

The Student Voice

11/21/12

November- December

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Neighborly Advice By: Amy Rubygor

What does it mean to be neighbor? That word has had a changing meaning over the years. In the past a neighbor was someone you could count on to water your plants without robbing you blind. However, in modern times people are filled with distrust and don't expect people to act simply out of the good of their hearts. In the past people could jog through their neighborhood and be able to name the people in every house on the surrounding streets. Now a day's people don't even know the name of the person right next door. It is hard to say exactly when this change occurred, but it did and now we are living with it. Recently a tragedy

struck the east coast that challenged the modern perception of neighbors. Hurricane Sandy made land fall near the Jersey shore and ripped her way through the surrounding areas. The storm wasn't as bad in some areas as predicted but that made no difference to the places that got

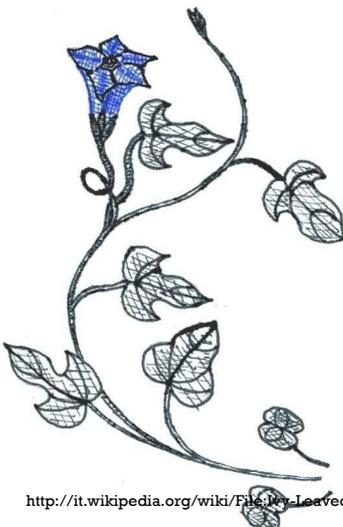


<http://www.guardian.co.uk/environment/blog/2012/oct/30/hurricane-sandy-supersized-climate-change>

hit hard. Familiar streets were washed away and entire homes were destroyed. In New York City the subway system was flooded and power has yet to be restored to some areas.

The citizens in

these places could have relied only on themselves or the government but, despite the modern view of neighbors people reached out to each other. Many people relied on cell phones as their only contact with others and light after the sun went down. In New York one residence hung extension cords out their windows with a sign saying "Please charge your phones." Surrounding areas have ventured into the ravaged parts of towns to clean up and give aid to the residence. All across the country people have been raising money to send to the affected areas. The world may not be as honest as it used to be. However when it really counts we still have each other.



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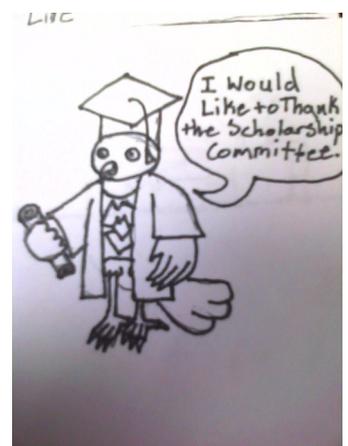
“A college degree is not for the faint of heart but the bill makes you want to faint.”

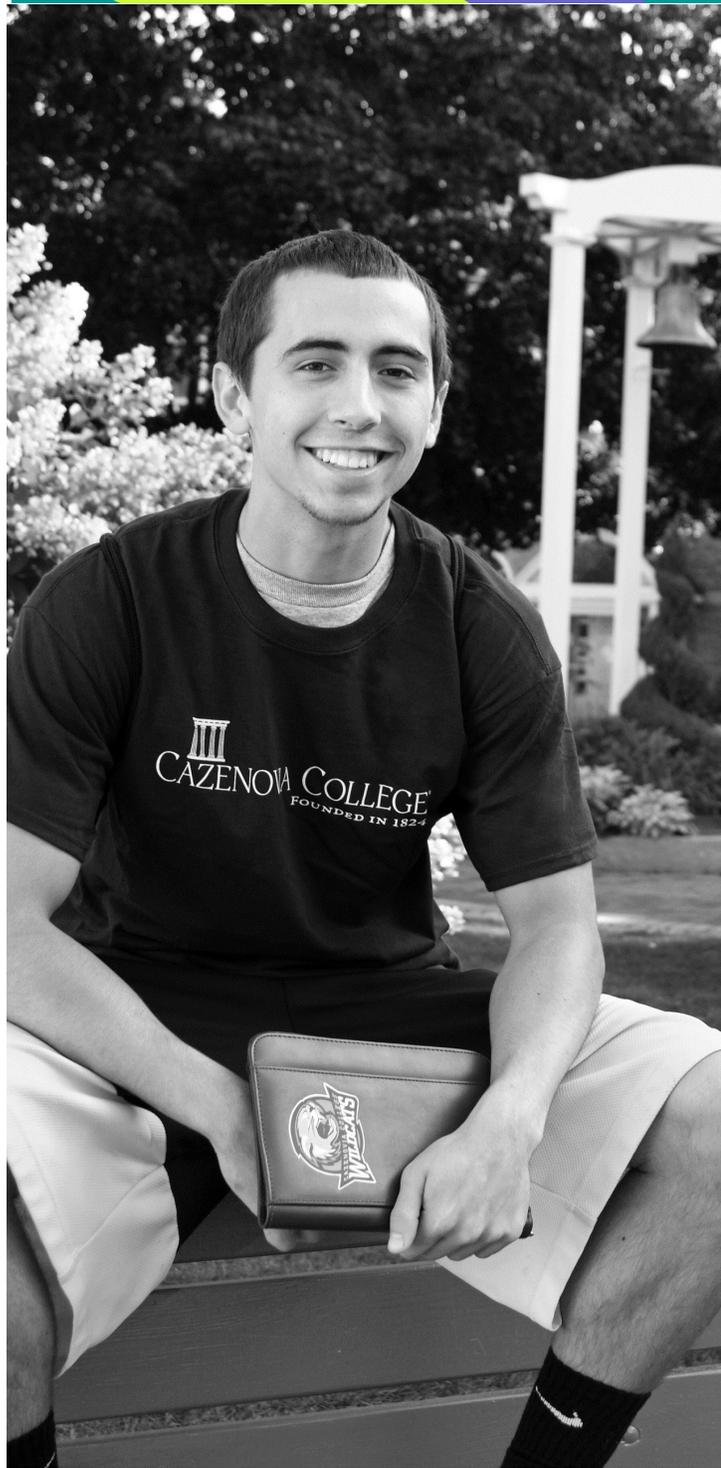
Liberating Yourself By: Erin Slegaitis

We all have goals to reach and we fight to obtain them. A college degree is not for the faint of heart, but the bill makes you want to faint. So what do you do? Scream, cry, run to your mom, or take out a **huge** loan? Have you ever considered scholarships? MVCC's

scholarship packet has all kinds of scholarship opportunities in it for everyone, from general studies to specific majors. It is worth checking out, for example, the Dr. Jim Dyer for Academic Excellence scholarship. It is for a Liberal Arts graduate with the highest G.P.A. The candidate must have a minimum of thirty MVCC credits in the liberal arts curriculum. The

award is for one hundred dollars by check. The recipient is chosen at the end of the spring semester, and no application is required. If you have any questions or want to see more great scholarships, go to Payne Hall 220 and ask for the brochure.





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My Experience as an International Student at MVCC By: Tomoyo Watanabe

I came from Japan to study here in the USA in order to improve my English. As an international student at MVCC, I have experienced a lot that I would have never done in Japan.

The first thing that surprised me when I came to the USA is that all people speak English very fast. I studied English for seven years before coming to the USA but I did not understand most of conversation. I realized my native English speaking teacher in Japan talked to me very slowly. As I hear English a lot, I came to understand little by little. Also, I realized I

have a Japanese accent and most Americans do not understand it. It is very hard to correct my pronunciation and I still struggle.

The second thing I found different from my country is the food. Although we have a lot of American food in Japan, such as hamburgers, pizza, and sandwiches, some American food we rarely eat are turkey and gravy sauce. I have never had them in Japan. On the other hand, I think Japanese eat more fish and sea food than Americans do. Also, many Japanese think American hamburgers are much bigger than Japanese ones in fast food restau-

rants. This is wrong, and they are usually the same size, although drink sizes are much bigger than Japanese ones.

Finally, holidays are different between our two countries. We celebrate Christmas Day, but it is not a holiday in Japan. I realized it is the most important holiday in the USA. In contrast, the most important holiday in Japan is New Year's Day. We do not have Thanksgiving Day, so as I mentioned, we do not eat turkey which is a traditional Thanksgiving dish.

It is a very good experience for me to come in touch with foreign cultures. I have learned many things that I did not know before coming to the USA. We can get a lot of information about other countries, but I realized they are sometimes wrong. It is a good idea to actually experience other cultures for yourself.

“We can get a lot of information about other countries, but I realized they are sometimes wrong.”



Not Enough to do on Campus? By: Daniel Hayden

“In case you are unfamiliar with Hawk Point events they are points you earn for attending any ticketed, non-DGV event”

As many students may already be aware, you must complete Four DGV events in order to complete your degree program, although it is encouraged that you attend more. This may seem like a chore, but there are many DGV events coming up that are very interesting, and with so many to choose from, there will definitely be something for everyone.

We kick off the last week of November with the DGV event: *Global Wildlife Trafficking- Illegal Gathering & Environmental Implications*. This event is being held on November 28th at 6 pm at the Utica campus in the Schafer Theater located in the IT building, and is also being held at the Rome campus in the Plumley Complex. It is free and open to the public.

Following this is the production *Trifles*, presented by the Players of Utica. *Trifles* is a one-act murder mystery based on actual events that occurred in Iowa at the turn of the century. This DGV event is set to take place on November 30th at 4PM and 7pm at the Utica campus in the Schafer Theater located in the IT building and is free for current full

time MVCC students. Tickets are required even though they are free and are available at the box office by the theatre or online.

There are also three DGV events being held in



<http://criminalplots.blogspot.com/2011/01/book-made-into-movie.html>

December, one on the Rome campus and two on the Utica campus:

The Rome DGV event will be *The Last Lions* with Utica Zoo Educational Department on December 5th at 6 pm in the Plumley Complex. *The Last Lions* will also be shown in Utica on December 6 at 6 pm in the Schafer Theater. The film will be preceded by a lecture on the endangerment of the Lion species; admission is free for current full time MVCC students.

The Utica DGV events will be a performance *Brownsville Bred* with Elaine Del Valle. This is a multiple award-winning one woman play. It will also take place on December 5th. It is scheduled to start at 7 pm in the Schafer Theater located in the IT building. It is free and open to the public.

Tickets are required for these events. They are free for full time students. For more information on MVCC's Cultural Series or to purchase tickets, stop by the Box Office located at IT106 next to the Schafer Theater, Monday through Friday from 10 AM to 2 pm or one hour prior to the start of any ticketed event, or visit them online at www.mvcc.edu/tickets.

You can also have a voice in suggesting future events by accessing and liking the Facebook page “MVCC Cultural Series” as well as finding up-to-date information on current events.

There are also many upcoming Hawkpoint events that will be taking place at both the Utica and Rome campuses. In case you are unfa-

miliar with Hawkpoint events, they are points you earn for attending any ticketed non-DGV event and are tallied during a specific period. The person with the most Hawkpoints for that period wins a prize. The current calculation for Hawkpoints began on November 1st and runs through December 4th. At the end of this period, the person with the most Hawkpoints will win a \$100 Barnes and Nobles gift card. Keep in mind that you can only receive credit for DGV or Hawk-

point events once, even if you see it at both campuses.

The upcoming Hawkpoint events includes: *The Dark Knight Rises* held on the Utica campus on 11/19 at 7pm in the Schafer Theater. The movie is also in Rome on 11/20 at 7pm in the Festine Auditorium.

The Bourne Legacy will be shown at Utica on 12/03 at 7pm in the Theatre, and then on the Rome campus on 12/04 at 7pm in the Festine Auditorium.

There are also many other events that will be fun to attend, so get out there and experience the cultural diversity.

Eating Good To Look Good By: Anna Field



Everyone wants healthy beautiful skin but not many of us know how to get it. So we turn to harsh chemicals and expensive creams hoping to get lucky, but did you know that what you eat can affect your skin? Well it does so here are a few tips on how to improve your skin by eating. Tip 1) Eat fruits and vegetables: as easy as that sounds many of us wont(yes you know who you are) its because of a little think

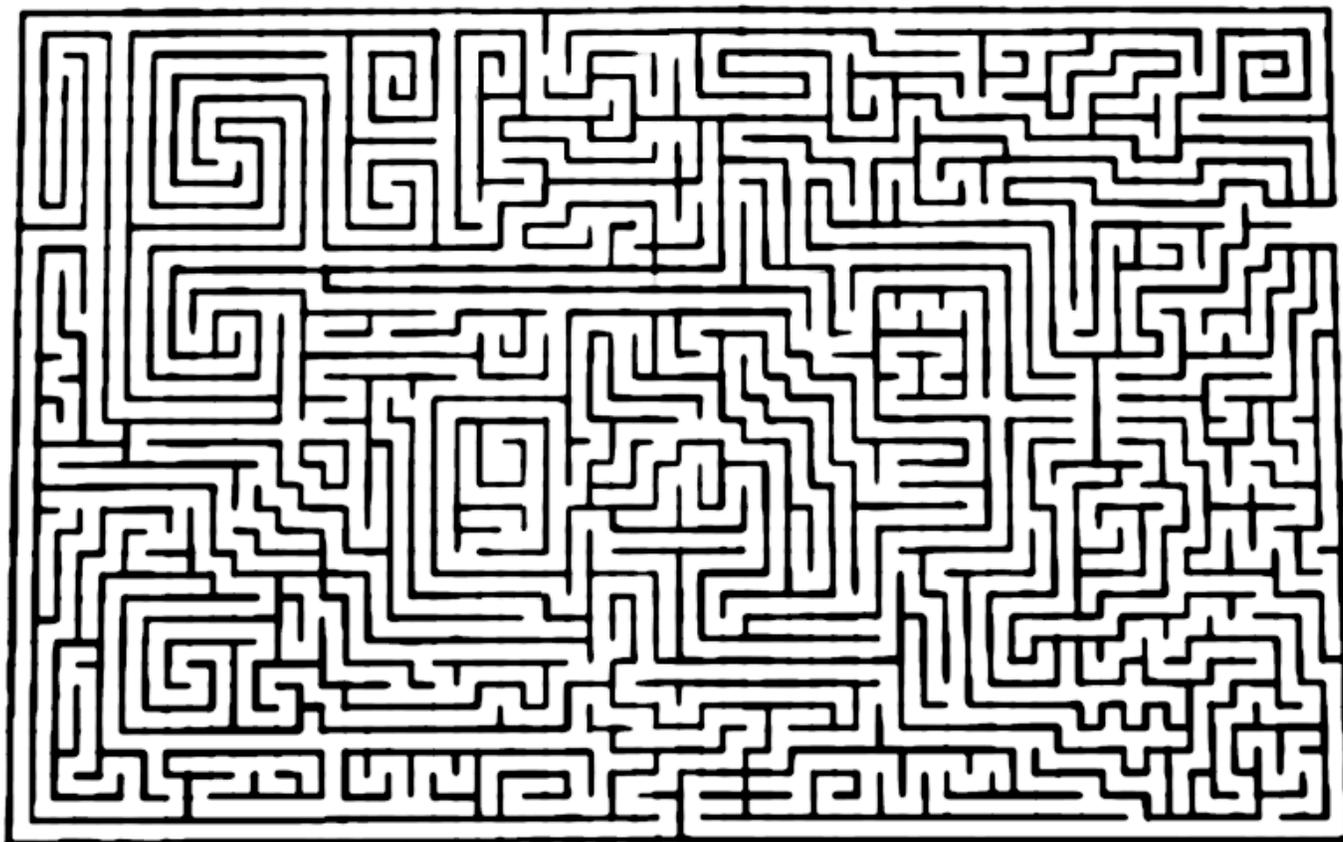
called carotenoids. Carotenoids are a part of our bodies immune system and helps us fight aging and other things that would seek to damage our skin. And in eating fruits and veggies we get the antioxidants our bodies don't normally make. Tip 2) Try seafood. I know many of us don't like fish but they have something called omega-3s that are good for us. Omega-3s are good for our heart and skin so it's a double hit if

you ask me. The omega-3s help our skin to hold water so it stays softer and looks wrinkle-free. Salmon, mackerel, and tuna are so good ones for omega-3s but if fish isn't your thing try flaxseed, almonds, walnuts, hazelnuts or you can look for eggs with a high omega-3 content. Tip 3) Berries-blueberries and strawberries, they have a high antioxidant content. Antioxidants are a chemical that protects our skin on a cel-

lular level from free radicals. Free radicals are what causes an apple to turn brown when exposed to oxygen and it happens in our bodies too(scary huh). Antioxidants help stop this process. Tip 4) Kiwis, they have a lot of vitamin C more than oranges. This helps skin's collagen and collagen is what gives skin its elasticity, giving it a more youthful look. So take my advice and go and get yourselves some good, fresh seafood and produce.

Until Next Time

It seems like the time that is most cherished is that which runs out the fastest. This semester has flown by faster than thought possible. However, as finals week approaches it is undeniable that we have come this far. The members of the student voice have enjoyed working for and with you and intend to continue in our mutual pursuit of personal growth. The Student Voice's dedicated Advisor is Alina Mildred Treis. Erin Slegaitis is the President/Editor in Chief of the paper putting long hours into making this paper available. We have many members, however, the following are featured in this paper; Anna Field, Daniel Hayden, Amy Rubyor, and Tomoyo Watanabe, with Poetry Submissions by LouAnne Collins and Tara Brown. We are always looking for people willing to put a little time in and join our paper. Starting next semester there will be a scholarship in place for the Editor in Chief and the Editors of the paper. If you are interested feel free to join us next semester as this is our final issue until January. If you have any articles to submit or any questions e-mail us at studentvoice@mvcc.edu or stop by our office in ACC221. Thank you for your continued support of our paper. Study hard for finals, enjoy life, and we hope to see you again soon.



http://cdn1.sbnation.com/imported_assets/634435/laurences-maze.png

MVCC Majors By: Erin Slegaitis

Across

- 3. Not a doctor but close
- 4. Picasso would be proud
- 6. Can say hello in thirteen different languages
- 7. Digital or Film?
- 8. If you want to own a store
- 9. Tech support givers
- 10. Making the next big video games
- 12. You have to know the land
- 13. Teaching their replacements

Down

- 1. Drawing a building into reality
- 2. Not sure yet
- 5. Not from India (most likely)
- 11. Tax help

Shaun's Poem By: LouAnne Collins

The year was long N full
of pain,
My native son put to
shame
Slander N spit on him
made ashamed
Of the Onondaga Nation
From which we came
May this poem
Be a reminder
For the next child
That may wander
In to your system
Nthrough your schools
That they're not different
They are children too



<http://hameed.deviantart.com/art/Horizon-Widescreen-Wallpaper-19060656>



http://reekycoleslaw.com/wp-content/uploads/2012/07/Going_to_Heaven_by_asawd2.png

My Dear Friend By: Daniel

I remember the days of old
The times we had will deeply be
missed
Now God has called you home
And in my heart a sinking feeling sits

Sadness felt whenever I see your face
Thought of things that could have
been
Even though I know you're in a bet-
ter place
I still wish I could speak with you
again

Tell you things that were never said
A truer friend I will never find
Now these thoughts lay dormant in-
side my head
No more pain you left this life behind

Lessons Unlearned

By: Anonymous

Lost in this old maze
again,
On some dark road,
Solace to you my friend,
Insufficient to withstand
the load,
Not to this dark dream,
Gone once but now re-
turned,
You and I once a team,
Outskirts lessons un-
learned,
Utter not the bitter tears,
In this quiet place,
So echoed in my heart,
The pain cannot erase,
Our mutual dark part,
More I had seen,
Unfortunately never been,
Cherish the remaining
time,
Holding onto what was
once mine.



<http://akriti91.files.wordpress.com/2012/01/woman-in-a-mirror1.jpg>



Just Say No By: Tara Brown

Sir, my mind is warped
and my head is aching.
Is this what happens
with brain cells bak-
ing?
I fell into your hole too
long ago, too much
time, too many people,
I'm sick of dressing for
your show.

This one time, I re-
member, when I really
was a girl,
When my soul was
here, and my thoughts
were clear, and I ruled
the world.
Two ways I could go,
one fork in the road,
Rising up or crashing
down?
But now, how do I pick
myself back up, when
I'm cemented to your
ground?
And you took my
heart! You heartless
crooks!
Now I'm the new statis-
tic in *your* books?

Yea, my mind is
warped and my head is
aching,
Here's your product!
My brain cells baking.
I fell into your hole too
long ago, too much
time, too many people,
I'm sick of dressing for
your show.

This one time, I re-

member, when it wasn't
like this,
Before burnt bridges
and blowing rails, I've
got this infrastructure
ditched.
Love was there, hate
was rare, and my inten-
tions were pure.
But good for you! You
heartless snake!
I became your leader's
bore!
I'm coming for you
though, wait and see,
I've got a co-pay on
your liberty,
Cuz' my mind in
warped and my head is
aching,
You have got MY brain
cells baking.

I fell into your whole
too long ago, too much
time, too many people,
So sick of dressing for
your show.

I will turn the world greyscale & induce the laws of math!!!

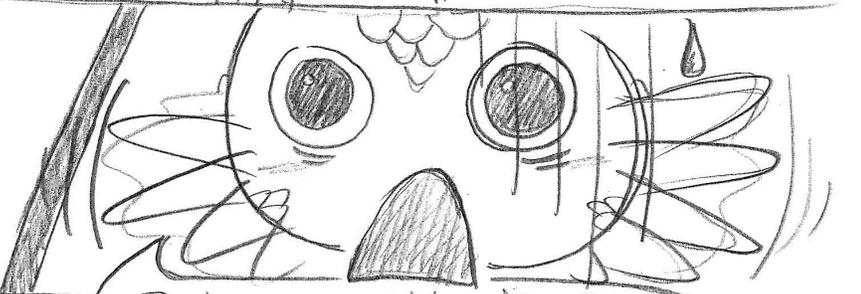


...but we're already in a greyscale comic strip...



The Adventures of Pi-Cow & Friends! part 2*

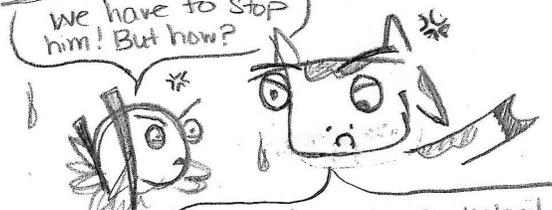
by Alyson Yip & Erin Sleigartis



But the math laws will make the only games left to play... **MATH THEORY!**

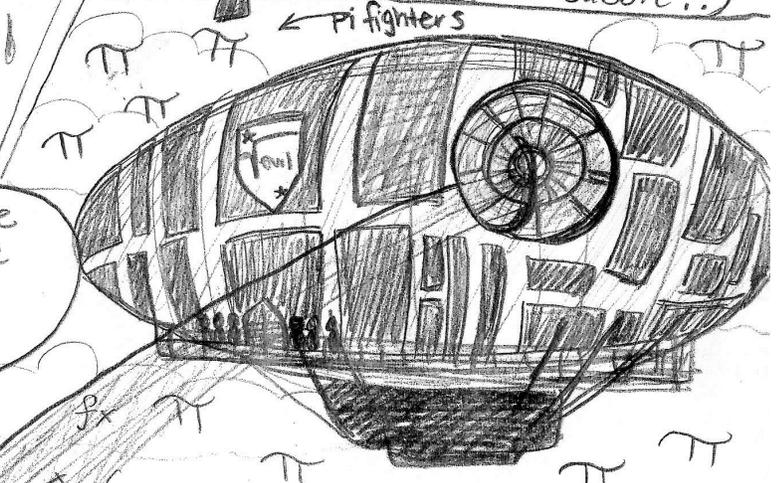


We have to stop him! But how?



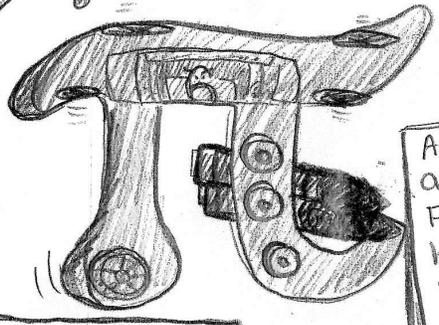
We shall make a rebel alliance and use it to Destroy the Death Blimp in a heroic space battle!

my cumulonimbus!



← Pi fighters

boink *boink*
move over text bubble!!



As the Pi-fighters approach, a cautious Fu-dragon swoops her way down to help her friends...

to be continued...