Wednesday 8:45am – 9:30am

IT Lobby    Morning Refreshments / Coffee, muffins, yogurt, granola bars, fruit & tunes!

9:00am – 3:00pm / MVCCPA Benefits Fair

ACC 116 The Professional Association Benefits Fund will be sponsoring two important events:
First, from 9 to 3 in ACC-116, attorney John Calimano will be back on campus for another “Will Day.” If you’d like to create a simple will, health care proxy, living will, or power of attorney, you can do so with expert legal assistance—at no cost to you. Provided by the Legal Plan benefit of the PA Benefits Fund, this is a great opportunity to create the legal documents necessary to protect yourself and your family. If you are interested, please contact Justin Wilcox (jwilcox@mvcc.edu) to make an appointment and get the forms you’ll need to get started.
Also on this day, NYSUT benefits expert Laura Calhoun will be talking about other NYSUT benefits available to us and taking questions about those offerings as well as any questions you may have about the current benefits offered by the PA. Refreshments will be served.

9:30am – 10:45am / Plenary

IT Theater Keynote: This is Your Brain on Community College / Janet Zadina, Ph.D., Assistant Professor, Neuroscience
Would you like to know how learning actually takes place in the brain? Come to this presentation on using brain research to enhance and energize learning and see the first ever pictures of learning in the brain! Look inside a real brain and see some of the regions involved in learning. Find out why it isn’t enough to fire it, you have to wire it (the difference between thinking and real learning) and learn strategies for maximizing learning! Experience the feeling of learning differently with an amazing interactive activity. Prepare to laugh, learn, and be amazed.
11:00am – 12:15pm

**IT 225 The Multiple Pathways Model for Using Brain Research to Enhance and Energize Instruction / Janet Zadina, Ph.D., Assistant Professor, Neuroscience**

Neuroscience indicates that the more modalities by which learners encode information, the easier that information is to learn and recall. Go beyond visual, auditory, and kinesthetic and find out about other powerful learning pathways in the brain! Learn strategies for stimulating these pathways in your classroom activities and assignments. Learn how to avoid "drill and kill" and get more learning in less time. Discover what part of the brain you are responsible for helping to develop! You will leave energized and validated and eager to get to the classroom to put everything you learn into action! Limit 60

**IT 216 Death by Meetings / Jim Lynch**

Maximize your meeting effectiveness using web based collaboration tools for agendas, preliminary discussions, document sharing and collaboration. Stop the side-line conversations and document review during your meeting and let committee’s members air their personal views and reviews prior to your meeting. Limit 40

**IT 226 Break out of your shell / Norma Chrisman, Ben Duerr**

Interested in using Blackboard but were afraid to ask? Come find out what blackboard has to offer from supplementing you're on site class to building your first online course. Limit 25

**IT 116 Race & Relationships / Patrick L. Johnson, Campus-Community Civility Liaison**

Issue of Racism This workshop provides a very unique and rare opportunity to have a necessary conversation about race & racism. Particularly, this discussion is designed to accommodate educators and other professionals to have thought provoking, honest, empowering conversations that address our issues relating to race and other topics that naturally arise when having this discussion. What are your experiences based on your racial identity? How do you experience the world as a white person, as a person of color? What insight, information would be useful to you to connect with people who have a different racial identity than yourself? Can we share our truth and still be friends, keep our jobs and maintain our professional relationships? The presenter will set the stage so that the participants feel a sense of freedom and comfort to share their experiences, challenges and solutions for a more inviting campus and welcoming community. Participants will be encouraged to talk about their personal experiences as well as their aha moments. This is a dialogue that is sure to awaken us and enhance our personal growth in our journey for a better America. Limit 40
IT 117 Facilitation Training / David Katz & Ron Labuz
This workshop is designed to help hone our facilitation skills with an eye towards expanding our efficacy personally, in our current positions, and institutionally. We will explore best facilitation practices in a fun and engaging setting with the emphasis on learning to connect to our audience in a manner that maximizes group effectiveness. This workshop welcomes everyone who is interested in improving these abilities to attend. Limit 35

IT 119 Thinking for Success / Dominick Nicotera, Licensed Clinical Social Worker
The presentation is about understanding a cognitive behavioral theory approach to improving mental capacity. The presentation is about learning how “Mindfulness” techniques can help with mental health issues. There are specific meditations to address how we can exercise control over our lives. Borrowing from Dr. Wayne Dyer’s book on The Secrets for Success and mediations such as, “Having a Mind that is Open to everything and Attached to nothing” is discussed. It’s about a theory referred to as Quantum Mechanics, also known as a theory of endless possibilities. It speaks to the power of intentions, beliefs and observations that can help us create our realities. It leaves room for the mystery of life and purpose driven behaviors that are researched based as well as spiritually motivating. It is about putting things in a perspective that is beneficial to students, leaders and professionals. Limit 40

Wednesday 12:15pm – 1:45pm
Summer Institute 2010 Recognition Luncheon ACC Commons
2:00pm – 3:15pm

IT 216 Men's Violence Against Women / Kacey Blaney, Victim Advocate for the Air Force's Sexual Assault Prevention and Response Program
This interactive workshop is designed to raise awareness, challenge our thinking, open dialogue and inspire us all to become leaders in preventing men's violence against women. Limit 40

JC 102 Play Your Stress Away / Robin Saxe
Reduce stress the child’s way. Create your own personalized stress balls, make therapeutic scented play dough, and enjoy the calming effects of sand and water play. Limit 20

AB 267 Linoleum Expressionist Portraits / Jedediah Kimball
Come and learn how to make your own expressionist relief portrait. Demonstration will include full process for linoleum printing. Attendees will start print process during workshop. Participants will be provided with Lino block to make their own print. Please bring a high contrast print out of a portrait you might use. Limit 20

IT 225 Play the Game! / Jeff Birt
Can you Dominate at Dominion? Can you Conquer Carcassonne? If you ever got bored with Monopoly, Risk, or Scrabble, there is a new generation of games out there that challenge the mind and yet - get this - do NOT require electricity! Jeff Birt and friends will quickly introduce two table games (Dominion and Carcassonne) and play them as time permits. Be ready to match wits and share laughs! Limit 40

JC 140 Circuit Training / Andrea Roberts
A high-intensity circuit program that will not only burn away calories, without spending hours on a treadmill, but will also build strength! Combining some newer concepts (such as kettle bells, suspension straps, and slam balls) with some more traditional exercises (abdominal crunches, lunges, step-ups), you will be led through proper usage and form for all of the exercises and equipment. You will then be paced through a high-intensity circuit employing these tools, along with some encouragement and great music to motivate! Any and all skill and comfort levels are encouraged to attend! Limit 25