

**Mohawk Valley Community College
Charter Guidelines for Wellness Council**

Purpose Statement:

The purpose of the Wellness Council is to develop, coordinate, and publicize activities and resources designed to provide college employees with a comprehensive array of opportunities that support all aspects of well-being.

Charter Sponsor

Cabinet

Charter Contact

Randy VanWagoner
President

Timeline

Standing

FOCUS

| Task | Action |
|--|----------------------|
| Coordinate and provide activities and resources for employees' physical well-being | Coordinate & Provide |
| Coordinate and provide activities and resources for employees' career well-being | Coordinate & Provide |
| Coordinate and provide activities and resources for employees' financial well-being | Coordinate & Provide |
| Coordinate and provide activities and resources for employees' social well-being | Coordinate & Provide |
| Coordinate and provide activities and resources for employees' community well-being | Coordinate & Provide |

GUIDING POINTS

- Consider recommendations from 2015 Core Workshop on well-being.
- College Core Values:
 - Model the way
 - Encourage excellence

- Inspire confidence
- Embrace community