do something unique, be sworn in with two Bibles. God and the Bible have been part of Inauguration since this country was founded. The only inaugural speech that was given without mentioning God was George Washington's second. Prayer has also been a big part as even a man who didn't talk much about faith, President Eisenhower, gave a prayer as his first act of presidency. However, using two Bibles is unique. President Obama used both a Bible owned by Lincoln and the traveling Bible of Martin Luther King Jr. In this he was trying to send a message to the American people. Pres-

ident Obama wanted to show us how far we have come as a nation since these freedom fighters. Lincoln battled to end slavery, and Martin Luther King Jr. fought to bring equality to those freed people. One fought with guns and the other with words to achieve the goal of equality. We have believed that by the color of our current President's skin we have fulfilled the dream of the freedom fighters. President Obama said in his inauguration that the fight was not truly over until gays, woman workers, and immigrants had the same rights as everyone else. However, even then the fight would not be truly over. America is on a set of scales and we have tipped from one end to the other without achieving balance. In our rush to bring the oppressed to equality we have painted villains over those who were once oppressors in generations too far gone for the decedents to be connected to the acts. No one

is free from ancestry that has some black stain but does that make it the descendant's burden? In truth can you look around and say that you do not see people you judge? We claim to accept everyone however, anyone who we see as "closed minded" we bare hatred towards. How can you accept everyone but exclude people at the same time? For the freedom fighters the battle's end is far from over. However, will you be part of the solution? When you see someone who holds different beliefs from you will you berate them, or will you be able to disagree with them but still love them? No one is perfect; there will always be unjust judgment. However, if one person at a time you can start living up to the world view you claim maybe you will actually get there.



Dates You Need to Know By: Erin Slegaitis



"For those of us graduating this spring a date to mark in red is February 29th"

College students know all about due dates. We have exams, papers, regular homework, and the all-important financial aid and class related deadlines. It is easy to lose track of them with so much going on all the time. For those of us graduating this spring a date to mark in red is February 29th that's the day your application for graduation is due.

Make sure you have all your major requirements, school requirements, and DGV requirements all in order. If you have any questions make an appointment with your Advisor immediately. If you can't remember who your Advisor is check the guidance office webpage at <http://www.mvcc.edu/clhs/directory-of-advisors> or go to their office at PH 301D. February 18th is the start of the summer semester pre-registration. If you are planning on taking classes in the summer make sure you get organized then. The scary date of midterms is scheduled to be

March 13th start studying and preparing now to avoid the dreaded night before the test cram session. Sweet relief comes March 18th – 24th in the form of Spring break. However, keep in mind that spring break is actually the time to rally yourself before the second half of the semester, not just party time.



http://www.horton.ednet.ns.ca/staff/conner/site-archive/CMT%2012/CMT12_Calender.html

March 27th is when you will finally have back your grades which will tell you how much you'll have to pedal to the metal to get your desired final grade. Mark these dates in your calendar now so that they don't sneak up on you, and keep an eye out for scheduling changes, especially in your specific classes. Organization keeps your panic at a minimum and keeps the greys out

of your hair longer. So be aware, be prepared, and knock out the spring semester!

This story can fit 150-200 words.

One benefit of using your newsletter as a promotional tool is that you can reuse content from other marketing materials, such as press releases, market studies, and reports.

While your main goal of distributing a newsletter might be to sell your product or service, the key to a successful newsletter is making it useful to your readers.

A great way to add useful content to your newsletter is to develop and write your own articles, or include a calendar of upcoming events or a special offer that promotes a new product.

You can also research articles or find "filler" articles by accessing the World Wide Web. You can write about a variety



http://webclipart.about.com/od/pho3/ss/Miscellaneous-Hats_3.htm

A College That Fits My Life

As a transfer student...

At Empire State College, you have the power to shape your bachelor's degree around your busy schedule. As an alternative to traditional classroom learning, you choose how and when you study with flexible options such as face-to-face study with a faculty member, online courses, study groups, and residencies.

Your faculty mentor will advise and guide you from enrollment to degree completion. You also may earn credit for college-level learning gained from work and life experience.

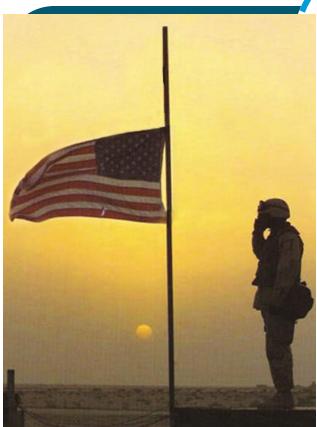
It's your choice. It's your degree.

For information

Call 866-372-3197
Visit www.esc.edu



Utica • Syracuse • Auburn • Binghamton
Fort Drum • Ithaca • Watertown



http://www.crazywebsite.com/Pg-Free-Clipart-Graphics/Free_Patriotic_Backgrounds_American_Flag_Eagle_Memorial_Day-1.html

"When was the last time you read the constitution?"

By The People For The People By: P. S.

As we look at the political landscape of today we hear comparisons of President Obama's second inaugural address to that of President Lincoln's Gettysburg address. In real history Lincoln was attempting to bring unity to a fractured wounded nation. In light of where our nation stands today we are again a fractured and wounded nation. In examining President Obama's speech we see the olive branch has been refused to the right and those calling for a balanced budget, cap spending, and reduced spending. Almost every area in the federal budget (which has not existed for four years) can be examined for; waste, fraud, and abuse. Dealing with these areas is equally important to getting under control the lavish spending by our govern-

ment. Recently four F-16s were given to Egypt, a country whose majority leadership, including the president, has ties to the Muslim Brotherhood. As the American people we should be asking ourselves if we should support countries which wish to destroy Israel, our ally, and have ties to radical Muslim groups. Why do we buy oil from these nations bent on destroying America? We literally have enough oil in the United States to support our current usage for two hundred years. If we have not developed green alternatives to oil in two hundred years we are probably not going to be able to at all. Or if we must purchase it we could visit our neighbors to the north. Either way it would stimulate the economy by providing jobs and putting more money in America worker's hands. It would also drop

the prices of gas. The question we should be asking is, should we abandon our fundamental values from the past? Should we disregard all those things which the men who have died since the Revolutionary war to protect? When President Obama was inaugurated for the first time he berated Bush for driving up the national debt by five trillion dollars in his four years in office calling it unpatriotic. Now we have run up six trillion in the last four years, so two questions. Was this really necessary? When was the last time you read the constitution? For those of you who have read this far I give you a challenge. Read the constitution, understand it, and weigh it against what we are doing today. America is still the greatest nation in the world, but at this rate, will it continue to be?



<http://www.westernjournalism.com/why-obama-backed-un-treaties-cant-trample-constitution/>

TRANSFER

TO CAZENOVIA COLLEGE

Why Caz?

Because at Cazenovia College, we are dedicated to student success and committed to the building of futures ... one student at a time!

Experience Caz

At Cazenovia College, transfer students find the best of everything an undergraduate college has to offer, including:

- Transfer Scholarships
- Transfer Friendly Academic Advising
- Maximized Transfer Credits
- Professional Internship Opportunities
- Career Services
- Small Class Sizes
- NCAA Division III Athletics



Visit www.cazenovia.edu/transfer for a complete list of transfer articulation agreements and to learn more about transferring to Caz!

We're Back

The Student Voice is proud to return to you this January with more fact and fun newspapers.

Our advisor is

Alina Mildred Treis

Or President is Erin Slegaitis and our articles were written by Anna Field, P.S., and Amy Rubyor. The continuing Adventures of Mu Cow were beautifully drawn by Allison Yip.

However you know who's name would look really good on this list?

Yours!

So if you want to write an article or poem or have some really fantastic ideas email us at studentvoice@mvcc.edu or visit us at ACC 221.

UTICA COLLEGE TRADITION. OPPORTUNITY. TRANSFORMATION.®



Move up to UC. Transfer Opportunities

Working on your associate's degree? Move up to UC... and get the career-focused skills you need to succeed in today's professional marketplace.

UC combines many of the advantages of a large university with the intimate learning environment of a small college.

We offer:

- ◆ Maximum credit for classes taken at other institutions
- ◆ Generous financial aid options, including additional merit assistance for Associate's Degree graduates
- ◆ 37 Bachelor's programs
- ◆ 22 Graduate programs
- ◆ Outstanding faculty
- ◆ A high level of personal attention
- ◆ State-of-the-art learning facilities on campus
- ◆ Many real-world learning opportunities

Learn more about UC. Contact us today.



Toll-Free: 1-800-782-8884
admiss@utica.edu • www.utica.edu

More is not always Better: Flu Solutions By: Anna Field



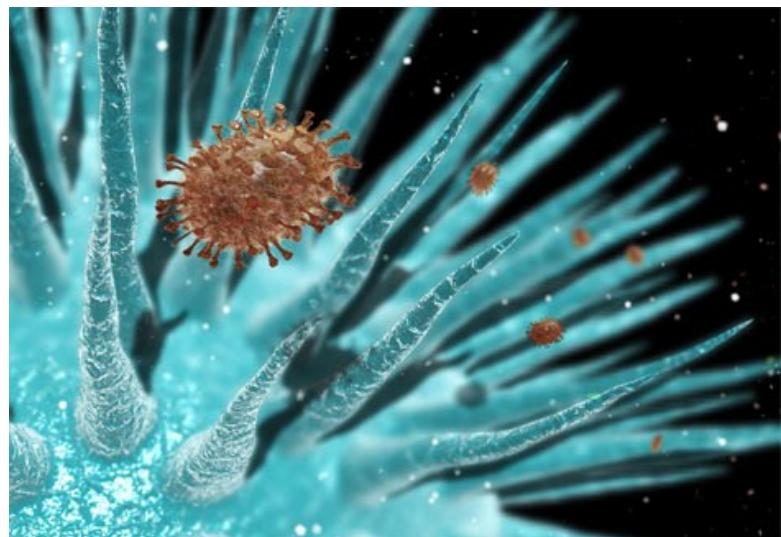
<http://www.ct.gov/dph/cwp/view.asp?a=3115&q=500340>

The flu season we have all been enduring is said to be the worst since 2009. It has escalated quickly with over a hundred deaths, eighteen of which were children. There is also over two thousand cases of influenza resulting in hospitalization. Current numbers of those with the flu are four times higher than what it was last year on a week by week basis. Because of the quick change in weather the flu season started earlier than it has in the past and medical professionals are hoping that means it will end sooner too. However, the spread of the flu has not slowed down. New York State is one of many states in the high risk category. With this in mind it is important to take precautions to keep you and the ones you love healthy. The flu shot is a great way to prevent the flu and, it is not too late to

get them. However, the vaccination is not a hundred percent guarantee; you still need to implement other precautions. Don't go too crazy with the hand sanitizer, it kills ninety-nine percent of bacteria and that includes the good bacteria that kills bad bacteria. Too much sanitizer is a good way to get sick where a moderate amount will help prevent you from getting sick. At MVCC we have plenty of dispensers but try to use sanitizer when needed rather than ever time it becomes available. Use it after coming into high risk areas like; doorknobs, keyboards, and desks. I know there are a lot of desks we come in contact with but using sanitizer after every other class is better or having sanitary wipes to clean the desks instead of always putting it on your hands. If you drink green tea that is brewed instead of bottled gives a great boost to your immune system, and can help with sore throats and

coughs. Try not to over medicate either. If you use over the counter pain killers and fever reducers too often you can build up immunities and the medicine won't work when you really need it. Plus they don't keep you from getting sick they just lessen the symptoms. Try alternating modern medications with natural remedies, like tea and vitamins, to keep your body in balance and hopefully from getting the flu.

"The spread of the flu has not slowed down. New York State is one of many states in the high risk category. "



<http://www.dailykos.com/story/2013/01/10/1177839/-Worst-flu-epidemic-in-a-decade-spotlights-opposition-to-mandated-sick-leave-Cue-Scott-Walker>

MU - COW
in:
Friends!

by Alyson Yip &
Erin Slivagitis

Back to School
FRENZY!



Yu-Fish, I know I'm just a freshman... but there must be something wrong with my class schedule...

What do you mean?

MVCC

Name: Mu-Cow
Major: Cow stuff

Credits Required:

> 9,000

sighs
Well, I guess it's time we went and bought our books, as school starts next week.

A few moments later...



mmfffffhhh!!

