mvcc-nect
NON-CREDIT COURSES • ACADEMIC PROGRAMS • CULTURAL SERIES

Summer 2021
CLASS LOCATION KEY + MAP

MVCC Utica: 1101 Sherman Drive
AB: Academic Building
JC: Jorgensen Center/Gym
ACC: Alumni College Center
WH: Wilcox Hall (Formerly IT)
ST: Science & Technology Building
QUAD: Quad/College Green
STAR: Box Office Locations

MVCC Rome: 1101 Floyd Ave.
PC: Plumley Complex

MVCC Education Outreach Center:
524 Elizabeth St., Utica
MVCC Carpentry and Masonry:
335 Catherine St., Utica
NH Town Park/Sherrill Brook Town Park:
4191 NYS Rt. 12, New Hartford

UTICA CAMPUS

Academic Building
- Public Safety
- CCED
- Human Resources

Alumni College Center
- Bookstore
- Career Services
- Health Center
- Residence Life
- Resident Dining

Francis A. Wilcox Hall
- Accessibility Resources
- Learning Commons
- Theater

Payne Hall
- Administrative Offices
- Admissions
- Financial Aid
- Holistic Student Support
- Library

Jorgensen Athletic and Events Center
- Fieldhouse
- Fitness Center
- Pool

Residence Halls
- Bellamy
- Butterfield
- Daugherty
- Huntington
- Penfield

Science and Technology Building
- FABLab

Quad/College Green

Parking Lots

Box Office Locations

ROME CAMPUS
All courses and events will comply with federal, state, and county guidelines, along with the MVCC Responsible Restart Plan, in order to keep our students, employees, and community safe. mvcc.edu/restart
Summer is finally upon us! We all have been eager to feel the sun on our faces and get our bodies and minds moving. This summer, we have just what you need. Choose from a variety of course offerings, personal and professional, for all ages. We provide in-person and online opportunities to fit your schedule and needs in a safe environment. Join us this summer as we learn and grow together!

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**CLASS FORMAT KEY**

Take a class this summer! We have an option for you!

- **In-person with social distancing**
- **Online Live:** Classes via zoom at scheduled day
- **Online Asynchronous:** Scheduled class dates; work at your convenience
- **Online Self-Paced:** Start anytime; work at your own pace

All classes are instructor-led. In-person classes are subject to change per SUNY COVID-19 guidelines.

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**KIDS FIRST® ROBOTICS PROGRAMS, PAGE 9**

- LEGO® Robotics
- Engineering

**ONLINE CERTIFICATES, PAGE 11**

- Certificate in Mastering Excel
- Computer Skills for the Workplace
- Project Management

**NEW**

- Spanish
- Italian

**LANGUAGES, PAGE 24**

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### COLLEGE FOR KIDS AND TEENS

#### SUMMER CAREER CAMPS

*indicates class is online

**MORNING SESSION 8:30 a.m.-noon**

<table>
<thead>
<tr>
<th>WEEK 1</th>
<th>July 6-9</th>
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<tbody>
<tr>
<td>Babysitter’s Training (begins at 9 a.m.) (Ages 11+)</td>
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<tr>
<td>Young Inventors (Ages 9-14)*</td>
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<tr>
<td>ROBLOX® Makers (9:30 a.m.-12:30 p.m.) (Ages 8-11)*</td>
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<th>WEEK 2</th>
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<tr>
<td>Kitchen Science (Ages 10-14)*</td>
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<td>Minecraft Designers (9:30 a.m.-12:30 p.m.) (Ages 8-11)*</td>
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<tr>
<td>Rebel Training Outpost (Ages 7-12)</td>
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<td>Minecraft Redstone Engineers* (9:30 a.m.-12:30 p.m.) (Ages 8-11)</td>
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<tr>
<td>Fundamentals of 3D Modeling in Blender (Ages 12-18)*</td>
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<tr>
<th>WEEK 5</th>
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<td>Superhero Training Camp (Ages 7-12)</td>
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<td>Actors Attack! (Ages 8-11)</td>
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<td>Intro to FIRST® LEGO® League Explore Robotics (Ages 6-8)</td>
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<td>Python Programmers (9:30 a.m.-12:30 p.m.) (Ages 11-14)*</td>
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| WEEK 7 | Aug. 16-19 (8:30 a.m.-4 p.m.): FIRST® Tech Challenge Robotics and Engineering (Ages 13-18) |

**AFTERNOON SESSION 1-4:30 p.m.**

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<tr>
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Please note that all students enrolling in BOTH in-person morning and afternoon camps will be picked up from their morning camps by MVCC staff, supervised during lunch, and brought to their afternoon camps.

**WEEKS 2 AND 3: July 12-22 (6-8:30 p.m.): Computer Aided Design (CAD) Using Fusion 360 (Ages 13-18)*

**WEEK 7: Aug. 16-19 (8:30 a.m.-4 p.m.): FIRST® Tech Challenge Robotics and Engineering (Ages 13-18)**

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**WEEKS:**
- **WEEK 1:** July 6-9
- **WEEK 2:** July 12-15
- **WEEK 3:** July 19-22
- **WEEK 4:** July 26-29
- **WEEK 5:** Aug. 2-5
- **WEEK 6:** Aug. 9-12
- **WEEK 7:** Aug. 16-19
Actors Attack! NEW
Actors attack the park with their acting skills and boisterous interactive theater games, improvisation, skits, and pop-up performances throughout the park.
Instructor: Susan Lincoln
Utica/Outside • Aug. 9-12 • Mon.-Thurs. • $119
Ages 8-11: 8:30 a.m.-noon • CRN 35602
Ages 12-15: 1-4:30 p.m. • CRN 35603

Art Around the World: A Multicultural Experience
Take a trip with us to explore Aboriginal, Greek, Egyptian, and Asian art. Learn what art means to people in other parts of the world and work on art projects based on these cultures. Ages 7-12.
Instructor: Nancie Cooney
Utica/Outside • Aug. 2-5 • Mon.-Thurs. • 1-4:30 p.m.
CRN 35379 • $139

Babysitter’s Training
Learn all the basic information and skills training you will need to care for children of all ages in a safe and reliable manner. Upon completion, you’ll be prepared and confident in your skills. Ages 11+.
Instructor: Cristen Gallup
Utica/Outside • July 6-9 • Tues.-Fri. • 9 a.m.-noon
CRN 35381 • $109

Battle Royale: Make Your First Fortnite-style Video Game
Using professional 3D game development software, build levels and assets inspired by popular battle royale games like Fortnite. This course includes cartoonish action and battle sequences. Compatible with Mac and Windows only, and requires a 64-bit operating system.
Online Live • July 19-22 • Mon.-Fri. • $149
Ages 8-11: 9:30 a.m.-12:30 p.m. • CRN 35432
Ages 11-14: 1:30-4:30 p.m. • CRN 35433

Beginner Jewelry Making with Resonate Trading Company: Friendship Bracelets NEW
Learn the basics of braiding, beading, macrame, and more! Make bunches of bracelets and some new friendships, too. We also will take a look at some DIY jewelry holders for your creations. Ages 7-12.
Instructor: Sara Vivyan
Utica/Outside • July 12-15 • Mon.-Thurs.
1-4:30 p.m. • CRN 35585 • $139

Beginner Jewelry Making with Resonate Trading Company: Necklaces NEW
In addition to using some of the same techniques learned in the Friendship Bracelet camp in a different way, you will also explore new jewelry-making basics such as making your own pendants out of clay, beads, stones, and other things from nature. Bonus: more DIY jewelry holders! Ages 7-12.
Instructor: Sara Vivyan
Utica/Outside • July 26-29 • Mon.-Thurs.
1-4:30 p.m. • CRN 35586 • $139

Box of Nano Tech Adventures! NEW
Learn how physics at the nanoscale affects the world around us, and what cutting-edge scientists and engineers are doing to push the limits of current technologies. Build circuits, experiment with versatile polymers, and have fun while learning about the magic of Nano Tech. Ages 9-14.
Instructor: Michael Bush
Online Live • Aug. 2-5 • Mon.-Thurs.
1-4:30 p.m. • CRN 35617 • $149

Charms, Beasts, and Wizards: A Hogwarts Experience
Spend your week exploring the world of fantastic beasts and dark arts while learning about what might really be possible through the science of potions, herbology, flight, and more. Ages 7-12.
Instructor: Melissa Barlett
Utica/Outside • July 19-22 • Mon.-Thurs. • 8:30 a.m.-noon
CRN 35393 • $129
**Computer Aided Design (CAD) Using Fusion 360** NEW
Explore using Fusion 360, a professional-grade Computer Aided Design (CAD) software for designing three-dimensional objects. Learn this fun and highly marketable skill used in the engineering, design, and STEM fields. Create your own files to use for printing on a 3D printer, or render and print out a realistic 3D drawing of your design. Ages 13-18. This extended camp is two-weeks long.

**Instructors:** Owen Buckingham, Michael Bush
**Online Live • July 12-22 • Mon.-Thurs. • 6-8:30 p.m. • CRN 35614 • $225**

**Earth Explorers** NEW
This camp will introduce you to local rocks, soil, plants, and trees. The days will be spent outdoors collecting and identifying a variety of geologic and biologic materials, and some related arts and crafts activities will be included. Ages 7-12.

**Instructor:** Lindsey Williams
**Utica/Outside • July 19-22 • Mon.-Thurs. • 1-4:30 p.m. • CRN 35582 • $129**

**Fundamentals of 3D Modeling in Blender** NEW
Learn the fundamentals of 3D modeling using the professional, free, and open source software, Blender, to transform your drawings into three-dimensional characters. Exploration of this technical and creative skill is a window into a computer graphics career designing models and characters for movies, advertising, and video games! Ages 12-18.

**Instructor:** Nick LeJeune
**Online Live • July 26-29 • Mon.-Thurs. • 8:30 a.m.-noon • CRN 34770 • $149**

**3D Animation Basics** NEW
This is an expansion of the Fundamentals of 3D Modeling in Blender course. You’ll learn how to rig your characters, apply joint dynamics, keyframe movement, and create an entire scene of motion. Ages 12-18.

**Instructor:** Nick LeJeune
**Online Live • July 26-29 • Mon.-Thurs. 1-4:30 p.m. CRN 35616 • $149**

**Kitchen Science** NEW
Learn the science behind some basic cooking techniques without ever leaving your kitchen. With just a few grocery supplies, mixing bowls, and a microwave, you’ll be able to explore the science of food. Ages 10-14.

**Instructor:** Melissa Barlett
**Online Live • July 12-15 • Mon.-Thurs. 8:30 a.m.-noon • CRN 35581 • $129**

**Meet and Make Like the Masters!**
Learn styles unique to art masters like Monet, Van Gogh, and Picasso, and try your hand at creating your own masterpieces based on their works. Ages 7-12.

**Instructor:** Nancie Cooney
**Utica/Outside • Aug. 2-5 • Mon.-Thurs. 8:30 a.m.-noon • CRN 35378 • $139**

**Minecraft Designers**
Learn how to create a custom map, the basics of creating 3D models using a new software to design your very own objects, how to build with Redstone and Command blocks, and create custom textures. You must own a Java version of Minecraft to take this class. Tablet, phone, and game console versions of Minecraft are not compatible. A parent’s email address is required to use the modeling software. Returning students can create more advanced projects that build on previous years. Compatible with Mac and Windows only.

**Online Live • July 12-15 • Mon.-Thurs. • $149**
**Ages 8-11: 9:30-12:30 a.m. • CRN 35456**
**Ages 11-14: 1:30-4:30 p.m. • CRN 35457**

**Minecraft Redstone Engineers**
Construct your own carnival with a variety of mini-games, roller coasters, and attractions powered by Redstone. Learn how to use Command and Structure blocks to incorporate them into your builds. You must own a Java version of Minecraft to take this class. Tablet, phone, and game console versions of Minecraft are not compatible. Compatible with Mac and Windows only.

**Online Live • July 26-29 • Mon.-Thurs. • $149**
**Ages 8-11: 9:30-12:30 p.m. • CRN 35434**
**Ages 11-14: 1:30-4:30 p.m. • CRN 35435**
Pokemon Masters: Designers and 3D Makers Unite! NEW
Begin by creating your own digital Pokemon-style custom playing card game. Progress onto designing action figures, jewelry, and toys in professional-level modeling software. Learn how to prepare a model for 3D printing and create a design portfolio to showcase your work. Compatible with Mac and Windows only.

Online Live • Aug. 2-5 • Mon.-Thurs. • $149
Ages 8-11: 9:30 a.m.-12:30 p.m. • CRN 35454
Ages 11-14: 1:30-4:30 p.m. • CRN 35455

Python Programmers
Learn how to code with Python to create engaging apps and games. Each lesson takes you step-by-step on a programming path that will let you challenge friends with content you create from start to finish! Returning students can create more advanced projects that build on previous years. Compatible with Mac, Windows, and Chrome.

Online Live • Aug. 9-12 • Mon.-Thurs. • $149
Ages 8-11: 1:30-4:30 p.m. • CRN 35443
Ages 11-14: 9:30 a.m.-12:30 p.m. • CRN 35442

Rebel Training Outpost
Take a trip through science and crafts to the desert of Jakku or the forest moon of Endor, and learn to keep warm while out in the snows of Hoth. Learn to pilot the Millenium Falcon, build your own R2 unit, and encounter a lost child along the way. Ages 7-12.

Instructor: Melissa Barlett
Utica/Outside • July 26-29 • Mon.-Thurs. • 8:30 a.m.-noon
CRN 35415 • $129

Young Inventors NEW
Create your own fantastic invention, perform market research, and create an impactful presentation to “sell it!” Create 3D models/prototypes during the workshop and at home, then present your invention to MVCC professors and other “Sharks” (like the TV show “Shark Tank!”), and the best invention will be recognized and celebrated. Ages 9-14.

Instructor: Justin Eberley
Online Live • July 6-9 • Tues.-Fri. • 8:30 a.m.-noon
CRN 34527 • $149

Science, It’s a Girl Thing: Super Kitchen Challenge
Come work online together with other girls to take on the challenge! Guided by the Women in Science and Engineering (WISE) from MVCC, you will see everyday things in whole new ways and learn how science can affect many different areas of your life. Ages 10-14.

Instructors: MVCC Women in Science and Engineering (WISE)
Online Live • Aug. 9-12 • Mon.-Thurs. 8:30 a.m.-noon • CRN 35416 • $129

ROBLOX® Makers
Learn how to build 3D models and create an adventure in your ROBLOX® world. Bring characters to life with unique animations you design. Compatible with Mac and Windows only.

Online Live • July 6-9 • Tues.-Fri. • $149
Ages 8-11: 9:30 a.m.-12:30 p.m. • CRN 35450
Ages 11-14: 1:30-4:30 p.m. • CRN 35451

STEM Challenge Design Olympics NEW
Complete multiple fun and creative STEM tasks each session to open up a world of 21st century skills. Awards for each exciting STEM challenge will be given. Ages 9-14.

Instructor: Justin Eberley
Online Live • July 6-9 • Mon.-Thurs. • 1-4:30 p.m.
CRN 35615 • $149

Superhero Training Camp
Design your own superhero and work together to discover how you, like the Avengers, could help save the world. Ages 7-12.

Instructor: Melissa Barlett
Utica/Outside • Aug. 2-5 • Mon.-Thurs. 8:30 a.m.-noon CRN 35414 • $129

Romp and Recreation Camp NEW
Enjoy an afternoon of outdoor athletic activities. Learn the basic skills, rules, and game play for some individual and team sports while also playing good, old-fashioned outdoor games. Bring a refillable water bottle and a snack. Ages 7-13.

Instructor: James Caswell • Utica/Outside • 1-4:30 p.m. • $109

Option 1: July 6-9 • Tues-Fri. • CRN 34236
Option 2: July 12-15 • Mon.-Thurs. • CRN 34453
Option 3: July 19-22 • Mon.-Thurs. • CRN 34461
Option 4: July 26-29 • Mon.-Thurs. • CRN 34464
Option 5: Aug. 2-5 • Mon.-Thurs. • CRN 34470
Option 6: Aug. 9-12 • Mon.-Thurs. • CRN 34476
SATURDAY MORNING ART SERIES

**Intro to **FIRST® LEGO® League EXPLORER Robotics **NEW**
Learn basic robotics, engineering, building, and programming skills using LEGO® Education WeDo sets, ultimately applying these newly learned concepts to make your robot design come to life. Ages 6-8.

**Instructors:** John Fava, Rebecca Jamieson
Utica • Mon.-Thurs. • 8:30 a.m.-noon • $149
Option 1: Aug. 9-12 • CRN 35618
Option 2: Aug. 16-19 • CRN 35619

**FIRST® Tech Challenge Robotics and Engineering **NEW**
Learn real-world robotics and engineering principles, and computer programming in a fun and interactive way! Create robots to accomplish specific tasks in fun, high-action competitions. Ages 13-18.

**Instructors:** Michael Bush, Geared Up Robotics Team
Utica • Aug. 16-19 • Mon.-Thurs. 8:30 a.m.-4 p.m. CRN 35622 • $225

**Painting Party!**
Learn step-by-step how to create your very own painting and connect online with other kids. Younger kids will need help from an adult. A supplies list will be provided. Ages 3-6.

**Instructor:** Cristen Gallup • Online Live • Sat. • 9:45-11 a.m. • $20
Option 1: Fishtastic Summer July 17 • CRN 35583
Option 2: You Are My Sunshine Aug. 7 • CRN 35584

**Regents Review: Algebra**
Here’s a chance to get extra practice with questions, content, and concepts for the new Algebra 1 Common Core exam in a friendly and focused session. Individual needs will be addressed. Bring pencils and a scientific or graphing calculator.

**Instructor:** Dana Percia
Live Online • June 14-16 • Mon., Wed. 4-5:15 p.m. • CRN 33884 • $29

**Online Options!**
MVCC has partnered with Ed2Go to provide a wide variety of instructor-led, online test prep classes. Topics include SAT, ACT, GRE, ATI TEAS, LSAT, and many more. Visit ed2go.com/mvcc and select the drop down menu for “Test Prep” to browse and enroll in a class today. Offerings begin monthly.
Eight-Hour Pre-Assignment Training Course for Security Guards
This is an eight-hour course required by New York State as the first step in obtaining a security guard registration card from the New York State Department of State. The course provides you with a general overview of the duties and responsibilities of a security guard. The passing of an examination is required for successful completion of this course.

Instructors: Rich Dodge, John Bielby
Various Locations • Tues., Thurs. • 6-10 p.m. • $69
Rome: June 8-10 • CRN 33963
Utica: July 13-15 • CRN 34799

16-Hour On-the-Job Training Course for Security Guards
This is a 16-hour course that must be completed within 90 days of employment as a security guard. The course provides you with detailed information on the duties and responsibilities of a security guard. The passing of an examination is required for successful completion of this course.

Instructor: Rich Dodge
Utica • Aug. 3-12 • Tues., Thurs. • 6-10 p.m. • CRN 34083 • $99

Eight-Hour Annual In-Service Training Course for Security Guards
This is an eight-hour course that must be completed within 12 months from completion of the eight-hour pre-assignment course for security guards, and annually thereafter. The course is structured to provide you with updated and enhanced information on the duties and responsibilities of a security guard.

Instructors: Rich Dodge, John Bielby
Various Locations • Tues., Thurs. • 6-10 p.m. • $69
Utica: June 22-24 • CRN 34154
Rome: July 20-22 • CRN 34976

SAVE School Violence Prevention
This workshop satisfies the New York State Education Department’s requirement for two-hour school violence prevention training (SAVE). The course focuses on issues relating to violence and safety for school-age children from both the identification and prevention perspectives.

Instructors: John Bielby, Rich Dodge
Various Locations • 4-6 p.m. • $29
Utica: June 17 • Thurs. • CRN 35125
Rome: July 14 • Wed. • CRN 35126

Child Abuse Recognition
The New York State Education Department requires healthcare, educational, and other licensed professionals to be trained to identify and report child abuse. Matriculated students at MVCC should consult with academic advisors before enrolling in this course.

Instructors: John Bielby, Rich Dodge
Various Locations • 6-9 p.m.
CRN 35123 • $39
Utica: June 17 • Thurs. • CRN 35123
Rome: July 14 • Wed. • CRN 35124
Dignity for All Students (DASA)
This course will address the social patterns, identification, mitigation, and strategies for addressing harassment, bullying, and discrimination in educational settings. Successful completion of this course will meet the certificate requirements in 14(5) of Chapter 102 of the Laws of 2012.

Instructor: John Wells
Various Formats • Sat. • 9 a.m.-3 p.m. • $99

Utica: June 19 • CRN 35106
Rome: July 17 • CRN 35142
Online Live: Aug. 14 • CRN 35107

Notary Public Test Prep
If you have wanted to become a notary public, but have been worried about the exam, this class will help. Don’t let the terminology scare you; you can become familiar with the terms and laws and learn the skills necessary to sit for the notary exam and earn the license to become a more valuable asset in your workplace.

Instructor: Gloria Karol
Online Live • July 17 • Sat. • 9:30 a.m.-1:30 p.m.
CRN 34005 • $59

SQL Certificate
Learn about relational database structures, the history and uses of Structured Query Language, and how to use Structured Query Language to create a database, add records to database tables, and how to use SQL queries to extract meaningful data from database tables. You’ll also learn how to alter data in a database and how to gather significant statistics from data stored in a database. Finally, you’ll learn techniques that will enable you to write powerful queries that perform complicated searches and sorts on your data. This certificate will enhance your competitiveness in the field of database administration and data analyst jobs.

Instructor: Cecilia Allison
Online Asynchronous • June 7-Aug. 27 • CRN 35554
Take the full certificate and save: $595

Introduction to SQL
Online Asynchronous • June 7-July 2 • CRN 35555 • $245
Intermediate SQL
Online Asynchronous • July 6-30 • CRN 35559 • $245
Advanced SQL
Online Asynchronous • Aug. 2-27 • CRN 35561 • $245

Certificate in Data Analysis
Begin with getting a basic understanding of how to analyze data in a business setting, then learn how many of your business decisions involve comparing groups for differences. Finally, you’ll find out how to perform inquiries that will be useful to your business or organization and learn the skills necessary to communicate these results through graphs and text that your fellow employees will understand. Whether your business is home-based or a large company, this certificate will take you to the next level where important decision-making is concerned.

Instructors: John Rutledge, Mary Dereshiwsky, Jeff Kritzer
Online Asynchronous • June 7-Aug. 27 • CRN 35070
Take the full certificate and save: $495

Introduction to Data Analysis
Online Asynchronous • June 7-July 2 • CRN 35072 • $195
Intermediate Data Analysis
Online Asynchronous • July 6-30 • CRN 35071 • $195
Advanced Data Analysis
Online Asynchronous • Aug. 2-27 • CRN 35069 • $195
Certificate in Mastering Excel  NEW
Learn how an Excel worksheet is constructed, populated with content, and edited for delivery. Then, increase your efficiency by learning how to organize, display, and calculate your data into useful information. Finally, you’ll learn a variety of Excel’s most powerful features to analyze data quickly and easily. This certificate will help you discover how to visualize your data into meaningful information with confidence.

Instructors: Amy Klous, Betsy Flanagan, John Rutledge
Online Asynchronous • June 7-Aug. 27 • CRN 35536
Take the full certificate and save: $495

Mastering Microsoft Excel
Online Asynchronous • June 7-July 2 • CRN 35537 • $195
Intermediate Excel
Online Asynchronous • July 6-30 • CRN 35538 • $195
Advanced Excel
Online Asynchronous • Aug. 2-27 • CRN 35539 • $195

Certificate in Project Management  NEW
First, gain the skills, tools, and templates to confidently develop and maintain a project. Then, acquire a well-rounded knowledge of the five Project Management Processes relating to the Project Management Body of Knowledge Guide. Finally, learn the 10 Project Management Knowledge Areas and their supporting roles and relationships to the five Project Management Processes.

Instructors: Andy Stanhope, Christina Martinez
Online Asynchronous • June 7-July 30 • CRN 35542
Take the full certificate and save: $495

Introduction to Project Management
Online Asynchronous • June 7-July 2 • CRN 35543 • $195
Project Management Processes
Online Asynchronous • July 6-30 • CRN 35544 • $195
Project Management Knowledge Areas
Online Asynchronous • Aug. 2-27 • CRN 35545 • $195

Bookkeeping Certificate
Whether you are an entrepreneur, running a family business, or just looking to advance your career and add to your skill set, this certificate will provide you with the knowledge needed to measure and manage the financial health of your business. This program focuses on cash-basis accounting.

Instructor: Sharon DeFonteny
Online Asynchronous • June 7-Aug. 27 • CRN 35556
Take the full certificate and save: $495

Understanding Debits and Credits
Online Asynchronous • June 7-July 2 • CRN 35557 • $195
General Ledger and Month-End Procedures
Online Asynchronous • July 6-30 • CRN 35560 • $195
Closing Procedures and Financial Statements
Online Asynchronous • Aug. 2-27 • CRN 35562 • $195

Coding Certificate
Begin with an introduction to the basics of computer programming and various programming languages, then go to the next level and acquire all the basics of HTML and CSS. You’ll learn the relationship between these two industry-standard webpage-coding languages and the step-by-step process of hand coding and building webpages. Finally, discover the advanced features of CSS and learn how to use this very powerful language.

Instructors: Jeff Kritzer, Andi Helmi
Online Asynchronous • June 7-Aug. 27 • CRN 35217
Take the full certificate and save: $595

Introduction to Coding
Online Asynchronous • June 7-July 2 • CRN 35218 • $195
HTML Fundamentals
Online Asynchronous • July 6-30 • CRN 35219 • $245
CSS Fundamentals
Online Asynchronous • Aug. 2-27 • CRN 35220 • $245

Mastering Computer Skills for the Workplace  NEW
Microsoft’s Office suite of applications is the most used software tool in the world. Stay current with this class and master the most common uses so that you can work faster and more efficiently. You’ll leave class with a set of skills that are a requirement in today’s fast-paced, ever-changing workplace and will enable your future career success.

Instructor: Betsy Flanagan
Online Asynchronous • June 7-July 2 • CRN 35547 • $195
Certificate in Customer Service
Learn to improve your customer service skills to enhance your career skill set, improve productivity, and increase your organization’s success. You also will take away some extraordinary customer service techniques you won’t find anywhere else.

Instructors: Greg Marsello, Nanette Sanders-Cobb
Online Asynchronous • June 7-July 30 • CRN 35548
Take the full certificate and save: $245

Keys to Customer Service
Online Asynchronous • June 7-July 2 • CRN 35549 • $145

Extraordinary Customer Service
Online Asynchronous • July 6-30 • CRN 35550 • $145

Digital Marketing Certificate
Get the keys to eMarketing success, including improving email promotions, analyzing your website traffic, doing search engine optimization, and how to successfully employ online advertising. Relevant for any type of organization, including businesses, companies, non-profits, and government agencies. No digital marketing experience or expertise is necessary. If you are already at an advanced level, your instructors are experts who can provide the latest, most advanced information and answer your toughest questions.

Instructors: Dan Belhassen, Susan Hurrell
Online Asynchronous • June 7-Aug. 27 • CRN 35320
Take the full certificate and save: $495

Improving Email Promotions
Online Asynchronous • June 7-July 2 • CRN 35322 • $195

Boosting Your Website Traffic
Online Asynchronous • July 6-30 • CRN 35321 • $195

Online Advertising
Online Asynchronous • Aug. 2-27 • CRN 35323 • $195

Certificate in Online Teaching
From building to improving an online course, from fostering online discussion to encouraging student interaction, from traditional assessment to online tests, this program will give you the fundamentals of teaching online, as well as the most advanced tips and techniques in the business.

Instructors: Mary Dereshiwsky, William Draves, Dionne Felix
Online Asynchronous • June 7-Aug. 27 • CRN 35316
Take the full certificate and save: $495

Advanced Teaching Online
Online Asynchronous • June 7-July 2 • CRN 35317 • $195

Designing Online Instruction
Online Asynchronous • July 6-30 • CRN 35318 • $195

Fostering Online Discussion
Online Asynchronous • Aug. 2-27 • CRN 35319 • $195

Social Media for Business Certificate
From Facebook to Twitter, blogging, YouTube, LinkedIn, and more, discover the new principles of communication that apply across all networks and how these specific social networks work and the possible uses for your organization. Whether you are new to social networks or already involved, you will come away with an understanding of social networks and practical, how-to techniques to integrate them into your organization or business.

Instructors: Nicole Siscaretti, Jennifer Selke
Online Asynchronous • June 7-Aug. 27 • CRN 35080
Take the full certificate and save: $495

Introduction to Social Media
Online Asynchronous • June 7-July 2
CRN 35081 • $195

Marketing Using Social Media
Online Asynchronous • July 6-30
CRN 35082 • $195

Integrating Social Media in Your Organization
Online Asynchronous • Aug. 2-27
CRN 35083 • $195

TEACHERS!
Did you know that MVCC is now an approved and accredited sponsor of Continuing Teacher and Leader Education (CTLE) hours? Offerings include Gender in the Classroom; Generational Learning Styles; Social Media and Online Tools for K12 Teachers; Students with ASD; and more. Contact Carolyn DeJohn at 315-792-5410 or cdejohn@mvcc.edu for more information.
Paralegal Certificate
This program is designed for beginning or advanced legal workers. To receive a certificate, you must pass numerous quizzes and successfully complete several writing assignments. To enroll, contact the Center for Legal Studies at 1-800-522-7737. Books and materials must be purchased separately. For more information, visit legalstudies.com.

Instructor: Stephen Traubert
Various Formats • $1,595
Online Live: May 15-Aug. 15 • Sat., Sun. • 9 a.m.-12:30 p.m.
No class May 29, 30, July 3, 4.
Online Asynchronous: June 28-Oct. 8

Certificate in Learning Styles
Learn the most advanced information about the three most important and most prevalent characteristics you experience with your participants: generation, gender, and the autism spectrum. Your instructors are some of the foremost authorities in the world on these subjects.

Instructors: William Draves, Julie Coates, Kassia Dellabough
Online Asynchronous • July 6-Aug. 27 • CRN 35333
Take the full certificate and save: $395

Students with ASD (Autism Spectrum Disorder)
Online Asynchronous • July 6-30 • CRN 35314 • $145

Gender in the Classroom
Online Asynchronous • July 6-30 • CRN 35313 • $145

Generational Learning Styles
Online Asynchronous • Aug. 2-27 • CRN 35315 • $145

NY 75-Hour Salesperson Qualifying Course with Textbook and Master Exam Prep Package
Thanks to a partnership with Kaplan, this self-paced, online real estate training fulfills all the educational requirements for your salesperson’s license and prepares you to pass the New York State Salesperson Qualifying Examination. You’ll receive the New York 75-Hour Salesperson Qualifying Course, the New York Real Estate Exam Prep, and the textbook “Modern Real Estate Practice in New York.” To enroll in this or other online options, visit https://affiliate.kapre.com/aff/mvcc.

Online Self-Paced • $509

45-Hour Broker Qualifying Course: Local Concerns for New York
The course covers all the required content for a complete broker prelicensing education. This personalized license program prepares you for a career as a real estate broker, providing the efficiency you want without sacrificing the effectiveness you need. To enroll in this or other online options, visit https://affiliate.kapre.com/aff/mvcc.

Online Self-Paced • $349

Legal Secretary Certificate Course Online
This intensive program is designed for beginning and experienced secretaries who are interested in improving their skills and working more efficiently within the law office. To enroll, contact the Center for Legal Studies at 1-800-522-7737. Books and materials must be purchased separately. For more information, visit legalstudies.com.

Online Asynchronous • $995
June 28-Aug. 13

Thank you to all those who participated in the 24th Annual Ted Moore Virtual Run/Walk! The funds raised will support the Theodore “Ted” Moore Memorial Scholarship, which is awarded annually to deserving MVCC students who exemplify the qualities and values of Ted Moore.
10-Hour OSHA Training
This course will provide a variety of awareness training on construction safety and health topics with an emphasis on identifying common hazards in the construction industry as well as avoidance, control, and prevention. Upon successful completion of this course, participants will receive an OSHA Construction Safety and Health 10-Hour card.

Instructor: Dominick Timpano
MVCC Education Outreach Center • May 24-26 • Mon.-Wed. • 5-8:30 p.m. • CRN 34507 • $80
Participants must bring $10 to class for their OSHA card.

Lead Renovator Certification
Home improvement contractors, property management firms, handymen, landlords, or others compensated for renovations that disturb more than 6 sq. ft. (interior) and 20 sq. ft. (exterior) of paint or surface coating in pre-1978 housing, schools, or child-occupied facilities are required to obtain an EPA firm license and have their workers trained in lead-safe work practices. These courses also provide the knowledge and voluntary skills necessary for do-it-yourselfers who want to learn to do it safely – especially those with young children! Renovations firms must have at least one certified renovator who has completed training and obtain a firm certification from the EPA at a cost of $300. MVCC is offering these courses in partnership with the Oneida County Health Department and Environmental Education Associates (EEA). These courses are accredited by the EPA and fulfill the requirements for lead-safe training. EEA is a USEPA TSCA 402 accredited training provider.

Lead Renovator Certification
This eight-hour initial certification course is required for any renovators without previous training to become a certified lead-safe contractor. Bring a pen, pencil, and paper; all other materials will be provided. The course concludes with a 25-question exam. Students should also bring a lunch.

Instructor: Gene Allen
MVCC Carpentry and Masonry • 8:15 a.m.-5:15 p.m. • $175

Option 1: June 17 • Thurs. • CRN 34259
Option 2: July 23 • Fri. • CRN 33992

Lead Renovator Refresher
This four-hour refresher course is required for any renovators that completed the Initial Lead Renovator Training five or fewer years ago. Bring a pen, pencil, paper, and proof of prior certification; all other materials will be provided. The course concludes with a 25-question exam.

Instructor: Gene Allen
MVCC Carpentry and Masonry • June 18 • Fri.
8:15 a.m.-12:15 p.m. • CRN 34596 • $135

JOB CORPS SCHOLARS
Job Corps Scholars, a program for 17-24-year-olds who meet low income eligibility criteria, is now open!
Free eight-month training in:
• Mechatronics
• Welding
• Machinist
• Carpentry and Masonry
• HVAC
with individualized personal and employment counseling.

Start May 24 or Aug. 30.
mvcc.edu/job-corps
315-792-5365

See page 47 for more info!
Barrier Precautions/Infection Control
The New York State Education Department requires this class for licensed professionals, including physicians, physicians’ assistants, specialist assistants, dentists, dental hygienists, registered nurses, licensed practical nurses, optometrists, and podiatrists. Certification is valid for four years. This class is self-paced and can be started at any time. (0.3 CEUs)

Instructor: Tammy Johnston
Online Self-Paced • CRN 33892 • $40

CPR Hands-On Skill Test for Healthcare Students
After successful completion of HeartCode BLS online, you must put your skills to test. BLS is the foundation for saving lives after cardiac arrest and this class serves as your hands-on skill session. With successful skills demonstration, you will be eligible for a course completion card. You must take the online class first (https://shopcpr.heart.org/heartcode-bls) and bring $5 for the certification card.

Instructor: Jen Krohn
Utica • 9:30 a.m.-1:30 p.m. • $20

Option 1: May 25 • Tues.  CRN 35477
Option 2: July 13 • Tues.  CRN 35517
Option 3: July 22 • Thurs.  CRN 35597
Option 4: Aug. 12 • Thurs.  CRN 35598

Spanish for Medical Professionals
This class, designed specifically for healthcare professionals, will help you practice the basic, practical language skills needed to effectively communicate with your Spanish-speaking patients and their families. Purchasing the textbook is required: McGraw-Hill Education Complete Medical Spanish, 3rd Edition.

Instructor: Cristina Sempé
Online Asynchronous
June 7–July 30 • CRN 35563 • $290

Option 1: June 8–July 29 • Tues., Thurs.  CRN 35426
Option 2: July 7–Aug. 30 • Mon., Wed.  CRN 33893

Certified Nurse Aide (CNA)
Get New York State-certified with this accelerated 120-hour course that combines 90 hours of classroom and lab with 30 supervised clinical hours of training. Upon successful completion of the course, students are registered for and take the NYS certification exam on-site.

Classes TBA • $1,500
To be added to a waiting list for the next class, contact 315-792-5300 or email ccedadmin@mvcc.edu.

Medical Billing and Coding Certificate
Learn about legal, ethical, and regulatory concepts central to this field, including HIPAA compliance, official coding guidelines, and third-party payer requirements. At the end of the course, you’ll receive a certificate of completion and be able to choose a voucher for the professional certification that best aligns with your interests and career goals (testing voucher included). All materials are included in tuition. To enroll, visit https://careertraining.ed2go.com/mvcc/. Choose course ID GES1014.

Online Self-Paced • $2,995

Phlebotomy
This course will familiarize you with various aspects of the medical laboratory and provides a certificate and skills required to work as a phlebotomist in a hospital, laboratory, or medical office. Intense classroom instruction is combined with individualized clinical practice. Medical requirements before clinical include a physical within one year, TB test results read within one month of clinical start date, and positive titers or proof of two Mumps Measles and Rubella (MMR) and two Varicella vaccines. A Tdap or Tetanus toxoid within 10 years, seasonal flu shot, and Hepatitis B vaccine with complete series dates also are required. Purchasing the textbook is optional but highly recommended. A high school diploma or its equivalent is needed for employment.

Instructors: Maryanne Taverne, Rachel Canarelli
Utica • 6-9 p.m. • CRN 35426 • $549

Option 1: June 8–July 29 • Tues., Thurs.  CRN 35426
Option 2: July 7–Aug. 30 • Mon., Wed.  CRN 33893

Surgical Tech Review
This course will provide a review of human anatomy and physiology topics to those preparing to take the Surgical Technologist certification exam.

Instructor: Eileen Bush
Online Live • July 13–27 • Tues. 2-3:15 p.m. • CRN 34405 • $60
Home Health Aide (HHA)
Get certified on the Home Care Registry with the Home Health Aide two-week program! Those who are active on the Home Care Registry as a PCA become even more marketable in the growing healthcare field. This 35-hour Home Health Aide program provides the skills training necessary to care for patients ranging from infants to seniors in a home setting. Sixteen hours of clinical experience is included.
Classes TBA • $600
To be added to a waiting list for the next class, contact 315-792-5300 or email ccedadmin@mvcc.edu.

Personal Care Aide (PCA)
This entry-level program will provide you with 40 hours of combined classroom and laboratory training needed to become a certified Personal Care Aide and learn the skills necessary to work in an assisted living facility. Upon successful completion of the PCA program, you will be eligible to continue your training, if desired, by enrolling in a certified Home Health Aide training program.
Classes TBA • $400
To be added to a waiting list for the next class, contact 315-792-5300 or email ccedadmin@mvcc.edu.

New York State High School Coaching Certification
Those wishing to coach an interschool athletic team in NYS must meet certain minimum requirements as set forth in the Regulations of the Commissioner of Education. This includes all head coaches and assistants for varsity, junior varsity, freshman, and junior high (modified) teams of public schools. These three online classes will get you started on your certification. Learn about athletic first aid and training/conditioning principles; the basic philosophy of coaching as integral to physical and general education; and different methods of coaching and team management. These classes are self-paced and can be started at any time.

- Philosophy, Principles and Organization of Athletics in Education
  Instructor: Matt St. Croix
  Online Self-Paced • CRN 35600 • $150

- Theory and Techniques of Coaching
  Instructor: Matt St. Croix
  Online Self-Paced • CRN 35601 • $150

- Health Science Applied to Coaching
  Instructor: Jen Krohn
  Online Self-Paced • CRN 35599 • $150

MVCC is offering FREE Personal Protective Equipment (PPE) training to those working in general industry, healthcare, and manufacturing facilities.

This 90-minute training educates workers on the safety and health topic of PPE to support recognition, avoidance, abatement, prevention of hazards — including PPE concerns in relation to COVID-19 — in workplaces. This training can be provided in-person or via Zoom. Complimentary PPE will be distributed to all trainees.

The instructor for the class is a senior safety and health consultant and former safety inspector for the New York State Department of Labor with more than three decades of experience in occupational/workforce safety and health.

Training can be customized on-site (if appropriate space is available) or offered virtually. Flexible times can be offered to accommodate various shifts. The training will be translated into multiple languages and interpreters will also be available at no charge. All in-person trainings will be in strict compliance with COVID-19 protocols.

Contact Terésa Fava-Schram
Center for Corporate and Community Education
315-792-5681
Insurance Regulations and New York State Licensees
This class covers the range of statutory and common law provisions which affect agents and insurers in 2021. From Producer Transparency laws to Fiduciary Responsibilities, the course covers a wide number of laws which impact the daily operation of agents, brokers, and insurers, among others. This eight-hour CE course is approved for all New York State insurance licensees. (BR, C3, LAH, LB, LSB, LC, PA; NYCR-254249)

Instructor: Don Reese
Utica • June 5 • Sat. • 8:30 a.m.-4:30 p.m. • CRN 34942 • $75

Insurance Pre-Licensing (Personal Lines)
To become a licensed insurance agent in New York State, you must complete the 97-hour pre-licensing training requirement for Property and Casualty under New York State Insurance Law. This Part 1 segment covers Personal Lines Licensing and is 60 hours in length. This course will fulfill the requirement to sit for the Personal Lines licensing exam only. The textbook is included in tuition.

Instructors: Don Reese, Ed Whitehead
Online Live • $400
Option 1: June 7-16 • Mon.-Fri. 8:30 a.m.-4:30 p.m. • CRN 35208
Option 2: July 12-21 • Mon.-Fri. 8:30 a.m.-4:30 p.m. • CRN 35209
Option 3: June 15-July 22 • Tues., Thurs. 5:30-9:30 p.m. • CRN 34898

Insurance Pre-Licensing Parts 1 and 2 (Property and Casualty)
This 90-hour course will fulfill the requirement to sit for the NYS Property & Casualty Exam (Personal & Commercial). The textbook is included in tuition.

Instructors: Don Reese, Ed Whitehead
Online Live • $700
Option 1: June 7-25 • Mon.-Fri. 8:30 a.m.-4:30 p.m. • CRN 35210
Option 2: July 12-30 • Mon.-Fri. 8:30 a.m.-4:30 p.m. • CRN 35211
Option 3: June 15-Sept. 2 • Tues., Thurs. 5:30-9:30 p.m. • CRN 34899

Insurance in the Financial Planning Process
This new course covers a wide spectrum of the role of insurance in the financial planning process. This course examines a number of insurance and non-insurance financial products generated by agents and brokers. How much insurance is enough? Let’s talk about it. This course provides eight CE hours of instruction. (BR, C3, LB, LC, LSB, LAH, PA and PC; NYCR 260535)

Instructor: Peter Carchedi
Utica • June 19 • Sat. • 8:30 a.m.-4:30 p.m. • CRN 35566 • $75

Insurance Fraud: A 21st Century Analysis
This fast-paced, eight-hour CE course covers a wide range of laws and examples of fraudulent activities, claims, and incidents. The course is approved for all New York State insurance licensees. The first step in preventing a loss is to avoid the risk. From avoidance through investigations, this course presents a number of examples of modern day fraud, often committed right here in the Mohawk Valley! (BR, C3, LAH, LB, LSB, LC, PA, PC; NYCR 254248)

Instructor: Don Reese
Utica • July 10 • Sat. • 8:30 a.m.-4:30 p.m. • CRN 35565 • $75

Insurance Courses
INSURANCE PRE-LICENSEING

INSURANCE CONTINUING EDUCATION COURSES
Creating and Executing a Culture of Customer Service
For many insurance customers, the only point of contact with their insurer is you! This eight-hour course, approved for all NYS licensees, will provide a variety of tips and hints for developing superior customer service skills. These skills can then be taught throughout an organization to develop a culture based on customer service. (BR, C3, LAH, LB, LSB, LC, PA, PC; NYCR 237532)
Instructor: Sharon Jachim
Online Live • June 9 • Wed. • 8:30 a.m.-4:30 p.m.
CRN 35567 • $75

Homeowner’s Liability Insurance Policy: Exposures for 2020 and Beyond
The ISO Homeowner’s Policy has been the standard of coverage for many years in New York. However, as life conditions change, liability exposures change, as well. As a result, professional licensees need to update and expand their knowledge to better serve the public. (BR, C3, PA, PC; NYCR 266660)
Instructor: Don Reese
Various Formats • Sat. • 8:30 a.m.-4:30 p.m. • $75
Utica: June 12 • CRN 35340
Online Live: July 31 • CRN 35341

New York State of Health Insurance Exchange Analysis
A major part of the Patient Protection and Affordability Act, this eight-hour course covers every aspect of the operation of the health insurance exchange in New York from “metal levels” to subsidies. (BR, LAH, LB, LSB, LC, PC; NYCR 254250)
Instructor: Peter Carchedi
Utica • July 10 • Sat. • 8:30 a.m.-4:30 p.m.
CRN 34940 • $75

Preparing for the Worst: Disaster Insurance
This course will cover a wide range of insurance issues and concerns regarding “preparing for the worst,” including plans for the unexpected, handling bad losses, appropriate insurance, and local and national emergencies. (BR, C3, PA, PC; NYCR 237536)
Instructor: Don Reese
Utica • July 24 • Sat. • 8:30 a.m.-4:30 p.m.
CRN 35213 • $75

Property Coverage NYS Homeowner Forms
For many New York State residents, their most expensive purchase will be their home. Agents, brokers, adjusters, and consultants need to have solid, detailed knowledge of real and personal coverage(s) and exclusions. Insureds depend on licensees for their knowledge and advice. (BR, C3, PA, PC; NYCR 266661)
Instructor: Don Reese
Online Live • Aug. 14 • Sat. • 8:30 a.m.-4:30 p.m.
CRN 35213 • $75

MVCC and ExamFX, Inc. now offer online insurance and securities courses and programs.

• Life and Health Insurance
• Property and Casualty Insurance
• Securities Industry Essential (SIE) Training
• A variety of continuing education courses

Study totally online and qualify to take a wide variety of insurance-related New York State exams, and benefit from our “Pass Guarantee.”
Enroll at www.examfx.com/mvcc to receive up to 12% off.

For more information on insurance training at MVCC, contact Don Reese at 315-334-7719.
Pilates
Learn the basic Pilates movements in a fun, non-judgmental, hands-on environment! Uniformly develop your body and mind through a specific approach that requires mental concentration, enhancing the mind-body connection. All Pilates exercises are taught adhering to the Six Traditional Principles: Concentration, Control, Physical Centering, Flowing Movement, Precision, and Breathing.

Instructor: Kathy Bateman
Online Live • July 5-Aug. 23 • Mon. 5:30-6:30 p.m. • CRN 34857 • $50

Pound NEW
Pound is a full-body cardio jam session, combining light resistance with constant simulated drumming. The workout fuses cardio, Pilates, isometric movements, plyometrics, and isometric poses. Through continual upper body motion using our lightly weighted drumsticks, called Ripstix™, you’ll turn into a calorie-torching drummer.

Instructor: Krista Worlock
Online Live • July 6-Aug. 24 • Tues. 5:30-6:30 p.m. • CRN 35596 • $50

Pump It with Pam NEW
Get moving with some low-impact cardio, then work on upper and lower body strength exercises using light hand weights, soup cans, or other items from your pantry. Class will wrap up with some core work and stretching. All exercises will be either seated or standing (no floor work) and all levels are welcome.

Instructor: Pam King
Online Live • July 5-Aug. 27 • Mon., Wed., Fri. • 9-10 a.m. CRN 35490 • $100 • No class Aug. 2, 4, 6.

Strengthen, Sculpt, and Tone
Strengthen and tone muscles using resistance bands, hand weights, paper plates, body weight, and a playground ball. This course is designed to increase physical strength, improve core strength and balance, and decrease body fat. You will need hand weights, an exercise mat, and water.

Instructor: Linda Budlong, CPT, E-RYT 200, RYT 500
Online Live • July 6-Aug. 26 • Tues., Thurs. • 10-11 a.m. CRN 35354 • $100

Zumba®
Zumba® fuses hypnotic Latin rhythms and easy-to-follow moves to create a dynamic fitness program. The routines feature interval training sessions where fast and slow rhythms are resistance training combined to tone and sculpt the body while burning fat. Beginners are welcome. You will need water.

Instructor: Krista Worlock
Online Live • July 8-Aug. 26 • Thurs. • 5:30-6:30 p.m. CRN 35356 • $50
**Chair Yoga**
This class will improve your strength, flexibility, mobility, and balance, and is also relaxing. You’ll use a chair for seated and standing poses; there’s no floor work. You will practice poses that focus on toning muscles while improving posture and circulation. Please use a sturdy chair, not a folding chair. You will need a yoga mat, strap, blocks, and water.

**Instructor:** Linda Budlong, CPT, E-RYT 200, RYT 500
**Online Live • July 6-Aug. 24 • Tues. • 9-9:45 a.m. • CRN 35595 • $50**

**Yoga Balance**
In this class, focus on centering your mind and body, helping to balance the stress of daily life. You will build strength and flexibility for a stronger, more balanced body. You will need a yoga mat, strap, blocks, and water.

**Instructor:** Linda Budlong, CPT, E-RYT 200, RYT 500
**Online Live • July 5-Aug. 23 • Mon. 10:15-11 a.m. • CRN 34605 • $50**

**Yoga Abs**
Begin with a warm-up yoga flow to prepare and strengthen your body. Then, get ready to work your core! All levels are welcome. You will need water, a yoga mat, and a yoga block.

**Instructor:** Linda Budlong, CPT, E-RYT 200, RYT 500
**Online Live • July 7-Aug. 25 • Wed. 9-9:45 a.m. • CRN 35352 • $50**

**Yin Yoga**
This class combines restorative poses with the yin practice. It’s a soothing, self-healing practice done mostly seated or lying down and is deeply relaxing. You will need a small pillow, blanket, yoga mat, and two yoga blocks.

**Instructor:** Linda Budlong, CPT, E-RYT 200, RYT 500
**Online Live • July 5-Aug. 23 • Mon. 9-10 a.m. CRN 34605 • $50**

**Lifefit Yoga**
This yoga class focuses on connecting asanas (poses) with one’s breath, flowing from one asana to the next to build strength and flexibility, mental focus, balance, and peace in one’s mind, body, and spirit. Modifications are offered so that many levels of students can participate and truly begin their yoga journey to become LifeFit. Wear comfortable clothing and have your yoga mat ready.

**Instructor:** Kathy Bateman
**Online Live • July 7-Aug. 25 • Wed. • 5:30-6:30 p.m. • CRN 35355 • $50**

**Yoga Abs**
Begin with a warm-up yoga flow to prepare and strengthen your body. Then, get ready to work your core! All levels are welcome. You will need water, a yoga mat, and a yoga block.

**Instructor:** Linda Budlong, CPT, E-RYT 200, RYT 500
**Online Live • July 6-Aug. 24 • Tues. • 9-9:45 a.m. • CRN 35594 • $50**
HOLISTIC WELLNESS

Your Health is in Your Hands: The Power of Mudras NEW
Learn what is known as Hand Yoga, or mudras, a series of hand and finger postures and positions that have been utilized for thousands of years for health in every area, including stress, anxiety, pain, weight loss, self-healing, memory improvement, heart health, vigor, joy, and even improved intimacy. This course will use audio, short videos, and reference materials.

Instructor: Erick Price
Online Asynchronous • May 24-July 2
CRN 35607 • $69

Imagination Power NEW
Use the power of your imagination to create the life you truly desire. This is a power-packed class that is fun and transformative. This course will use audio, short videos, and reference materials.

Instructor: Erick Price
Online Asynchronous • July 12-Aug. 20 • CRN 35606 • $69

Oracle Cards NEW
Using an oracle deck of cards, you’ll learn to tune into your own energy, gain direction, receive validation, get a new perspective on your life, and receive insight. It is recommended to purchase an Oracle Deck for this class. This course will use audio, short videos, and reference materials.

Instructor: Erick Price
Online Asynchronous • June 7-July 16 • CRN 35604 • $69

Rewire Your Subconscious NEW
Learn self-hypnosis and meditation techniques that can literally make your mind work for you rather than against you. Change your blueprint to one that benefits you and improves your self-image. This course will use audio, short videos, and reference materials.

Instructor: Erick Price
Online Asynchronous • June 28-Aug. 6 • CRN 35605 • $69
LEISURE LEARNING

Introduction to Fiction Writing
Designed specifically for those with little to no fiction-writing experience, this class will help you find your pathway towards your fiction-writing goals. You will complete the course with the skills you need to get started. Create a new work of fiction or revive an old one that’s been sitting in your bottom drawer.

Instructor: Jacqui Lipton
Online Asynchronous
June 7-July 2 • CRN 35558 • $195

Introduction to Microsoft Office
This hands-on course will teach the basics of creating Word documents, Excel spreadsheets, and PowerPoint presentations, as well as advanced techniques to make better-looking projects with ease. At the end of the course, we will briefly discuss Google Drive and the simple conversion from Microsoft to Google.

Instructor: Shawn Essafi
Online Live • June 5-26 • Sat. 10 a.m.-noon • CRN 35593 • $79

Learning While Black
Examine the factors that come together to create unique challenges to Black students in the classroom and explore ways in which teachers can minimize those challenges and support school success for all students.

Instructors: Dr. Dionne Felix, Julie Coates
Online Asynchronous
June 7-July 2 • CRN 35564 • $145

Lead: The Monsters Aren’t Under Your Bed
Learn the eight elements of a healthy home and how to treat the hazards lurking in your home. Registered participants will receive free cleaning kits. This class is offered in partnership with the HomeOwnershipCenter.

Instructors: Christine Lennon, Tera Gordon
Utica • June 23 • Wed. • 5-6 p.m.
CRN 35579 • Free

Restore Your 2020 Financial Vision
Blinded by debt? Financially strained? Learn about your attitude towards money, how that affects your financial habits, and tips and tricks to restore the financial vision you had for 2020.

Instructors: Tera Gordon, Justin Utegg
Utica • July 14 • Wed. • 5-6 p.m.
CRN 35578 • Free

Managing Your First-time Homebuyer Worries
This class is full of information to help you decide whether you’re ready to take your first steps towards becoming a homeowner. We’ll discuss the importance of credit scores, lender information, eligibility requirements for grants and down payment programs, and more. This class is offered in partnership with the HomeOwnershipCenter.

Instructors: Tera Gordon, Justin Utegg
Utica • July 21 • Wed. 5-6:30 p.m.
CRN 35577 • Free

Basics of Flower Design
Learn the basics of flower design while playing with locally grown cut flowers. We will discuss flower care, vase choice, mechanics, and design principles. Each participant will create an arrangement to bring home.

Instructor: Betsy Busche
NH Town Park • Mon. 5-6:30 p.m. • $60
Option 1: July 19 • CRN 35587
Option 2: Aug. 16 • CRN 35588

Podcasting
Learn how to take your business or hobby and turn it into a podcast. This step-by-step class will take you from start to finish and cover the required elements needed to get your show online. Come to class with your idea and end with your show online for all to hear.

Instructor: Matt Honsberger
Online Asynchronous • June 7-July 2
CRN 35546 • $245

Tech-Savvy Seniors
This course is the perfect opportunity to brush up on computer and smartphone basics with extra time built in toward the end of class so you can ask the instructor any questions you have about your technology problems.

Instructor: Shawn Essafi
Online Live • Sat. • 9 a.m.-noon • $29
Option 1: May 22 • CRN 35590
Option 2: July 10 • CRN 35591

Zoom for Grandparents
By becoming “Zoom fluent,” you will be confident to play games, change your background, and watch fun videos together as a family in your next video call. An email address is required (don’t worry, we can help you with that, too!).

Instructor: Shawn Essafi
Online Live • Sat. • 9-11 a.m. • $29
Option 1: May 22 • CRN 35590
Option 2: July 10 • CRN 35591
Beginning Conversational Spanish
Designed for beginners, you’ll practice the basic building blocks of the language and common idiomatic expressions, learn enough vocabulary and grammar for simple conversations, and how to ask and answer questions.

Instructor: Cristina Sempé
Online Asynchronous • June 7–July 30 • CRN 35551 • $290

Conversational Italian
Learn how to express yourself comfortably in Italian with practical, everyday words, including how to ask for help, ask directions, navigate Italian shops, book a hotel room, order a meal, and much more! Cultural notes are included throughout the course to help you better understand Italians and their way of life. Students must purchase the textbook.

Instructor: Marta Formagnana
Utica • June 2–July 21 • Wed. • 6-8 p.m. • CRN 34496 • $99

How to Travel for Free and Safely
Learn important tips on safety, trip insurance, what to do if you become sick, and other strategies. Discover over 200 ways to travel free. Earn free airline tickets, hotel nights, tours, and more in the U.S. and worldwide! Tuition includes the instructor’s ebook “How to Travel Free & Safely” (retail value $39.95).

Instructor: Gina Henry
Online Live • July 17 • Sat. noon-3 p.m. • CRN 35580 • $49

small Unmanned Aerial Systems (sUAS)/Drones Camp (Ages 14-18)
The New York UAS Test Site at Griffiss International Airport, Air Force Research Lab Information Directorate (AFRL/RI), and Oneida County have partnered with MVCC, Griffiss Institute to offer a UAS summer camp.

Camp Dates:
• Aug. 9-13 (one week only), 9 a.m. to 4 p.m. Monday through Thursday, and 9 a.m. to noon on Friday
• Camp location: Rome Campus, 1101 Floyd Ave.

Cost: $100
Tuition includes the course material and a small quadcopter that the student can use for practice at camp and after the course is completed.

To register, go to griffissinstitute.org, and look for the STEM Summer Camp Banner on the main page.
Confrontation Management Clinic **ONLINE**
This Failsafe Method clinic will cover methods you can use to avoid, manage, and survive potentially violent encounters. It will include a strong focus on behavioral and verbal skills often overlooked but highly effective in improving your confidence and competence when dealing with confrontations in your everyday life. No experience is required. Ages 12+.

Instructor: Tom Arcuri
Online Live • Aug. 20 • Fri. • 6-8 p.m.
CRN 35367 • $35

College-Bound Women’s Clinic
This clinic is specifically tailored to teens and others heading off to college and/or entering adulthood. It will cover the common scenarios they may face as they transition to independent lives. The class is presented in a fun and empowering way, focusing on highly effective and efficient methods the average person can use to avoid, manage, and survive physical encounters. No experience is required. Young women and their moms are welcome.

Instructor: Tom Arcuri
Online Live • July 23 • Fri. • 6-8 p.m.
CRN 35362 • $35

Weapons Protection Clinic
This Failsafe Method clinic will cover avoiding, managing, and surviving armed assailant scenarios. Topics covered are edged weapons (e.g. knives), bludgeons (e.g. clubs), and firearms. In addition to developing a greater understanding and awareness of these weapons, you’ll also learn critical decision-making skills for active shooter, mugging, and intimidation scenarios. No experience is required. Ages 12+.

Instructor: Tom Arcuri
Online Live • July 16 • Fri. • 6-8 p.m.
CRN 35365 • $35

Women’s Self-Defense
This clinic will cover the most common scenarios women face in their lives. The class is presented in a fun and empowering way, focusing on highly effective and efficient methods the average person can use to avoid, manage, and survive physical encounters. No experience is required. All female teens and women are welcome.

Instructor: Tom Arcuri
Online Live • June 18 • Fri. • 6-8 p.m.
CRN 35589 • $35

Defensive Driving
This program offers the benefits of a 10% insurance discount and up to four points off your driving record. The program emphasizes safe and defensive driving techniques for drivers of all ages and skill levels, including those with a driver’s permit. Bring a license or permit to class, as well as a lunch. Students are required to be on-time and stay until the completion of class. This course is offered in partnership with the Oneida County Traffic Safety Department.

Various Locations • Sat. • 9 a.m.-4 p.m. • $40
Rome: June 19 • CRN 33972
Utica: Aug. 21 • CRN 33973
**NON-CREDIT REGISTRATION (FAX OR MAIL-IN)**

Fax Registration to: 315-792-5682

- For Visa, MasterCard, and Discover use only.
- Please type or print.
- Only one student may register per form.
- Photocopy this form for additional students.
- Email to ccedadmin@mvcc.edu

Mail or drop off registration to:
Mohawk Valley Community College
Center for Corporate and Community Education
1101 Sherman Drive, Academic Building room 166
Utica, N.Y. 13501
315-792-5300

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LEARN TO RIDE AT MVCC

For more information or to enroll, visit gomotorcycling.net or call Go Motorcycling, Inc. at 315-858-3321.

MVCC continues its relationship with Go Motorcycling, Inc. as Central New York’s headquarters for award-winning motorcycle rider training. The ride starts here! Whether you are brand new to motorcycling or have been riding for a while, there’s a licensing course for you!

3-Wheeled Basic RiderCourse!
The 3WBRC is an entry-level course comprised of eight hours of interactive classroom learning and about eight hours of hands-on riding instruction on automatic transmission 3-wheeled motorcycles (two wheels in front and one in back).

Students may provide their own trike-style (one wheel in front; two in back) motorcycle for training, but the non-subsidized full tuition of $275 will apply. You will need to call our office to enroll if using your own motorcycle.

Your successful completion qualifies you for a three-wheeled Motorcycle License Road Test Waiver of the NYS DMV Road Test. Your licensing document will restrict you to three-wheeled motorcycle operation.

Basic RiderCourse (BRC)
The BRC consists of five hours of interactive classroom learning and at least 10 hours of hands-on riding instruction. This course provides the beginning motorcyclist with the basic mental and physical riding skills necessary to minimize risk on the street. Motorcycles and helmets are provided. Successful participants will receive a motorcycle road test waiver.

Basic RiderCourse 2 for License Waiver (BRC2-LW)
The BRC2-LW is designed for individuals 18 years or older that already have some street riding experience and have held a valid New York State Motorcycle Permit for at least one riding season. The course consists of a three-hour online eCourse, two hours of classroom instruction, and approximately five hours of practice riding exercises on your own street-legal motorcycle or scooter. The riding exercises conclude with a skills evaluation. Successful participants will receive a motorcycle road test waiver.

Introductory Motorcycle Experience (IME)
The Introductory Motorcycle Experience (IME) is just two hours long and the class size is small – just three participants! The IME is a program to get familiar with the primary controls of a motorcycle. The IME is a taste of riding without a big investment of time or money.

Basic RiderCourse 2 for Skills Practice (BRC)
The BRC2 is a half-day class for experienced riders who already have their motorcycle endorsement. Using your own motorcycle, you’ll practice techniques for managing traction.

MSF RiderCoach Preparation Course (RCPC)
Are you a “people person?” Do you love motorcycling? Are you committed to riding safely? Maybe you’d like to join the Go Motorcycling family of MSF-certified RiderCoaches. Each RCP lasts eight days.
Middle and high school students can enroll in a unique program that helps them start and run their own company or social movement. Students learn how to turn passion into profit, meet new friends and gain immeasurable skills. Classes are on Wednesday nights from Oct.-May (no class over school breaks). Applications due in Sept.

Learn more: mvcc.edu/YEA
CANCELLATION/REFUND POLICY

As decisions to run non-credit classes are based on enrollment, reimbursements for canceled registrations will be made as follows:

• 100% refund: withdraw three or more business days before class begins

• 50% refund: withdraw two days or less before class begins (for classes costing less than $20, your refund is tuition minus a $10 fee)

• Consideration for withdrawal requests after the first class session must be made in writing to the Center for Corporate and Community Education. CCED is dedicated to customer satisfaction. Please call 315-792-5300 with questions and concerns.

Security Guard Course Cancellation Policy: Students will be entitled to a 100% refund at any time prior to the start of instruction. 16-hour OJT course: Student will be entitled to a 50% refund if the student cancels after the start of instruction, but before the start of the second eight-hour block of instruction. A DCJS-approved security guard training school cannot assess any non-refundable registration fees, deposits, or cancellation fees.

Inclement Weather/Class Cancellations: If MVCC campuses close, all non-credit CCED classes are canceled as well. Please monitor local media outlets and when in doubt, call our office at 315-792-5300 or visit mvcc.edu.

Did you know that we can train employees at YOUR location? Contact 315-792-5300 for more information on customized corporate training options!

Sign up early to avoid having classes canceled! To avoid any inconvenience to students and instructors, if we do not have a minimum number of students enrolled ONE WEEK before the class is scheduled to start, we must cancel the class.

Do you have an idea for a new course?
We’re always looking for new classes and new instructors. If you have an idea for a course that’s not in our catalog, contact Carolyn DeJohn at cdejohn@mvcc.edu.

It’s easy to join our mailing list!
Just send your email address by text message.

Text: CCED to 22828 to get started. Message and data rates may apply.

Non-Credit Classes:
315-792-5300
mvcc.edu/cced

Center for Leadership Excellence

Visit clemv.org for more information

315-792-5300 | Center for Corporate and Community Education
MVCCONNECT | Summer 21 | 29
MVCC offers transfer and career pathways with over 90 degree and certificate programs. In uncertain times, you need stability, support, and value you can rely on. College can be expensive, but doesn’t need to be! Our two years are the four-years’ first two years, but for a fraction of the cost. More at mvcc.edu/value.
MVCC students enjoy a strong support system of faculty, staff, advisors, and mentors; and on-campus housing, a winning athletics program, and active student clubs provide the full college experience.
STAY HOME.
In uncertain times, you need stability, support and value you can rely on. College can be expensive, but doesn’t need to be! Our two years are the four-years’ first two years, but for a fraction of the cost. Save those dollars for transfer, and graduate with less debt!

“I wasn’t really sure where I wanted to go and no idea what I wanted to study. I knew that if I was going to college I would need to get all of the history, math, and science classes out of the way, so I figured I would take General Studies along with some other classes to see what I liked. MVCC let me do that at a more affordable price before taking the next step.”
- Harrison Zogby ’14, General Studies

STAY ON TRACK.
Prepare for your future now by retraining or upgrading your skills in high-demand fields. New reality equals new career choices, and at MVCC you can get the training you need for the career you want. Now is the time to prepare yourself. Think MVCC first this fall.

MVCC has 17 certificate programs that will train you for direct entry into well-paying jobs in the workforce, including:
- Carpentry and Masonry
- Chef Training
- CNC Machinist Technology
- Electrical Service Technician
- Mechatronics

“MVCC set me up with a great career in a growing field with just an associate degree. My two-year degree has done so much more for me than a lot of people I know who have their bachelor’s degree. Oh, and with a lot less debt!”
- Adam Sykora ’17, Radiologic Technology

Annual Tuition: $4,594
- More than 70% of MVCC students receive financial aid to help fund their education.
- You might be eligible to earn your MVCC degree tuition-free through New York State’s Excelsior Scholarship! Learn more at mvcc.edu/excelsior.

MVCC has more than 170 transfer agreements with four-year colleges, and many offer scholarships specifically for students transferring from MVCC. Some of our most popular transfer paths include:
- Arts
- Business Administration
- Computer Science
- Criminal Justice
- Education
- Engineering

“While MVCC wasn’t my plan, I’m glad I had the opportunity to go when I didn’t get into my school of choice. It helped me figure out what I really wanted to do, and I found a passion for helping people through sports. I’m now an NSCA-Certified Strength and Conditioning Specialist who gets to have fun every day at my job helping people better themselves.”
- Nicholas Mariotti ’15, General Studies
Why pay tens of thousands of dollars to learn at home? Start college strong with our online courses wherever you are. Enjoy a full suite of services to help you succeed – including academic guidance, writing assistance, tutoring, and tech support.

Many of MVCC’s programs can be completed fully online with courses taught by knowledgeable faculty who have been perfecting their virtual learning game for years. MVCC’s Learning Commons staff currently have both on-campus and virtual appointments, and provide a space for students who need access to computers and research assistance.

“Coming to MVCC was the best decision I ever made. The Learning Commons and International Student Office helped greatly in my success. With the degree I earned, I’m now an IT Support Technician, and it is a great blessing for me and my family.”

- Augustine Garbo ’18, Cybersecurity

“I could not be where I am today without the incredibly cooperative professors, determined students, and convenient operations that make it easy for students to have lives outside of their schoolwork. I truly believe MVCC is an amazing college that pushes opportunity as vigorously as it pushes education.”

- Dakota Johnson ’17, General Studies

Apply for free today at mvcc.edu/apply!

Contact our Admissions Office to learn more or schedule a virtual or on-campus visit!

Call: 315-792-5354
Text: 315-888-5602
Email: admissions@mvcc.edu
Chat live: mvcc.edu/admissions
HOW TO APPLY TO MVCC

1. Complete the FREE online application
   - You will need your SSN and valid email address

2. Send all required documentation
   - Official high school transcript or equivalency (GED/TASC)
   - Previous college transcripts (if applicable)
   - No SAT/ACT or essay required!

Please note:
- MVCC operates on a rolling admissions schedule.
- Placement testing may be required.

ON-CAMPUS DINING

ALL-YOU-CAN-EAT MEAL PLANS
MEAL OPTIONS SEVEN DAYS A WEEK
- The Global Eatery: Global street foods and fusion cooking
- Cucina: Pizza and flatbread, pasta and calzones
- Malt & Main: Burgers and grilled sandwiches
- Wich St. Deli: Signature sandwiches
- Primo: Italian grinder shop with hoagies and sandwiches
- Elements: Allergen-free options
- Greens & Grains: Seasonal gourmet salad bar
- Farm 2 Fryer: Southern-style fried chicken
- Kekou Kitchen: A fusion twist on popular Asian street food
- Starbucks Café: Coffee and grab-and-go snacks
**CAREER PATHWAYS**

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<th><strong>CAREER</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Chemical Dependency Practitioner AAS</td>
<td>Air Conditioning Technology: Refrigeration AOS</td>
</tr>
<tr>
<td>Criminal Justice AAS and AS</td>
<td>Chemical Technology AAS</td>
</tr>
<tr>
<td>Criminal Justice: Law Enforcement AAS</td>
<td>Civil Engineering Technology AAS</td>
</tr>
<tr>
<td>Fire Protection Technology AAS</td>
<td>Computer Aided Drafting AOS</td>
</tr>
<tr>
<td>Human Services AAS</td>
<td>Electrical Engineering Technology AAS</td>
</tr>
<tr>
<td>Liberal Arts &amp; Sciences: Psychology AS</td>
<td>Electrical Service Technician AOS</td>
</tr>
<tr>
<td>Liberal Arts &amp; Sciences: Public Policy AS</td>
<td>Geospatial Technology AAS</td>
</tr>
<tr>
<td>Liberal Arts &amp; Sciences: Recreation and Leisure Services AAS</td>
<td>Mechanical Engineering Technology AAS</td>
</tr>
<tr>
<td>Liberal Arts &amp; Sciences: Childhood Education AS (Transfer Advising Guides in English, General Science, History)</td>
<td>Remotely Piloted Aircraft Systems AAS</td>
</tr>
<tr>
<td>Liberal Arts &amp; Sciences: Childhood Education AS (Utica College Transfer)</td>
<td>School Facilities Management AAS</td>
</tr>
<tr>
<td>Liberal Arts &amp; Sciences: General Studies Childhood Education AS (Jointly Registered with SUNY Oneonta)</td>
<td>Semiconductor Manufacturing Technology AAS</td>
</tr>
<tr>
<td>Liberal Arts &amp; Sciences: Psychology AS (Transfer Advising Guides in Biology, Chemistry, Environmental Science-Biophysical or Social Science, General Science, Geology, Mathematics, Physics)</td>
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<tr>
<td>Coaching Certificate</td>
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<tr>
<td>Criminal Justice: Law Enforcement Certificate</td>
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<thead>
<tr>
<th><strong>STEM</strong></th>
<th><strong>TRANSFER</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Air Conditioning Technology: Refrigeration AOS</td>
<td>Computer Applications Programming AAS</td>
</tr>
<tr>
<td>Chemical Technology AAS</td>
<td>Computer Information Systems AAS</td>
</tr>
<tr>
<td>Civil Engineering Technology AAS</td>
<td>Computer Science AAS</td>
</tr>
<tr>
<td>Computer Aided Drafting AOS</td>
<td>Computer Science: Cybersecurity AS</td>
</tr>
<tr>
<td>Electrical Engineering Technology AAS</td>
<td>Engineering Science AS</td>
</tr>
<tr>
<td>Electrical Service Technician AOS</td>
<td>Liberal Arts &amp; Sciences: Mathematics &amp; Science AS (Transfer Advising Guides in Biology, Chemistry, Environmental Science-Biophysical or Social Science, General Science, Geology, Mathematics, Physics)</td>
</tr>
<tr>
<td>Geospatial Technology AAS</td>
<td></td>
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<tr>
<td>Mechanical Engineering Technology AAS</td>
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<tr>
<td>Mechanical Technology: Aircraft Maintenance AAS</td>
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<tr>
<td>Remote Piloted Aircraft Systems AAS</td>
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<tr>
<td>School Facilities Management AAS</td>
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<tr>
<td>Semiconductor Manufacturing Technology AAS</td>
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<tr>
<td>Welding Technology AOS</td>
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</tbody>
</table>

**STOCKART**

**CAREER**

- Airframe and Powerplant Technician Certificate
- Carpentry and Masonry Certificate
- Computer Aided Drafting Certificate
- Computer Numerical Control (CNC) Machinist Technology Certificate
- Heating and Air Conditioning Certificate
- Mechatronics Certificate
- School Facilities Management Certificate
- Welding Certificate

**TRANSFER**

- Cybersecurity Certificate
### Certificate
Sequence of courses that leads to proficiency in specific skills and an MVCC certificate

### Micro-credential
A group of three to five courses that can be taken as a standalone program or stacked toward an MVCC degree or certificate

### Workforce Development/Continuing Education
Includes training to provide relevant skills or enhance existing skills, and specific industry-required certifications and licensure

<table>
<thead>
<tr>
<th>MICRO-CREDENTIALS</th>
<th>WORKFORCE DEVELOPMENT/ CONTINUING EDUCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Not offered at this time.</td>
<td>Not offered at this time.</td>
</tr>
<tr>
<td>Detailed list of courses and programs</td>
<td>Detailed list of courses and programs</td>
</tr>
</tbody>
</table>

#### CAREER
- Carpentry Fundamentals
- Fabrication Welding
- Masonry Fundamentals
- Ornamental Welding
- Remotely Piloted Aircraft Systems: Data Analysis
- Remotely Piloted Aircraft Systems: Maintenance
- Remotely Piloted Aircraft Systems: Operations
- Structural Welding

#### TRANSFER
- Code Academy
- IT Support Professional

#### 10-Hour OSHA Training
- Airframe and Powerplant Test Prep
- Coding
- Google IT Support Professional
- Lead Renovator
- Remote Pilot Test Prep
- Video Game Design
AREAS OF STUDY

TYPES OF ASSOCIATE DEGREES:  
- **AS**: Associate in Science, for students who plan to continue at a four-year college.  
- **AA**: Associate in Arts, generally for programs intended to transfer to a four-year college.  
- **AAS**: Associate in Applied Science, for those seeking to enter the workforce or a four-year college.  
- **AOS**: Associate in Occupational Studies, for students who intend to enter the workforce.

SCHOOL OF BUSINESS AND HOSPITALITY

Business Programs:
- Accounting AAS
- Administrative Assistant AAS and Certificate
- Business Administration AS and AAS
- Entrepreneurship Certificate
- Finance Certificate
- Small Business Management Certificate
- Sports Management AS

Hospitality Programs:
- Chef Training Certificate
- Culinary Arts Management AOS
- Food Service Administration: Restaurant Management AAS

SCHOOL OF HUMANITIES

PROGRAMS:  
- English as a Second Language Certificate
- General Studies AS
- Humanities and Social Sciences AA
- International Studies AA
- Interpreter Education AAS
- Theater AA
SCHOOL OF HEALTH SCIENCES

PROGRAMS:

• Health Information Technology AAS
• Health Sciences AS
• Nursing AAS
• Nutrition and Dietetics AS
• Radiologic Technology AAS
• Respiratory Care AAS
• Sports Medicine AS
• Surgical Technology AAS

SCHOOL OF PUBLIC AND HUMAN SERVICES

PROGRAMS:

• Adolescent Education AS
• Childhood Education AS (SUNY Oneonta)
• Chemical Dependency Practitioner AAS
• Criminal Justice AAS and AS
• Criminal Justice: Law Enforcement AAS and Certificate
• Coaching Certificate
• Fire Protection Technology AAS
• Human Services AAS
• Physical Education AS
• Psychology AS
• Public Policy AS
• Recreation and Leisure Services AAS
SCHOOL OF ART

Programs
• Digital Animation AAS
• Digital Media and Marketing AS

• Fine Arts AS
• Graphic Design AAS
• Illustration AAS
• Photography AAS

SCHOOL OF STEM
(SCIENCE, TECHNOLOGY, ENGINEERING, AND MATHEMATICS)

CAREER PROGRAMS:
• Air Conditioning and Refrigeration AOS
• Airframe and Powerplant Technician Certificate
• Carpentry and Masonry Certificate
• Chemical Technology AAS
• Civil Engineering Technology AAS
• Computer-Aided Drafting AAS and Certificate
• CNC Machinist Technology Certificate
• Electrical Engineering Technology AAS
• Electrical Service Technician AOS
• Geospatial Technology AAS
• Heating and Air Conditioning Certificate
• Mechanical Engineering Technology AAS
• Mechanical Technology: Aircraft Maintenance AAS
• Mechatronics Certificate
• Remotely Piloted Aircraft Systems AAS
• School Facilities Management AAS and Certificate
• Semiconductor Manufacturing Technology AAS
• Welding AOS and Certificate

TRANSFER PROGRAMS:
• Computer Applications Programming AAS
• Computer Science AS
• Computer Science: Cybersecurity AS
• Computer Information Systems AAS
• Cybersecurity Certificate
• Engineering Science AS

• Liberal Arts and Sciences: Mathematics and Science AS
• Biology
• Chemistry
• Environmental Science – Biophysical
• Environmental Science – Social Science
• General Science
• Geology
• Mathematics
• Physics
What are micro-credentials?
Micro-credentials are groups of three to four courses that can be taken as a standalone program or can eventually be stacked to earn a degree or certificate. They are designed to help students quickly develop relevant skills to prepare them for entry-level employment or per-diem work, and can help those currently employed gain additional training to advance their career.

MVCC’s micro-credentials can help to bridge the gap between college and a career, giving students a competitive edge before completing a degree program.

MVCC also has partnered with digital credentialing platform Credly, which empowers the College to officially recognize individuals for demonstrable competencies and skills.

School of Business and Hospitality
- Kitchen Competencies
- Introduction to Baking
- Advanced Baking
Christine VanNamee, Dean
315-792-5497
cvannamee@mvcc.edu

School of Health Sciences
- Sterile Processing Techniques
Melissa Copperwheat, Dean
315-792-5499
mcopperwheat@mvcc.edu

School of STEM-Career
- Remotely Piloted Aircraft Systems-Data Analysis
- Remotely Piloted Aircraft Systems-Maintenance
- Remotely Piloted Aircraft Systems-Operations
- Carpentry Fundamentals
- Fabrication Welding
- Masonry Fundamentals
- Ornamental Welding
- Structural Welding
Joseph Woodrow, Dean
315-731-5753
jwoodrow@mvcc.edu

School of STEM-Transfer
- IT Support Professional
- Code Academy
Jake Mihevc, Dean
315-792-5653
jmihevc@mvcc.edu

For more information, visit mvcc.edu/micro-credentials.
We Can Help You:
• Prepare for and get a job.
• Apply to and excel in college.
• Advance your career or get your degree.

We focus on fields with a growing demand for skilled workers, specifically in the manufacturing, construction, and culinary/hospitality industries.

Fresh Start is a program dedicated to removing barriers to employment through the power of education, countering recidivism and preparing individuals for the workforce with stackable credentials and certifications.

Program participants must be 18-24 years old and meet one of the following additional criteria:

• An at-risk youth
• Currently under a form of supervision with parole, probation or drug treatment court
• Previously or currently live or employed in a high-poverty or high-crime neighborhood
• Have involvement with the juvenile or adult justice system

For more information, contact MVCC’s Education Outreach Center:
• 315-731-5870 • eoc@mvcc.edu.
• 524 Elizabeth St., Utica, N.Y.
Mohawk Valley YouthBuild is a program that engages at-risk, low-income youth ages 18 to 24 who need to complete their high school education and develop career skills. The program fosters an environment of mutual respect, positive attitudes, hands-on learning, and a love for self and community.

**YouthBuild prepares youth to:**
- Earn a high school equivalency diploma by successfully passing the TASC (GED) exam
- Gain job skills, earn certificates, and build a resume
- Plan for job placement
- Enter a college program
- Be trained in construction or hospitality careers
- Earn money through stipends and wages
- Become part of a supportive family system

**Eligibility requirements:**
- 18 to 24 years old
- In need of a high school equivalency diploma

**Individuals must also meet at least one of the following criteria:**
- Have a disability
- Be low-income
- Be in the foster care system
- Be an adult and/or youthful offender
- Be the child of an incarcerated parent

In 2017, Mohawk Valley Community College and Mohawk Valley YouthBuild joined the Skills for Success program—a joint effort with the Rescue Mission, City of Utica, and On Point for College—to help build several 400-600-square-foot rent-to-own houses in West Utica. The first home was completed around Thanksgiving 2020.

For more information, call: 315-731-5883
Or visit us: 524 Elizabeth St., Utica, N.Y.
Heating and Air Conditioning (HVAC) programs
• Heating and Air Conditioning Certificate: Two semesters
• Air Conditioning Technology: Refrigeration AOS degree: Four semesters
Both programs prepare students to enter the workforce as service technicians, installers, lab technicians, and facilities maintenance mechanics in the residential, commercial, and industrial heating and cooling industries.

Mechatronics Certificate
• Length of program: Two semesters
This program prepares students for a career in advanced manufacturing in just one year. It focuses on mechanics, electronics, motor control systems, and automation, which drive the design and operation of modern machinery. Graduates are qualified for employment as machinists, tool operators, and nanotechnology support.

Welding programs
• Welding AOS degree: Four semesters
• Welding Certificate: Two semesters
MVCC's students learn all the major processes, including Oxy-Fuel, MIG, TIG, and Arc Welding, as well as plasma-cutting, fabrication, blueprinting, and blacksmithing, preparing them for welding work and for the NYS Certification Exam.

To learn more about these programs, visit mvcc.edu/academics/stem.
MECHATRONICS

MVCC’s Mechatronics Certificate program prepares students for a career in advanced manufacturing in just one year!

This hands-on program is one of only a few in the region offering this training, which prepares graduates for entry-level positions that involve the operation and maintenance of electro-mechanical systems commonly found in advanced manufacturing environments.

All credits earned also will transfer to the Electrical Service Technician AOS degree if students decide to pursue that path. The program will help to prepare students who wish to pursue industry-recognized certifications, such as the Manufacturing Skills Standards Council, Certified Production Technician (MSSC – CPT).

The Mechatronics Certificate program was made possible by funding from the U.S. Department of Labor through a Trade Adjustment Assistance Community College Career Training (TAACCCT) grant awarded to the State University of New York. The grant provided funding for MVCC to equip two new mechatronics labs to provide students with hands-on learning opportunities.

Mechatronics is an interdisciplinary program focused on mechanics, electronics, motor control systems, and automation, which drive the design, operation, and maintenance of all modern complex machinery.

First Semester
- ET105 Computer Control Fundamentals
- ET127 Modern Industrial Practice
- MA105 Technical Mathematics 1
- MT149 Pneumatic and Hydraulic Systems
- ET101 Technical Electricity 1

Second Semester
- ET102 Technical Electricity 2
- ET104 Systems Diagrams
- ET131 Electrical Machinery and Controls 1
- ET251 Mechatronics Systems
- MT139 Mechanical Systems

For more information, contact:
Joseph Woodrow, Dean, School of STEM-Careers
315-731-5753
jwoodrow@mvcc.edu
Tea Leaf Manufacturing (TLM) was launched in September 2019 and uses the FABLab in the Science and Technology Building on MVCC’s Utica Campus. The lab is filled with high-tech, industrial-grade fabrication equipment and electronic tools, including the only local state-of-the-art 3D metal printer.

TLM has successfully worked on various projects and patents with students, members of the community, and local businesses.

The lab serves many different purposes, including:

• providing a place where students can design and build projects while being able to participate in all phases of standard production processes
• providing local businesses with the latest design and rapid prototyping technologies to be able to develop new products and improve existing products for the market
• giving community members an opportunity to learn the latest technologies and a place to develop their ideas or inventions
• providing Central New York with a workforce that has been trained using the latest high-tech fabrication equipment and electronic tools

During the onset of the pandemic, TLM worked with local hospitals on 3D printing a prototype of a respirator and 3D-printed face shields.

Companies, entrepreneurs, and others looking for assistance with 3D printing or any project design may contact TLM at tealeaf@mvcc.edu.
Students can choose to take courses in:

- **Mechatronics**: prepares student for work in automated manufacturing settings (e.g. Cree)
- **Welding**: prepares students for structural and metal fabrication welding work (e.g. Briggs & Stratton).
- **Carpentry/Masonry**: prepares students for work as skilled laborers in the residential and commercial construction trades industries.
- **CNC Machinist Technology**: prepares students for employment in general machine shops and CNC manufacturing.
- **HVAC**: prepares students to fill careers as service technicians in the field of heating and air conditioning.

Eligibility Requirements:

- Be 17 to 24 years old
- Be a U.S. citizen, permanent resident, or citizen of a U.S. territory
- Be a first-time college enrollee or dropout

This program is free to students who qualify!

Students who complete their program will receive SUNY-recognized certificates* and be guaranteed job interviews with Briggs & Stratton in Sherrill, N.Y., and Cree Wolfspeed in Marcy, N.Y.

- Welding and Carpentry/Masonry students also are guaranteed job interviews with the Carpenters Union.

*Students must have a high school diploma or its equivalent to receive an MVCC certificate.

For more information, contact:

Monalisa Htun  
mhtun@mvcc.edu  
315-792-5365

Tanisha Taylor  
ttaylor@mvcc.edu  
315731-5814
Ready to serve the community?

Get the training you need to become an honest, ethical, and competent police officer in one year with MVCC’s Law Enforcement Certificate/Phase 1 Police Academy, a quick-start alternative to traditional police academies.

The program provides 85% of the basic training required to become a police officer in New York State, giving you a competitive edge over other applicants in the hiring process.

Learn how to get started: mvcc.edu/phase1