CLASS LOCATION KEY + MAP

MVCC Utica: 1101 Sherman Drive
AB: Academic Building
JC: Jorgensen Center/Gym
ACC: Alumni College Center
WH: Wilcox Hall (Formerly IT)
ST: Science & Technology Building
QUAD: Quad/College Green
STAR: Box Office Locations

MVCC Rome: 1101 Floyd Ave.
PCL: Plumley Complex
MVCC Education Outreach Center:
524 Elizabeth St., Utica
MVCC Carpentry and Masonry:
335 Catherine St. Utica

UTICA CAMPUS

Academic Building
• Public Safety
• CCED
• Human Resources

Alumni College Center
• Bookstore
• Career Services
• Health Center
• Residence Life
• Resident Dining

Francis A. Wilcox Hall
• Accessibility Resources
• Learning Commons
• Theater

Payne Hall
• Administrative Offices
• Admissions
• Financial Aid
• Holistic Student Support
• Library

Jorgensen Athletic
and Events Center
• Fieldhouse
• Fitness Center
• Pool

Residence Halls
• Bellamy
• Butterfield
• Daugherty
• Huntington
• Penfield

Science and
Technology Building
• FABLab

Quad/College Green

Parking Lots

Box Office Locations

ROME CAMPUS
All courses and events will comply will federal, state, and county guidelines, along with the MVCC Responsible Restart Plan, in order to keep our students, employees, and community safe. https://mvcc.edu/restart
Fall is a time of transition. This has never been more true than it seems to be in Fall 2020. With so much change, and sometimes uncertainty, fall is a great time to reflect on the past and take back control. Education is a great way to empower yourself and get focused. So start the fall with us!

Stay home and go far. We have flexible and affordable offerings that are designed to fit your schedule and the unique needs of our community. We have spent the summer designing a fall schedule to suit many needs, providing both in-person and remote learning opportunities. In addition, we are thrilled to launch a new registration system, designed with our customers and students in mind! Join us this fall; we have something for everyone!

All courses and events will comply will federal, state, and county guidelines, along with the MVCC Responsible Restart Plan, in order to keep our students, employees, and community safe. [https://mvcc.edu/restart](https://mvcc.edu/restart)
Certificate in Data Analysis  ONLINE

Begin with getting a basic understanding of how to analyze data in a business setting, then learn how many of your business decisions involve comparing groups for differences. You'll know the statistics behind these group differences and relationships. Finally, you'll find out how to perform inquiries that will be useful to your business or organization and have the skills necessary to communicate these results through graphs and text that your fellow employees will understand. Whether your business is home-based or a large company, this certificate will take you to the next level where important decision-making is concerned.

Online • Sept. 8-Nov. 27 • CRN 19493
Take all three and save: $495

Introduction to Data Analysis
Instructor: John Rutledge
Online • Sept. 8-Oct. 2 • CRN 19461 • $195

Intermediate Data Analysis
Instructor: Mary Dereshiwsy
Online • Oct. 5-30 • CRN 19460 • $195

Advanced Data Analysis
Instructor: Jeff Kritzer
Online • Nov. 2-27 • CRN 19459 • $195

Managing Remote Employees  NEW ONLINE

As businesses are increasingly turning to technology to handle both internal and external communications, the notion of a centralized workforce that meets face-to-face on a daily basis is becoming less common. Companies are embracing the idea of employing remote workers—from both near and far—who can provide a diverse range of skills and viewpoints without being bound by location. While there are many advantages to remote work for both the company and the individual, managers must be aware of the challenges that can arise when employing remote workers. This three-hour course explores the benefits and drawbacks of remote work and provides managers with tips for helping their remote workers stay connected and motivated.

To enroll, visit https://catalog.mindedge.com/mvcc.

Online • Self-Paced • $79

SQL Certificate  NEW ONLINE

Structured Query Language (SQL) is the industry standard database programming language. It is one of the most in-demand skills in occupations that require interaction with data and analyzing data. Through your knowledge of SQL, you will become more marketable in computer-related career fields that pertain to database administration. Learning SQL can also lead to a job that is specific to analyzing data such as a data analyst, a quality assurance analyst, or a business analyst. You’ll first learn about relational database structures, the history and uses of SQL, and how to use SQL to create a database, add records to database tables, and how to use SQL queries to extract meaningful data from database tables. You will quickly progress from creating simple SQL queries that query a single table to querying multiple tables simultaneously. You’ll also learn how to alter data in a database and how to gather significant statistics from data stored in a database. Finally, you’ll learn techniques that will enable you to write powerful queries that perform complicated searches and sorts on your data. This certificate will enhance your competitiveness in the field of database administration and data analyst jobs.

Online • Sept. 8-Nov. 27 • CRN 19853
Take all three and save: $595

Introduction to SQL
Instructor: Cecilia Allison
Online • Sept. 8-Oct. 2 • CRN 19868 • $245

Intermediate SQL
Instructor: Cecilia Allison
Online • Oct. 5-30 • CRN 19883 • $245

Advanced SQL
Instructor: Cecilia Allison
Online • Nov. 2-27
CRN 19888 • $245
SAVE School Violence Prevention **ONLINE**
This workshop satisfies the New York State Education Department’s requirement for two-hour school violence prevention training (SAVE). The course focuses on issues relating to violence and safety for school-age children from both the identification and prevention perspectives. Topics include abuse and neglect, abduction, substance abuse, traffic and fire safety, and violence. Teachers’ legal responsibilities, dangerous behavior identification, intervention techniques, effective classroom management, and promoting positive attitudes and behaviors will also be discussed.
Instructor: Rich Dodge
Various Formats • 4-6 p.m. • $29
Online: Sept. 23, Wed. • CRN 19897
Utica: Nov. 4, Wed. • CRN 19253
Rome: Dec. 10, Thurs. • CRN 19257

Child Abuse Recognition **ONLINE**
The New York State Education Department requires healthcare, educational, and other licensed professionals to be trained to identify and report child abuse. Matriculated students at MVCC should consult with academic advisors before enrolling in this course.
Instructor: Rich Dodge
Various Formats • 6-9 p.m. • $39
Online: Sept. 23, Wed. • CRN 19258
Utica: Nov. 4, Wed. • CRN 19254
Rome: Dec. 10, Thurs. • CRN 19896

First Aid and CPR for Childcare Providers **ONLINE**
This course teaches students to recognize and care for a variety of first aid emergencies such as burns; cuts; scrapes; sudden illnesses; head, neck, and back injuries; heat and cold emergencies; and how to respond to breathing and cardiac emergencies to help infants and children up to 12 years of age. Students who successfully complete this course will receive a certificate for Pediatric First Aid/CPR/AED valid for two years.
Instructor: Caroline Pollard
Sat. • 10 a.m.-3 p.m. • Utica • $65
Sept. 12 • CRN 19224

Dignity for All Students **ONLINE**
This course will address the social patterns of harassment, bullying, and discrimination including, but not limited to, those acts based on a person’s actual or perceived race, color, weight, national origin, ethnic group, religion, religious practice, disability, sexual orientation, gender, or sex. It will also cover the identification and mitigation of harassment, bullying, and discrimination and strategies for effectively addressing problems of exclusion and bias and aggression in educational settings. Successful completion of this course will meet the certificate requirements in 14(5) of Chapter 102 of the Laws of 2012.
Instructor: John Wells
Various Formats • Sat. • 9 a.m.-3 p.m. • $99
Online: Sept. 26 • CRN 19721
Utica: Nov. 7 • CRN 19259
Rome: Dec. 12 • CRN 19255

Certificate in Learning Styles **ONLINE**
In this online certificate program, you’ll get the most advanced information about the three most important and most prevalent characteristics you experience with your participants: generation, gender, and the autism spectrum. Your instructors are some of the foremost authorities in the world on these subjects. They write and speak around North America on learning styles.
Online • Oct. 5-Nov. 27 • CRN 19854
Take all three and save: $395

Gender in the Classroom
Instructors: Julie Coates, William Draves
Online • Oct. 5-30 • CRN 19855 • $145

Generational Learning Styles
Instructor: Kassia Dellabough
Online • Nov. 2-27 • CRN 19858 • $145

Talking Circles: A Restorative Approach to Student Discipline **NEW ONLINE**
Restore order to your classroom and establish a positive school culture with Talking Circles. This evidence-based intervention builds communities that foster social capital and creates a structure to repair the harm that impacts individuals within that community. Grounded in indigenous ways, Talking Circles have the opportunity to subvert the power structures within the punitive discipline model, and reestablish a communal approach that supports our students as 21st century learners.
Instructor: Dan Torrez
Online • Oct. 5-30 • CRN 19882 • $195
Certified Online Instructor

From building to improving an online course, from fostering online discussion to encouraging student interaction, from traditional assessment to online tests, the program will give you the fundamentals of teaching online, as well as the most advanced tips and techniques in the business. Your instructors are authors, speakers, and consultants in online learning and teaching.

Online • Sept. 8-Nov. 27 • CRN 19860
Take all three and save: $495

Advanced Teaching Online
Instructor: William Draves
Online • Sept. 8-Oct. 2 • CRN 19861 • $195

Designing Online Instruction
Instructor: Dionne Felix
Online • Oct. 5-30 • CRN 19862 • $195

Fostering Online Discussion
Instructor: Mary Dereshiwsky
Online • Nov. 2-27 • CRN 19863 • $195

Substitute Teacher Preparation

To be a substitute today takes student respect, skills, and a portfolio of ideas and workable presentations. You may get the first call but the successful substitute gets the second and third call to report. Understand what is expected of a substitute and how to maximize your value to a school. Find out about how to develop a sub notebook, understand classroom management, the latest techniques in developing lesson plans, how to use your own portfolio to assist in teaching, and much more. With information applicable to any U.S. state, this course will provide you with the information you need to know to be successful at any level in any school. It will start you on the teaching path with a working knowledge and a portfolio of ideas to use the day you walk into a new teaching environment. It will also assist you in finding important information to make you a valuable asset to any school system.

Instructor: David Reilly
Online • Oct. 5-30 • CRN 19881 • $145

Digital Marketing Certificate

Come get a fundamental yet advanced introduction to eMarketing, including improving email promotions, analyzing your website traffic, doing search engine optimization, and how to successfully employ online advertising. Relevant for any type of organization, including businesses, companies, non-profits, and government agencies. No eMarketing experience or expertise is necessary. If you are already at an advanced level, your instructors are experts and can provide the latest most advanced information and answer your toughest questions.

Online • Sept. 8-Nov. 27 • CRN 19864
Take all three and save: $495

Improving Email Promotions
Instructors: Dan Belhassen, Susan Hurrell
Online • Sept. 8-Oct. 2 • CRN 19866 • $195

Boosting Your Website Traffic
Instructors: Dan Belhassen, Susan Hurrell
Online • Oct. 5-30 • CRN 19865 • $195

Online Advertising
Instructors: Dan Belhassen, Susan Hurrell
Online • Nov. 2-27 • CRN 19867 • $195

Did you know that MVCC is now an approved and accredited sponsor of Continuing Teacher and Leader Education CTLE hours? Offerings include Gender in the Classroom; Generational Learning Styles; Social Media and Online Tools for K12 Teachers; Students with ASD; and more. Contact Carolyn DeJohn at 315-792-5410 or cdejohn@mvcc.edu for more information.

TEACHERS!
Google Analytics Certificate NEW ONLINE

If you’re not reviewing your website statistics, then you’re missing several key opportunities to profit from your website traffic. This certificate, aimed at non-technical users, will take you through all the key techniques and how to use website analytics using the world-standard Google Analytics, a free online tool.

Online • Sept. 8-Oct. 30 • CRN 19876
Take both and save: $345

Google Analytics
Instructor: Dan Belhassen
Online • Sept. 8-Oct. 2 • CRN 19877 • $245

Advanced Google Analytics
Instructor: Jeff Kritzer
Online • Oct. 5-30 • CRN 19887 • $245

Managing Social Change Certificate NEW ONLINE

Discover proven strategies for moving your efforts, and those of others, from advocacy to managing and achieving social change within the workplace and/or community. First, learn to strategically apply various disciplines to cause organizational change as well as develop the personal skills and attitudes organizations need for implementing change. Then find out how to address change in the workplace, including addressing the resistance to change. Finally, leaders from elected officials to the CEO of Apple are encouraging people in the workplace to participate in community and social change. Learn different change strategies to improve your community and society for all.

Online • Sept. 8-Nov. 27 • CRN 19874
Take all three and save: $495

Change Management Skills
Instructor: Sally Schmall
Online • Sept. 8-Oct. 2 • CRN 19875 • $195

Change in the Workplace
Instructor: Brenton Rolle
Online • Oct. 5-30 • CRN 19885 • $195

Creating Community and Social Change
Instructor: Lisa Barrow
Online • Nov. 2-27 • CRN 19890 • $195

Coding Certificate ONLINE

Begin by getting introduced to the basics of computer programming and various programming languages, then go to the next level and acquire all the basics of HTML and CSS. You’ll learn the relationship between these two industry-standard web page-coding languages and the step-by-step process of hand coding and building web pages. Finally, discover the advanced features of CSS and learn how to use this very powerful language.

Online • Sept. 8-Nov. 27 • CRN 19494
Take all three and save: $595

Introduction to Coding
Instructor: Jeff Kritzer
Online • Sept. 8-Oct. 2 • CRN 19471 • $195

HTML Fundamentals
Instructor: Andi Helmi
Online • Oct. 5-30 • CRN 19692 • $245

CSS Fundamentals
Instructor: Andi Helmi
Online • Nov. 2-27 • CRN 19694 • $245

Social Media for Business Certificate ONLINE

From Facebook to Twitter, blogging, YouTube, LinkedIn, and more, discover the new principles of communication that apply across all networks and how these specific social networks work and the possible uses for your organization. Whether you are new to social networks or already involved, you will come away with an understanding of social networks and practical, how-to techniques to integrate social networks into your organization or business.

Online • Sept. 8-Nov. 27 • CRN 19496
Take all three and save: $495

Introduction to Social Media
Instructor: Nicole Siscaretti
Online • Sept. 8-Oct. 2 • CRN 19465 • $195

Marketing Using Social Media
Instructor: Nicole Siscaretti
Online • Oct. 5-30 • CRN 19466 • $195

Integrating Social Media In Your Organization
Instructor: Jennifer Selke
Online • Nov. 2-27 • CRN 19467 • $195
Legal Secretary Certificate Course ONLINE

This intensive seven-week program is designed for both beginning and experienced secretaries who are interested in improving their skills and working more efficiently within the law office. Students will study such topics as legal terminology; legal process; jurisdiction and venue; ethics; written communications; filing procedures, billing, and accounting; time management; records management; an overview of commonly used word and data processing programs; legal research; memoranda preparation; and citation format. To enroll, contact the Center for Legal Studies at 1-800-522-7737. Books and materials must be purchased separately.

Online • Oct. 19-Dec. 4 • $995

Paralegal Certificate Course ONLINE

This 14-week program is designed for beginning or advanced legal workers. Students will be trained to assist trial attorneys, interview witnesses, investigate complex fact patterns, research the law, prepare legal documents, and assist in preparing cases for courtroom litigation. To receive a certificate, students must pass numerous quizzes and successfully complete several writing assignments. To enroll, contact the Center for Legal Studies at 1-800-522-7737. Books and materials must be purchased separately.

Online • Oct. 19-Feb. 26 • $1,595

Available to small businesses in the high-hazard fields of Warehousing, Storage, and Manufacturing.

This four-hour training targets workers at small businesses in Oneida, Madison, Herkimer, Onondaga, and Lewis counties, and will include contact and exposure hazards; materials moving; fall prevention and similar points. All trainings may take place at employer workplaces when possible to reduce distance and transportation barriers. Where employers are unable to host a training, classes will take place at the MVCC Utica campus. Training will be primarily in English; materials will be translated into Karen to better support the local refugee population, and in-class interpreters will be contracted on an as-needed basis.

Contact Terésa Fava-Schram for more information.
Center for Corporate and Community Education • 315-792-5681
NY 75-Hour Salesperson Qualifying Course with Textbook and Master Exam Prep Package ONLINE
Thanks to a partnership with Kaplan, we are pleased to offer self-paced, online real estate training. This premium licensing package will fully prepare you to successfully pass your licensing exam with the most effective licensing education and exam practice available. You will receive the New York 75-Hour Salesperson Qualifying Course, an instructionally designed online course. You will also receive access to the New York Real Estate Exam Prep, where you can boost your confidence with diagnostic practice exams, lectures, and quizzes. Also, as a great supplement to these online courses, we’ve also included our premier licensing textbook, “Modern Real Estate Practice in New York.” This package fulfills all the educational requirements for your salesperson’s license and prepares you to pass the New York State Salesperson Qualifying Examination. To enroll in this or other online options, visit https://affiliate.kapre.com/aff/mvcc. Online • Self-Paced • $509

45-Hour Broker Qualifying Course: Local Concerns for New York
Designed for students who prefer self-paced, interactive content, this course allows you to follow your path to success in a convenient online format. The course covers all the required content for a complete broker prelicensing education. You’ll explore topics such as real estate finance, general business law, real property management, advanced fair housing and fair lending, plus many more. This personalized license program prepares you for a thriving career as a real estate broker, providing the efficiency you want without sacrificing the effectiveness you need. To enroll in this or other online options, visit https://affiliate.kapre.com/aff/mvcc. Online • Self-Paced • $349

NYS 75-Hour Real Estate Salesperson Pre-Licensing Course
This in-person course will prepare you to sit for the NYS real estate salesperson’s examination. It satisfies the mandated 75-hour pre-licensing education requirements of the Department of State. Fee includes textbook, course materials, and test prep.
Instructor: Ron Cerminaro
Sept. 21-Nov. 16, Mon., Tues., Thurs. • 6-9 p.m. • Utica CRN 16944 • $549

8-Hour Pre-Assignment Training Course for Security Guards
This is an eight-hour course required by New York State as the first step in obtaining a security guard registration card from the New York State Department of State. The course provides the student with a general overview of the duties and responsibilities of a security guard. Topics covered in this course include the role of the security guard, legal powers and limitations, emergency situations, communications and public relations, access control, and ethics and conduct. The passing of an examination is required for successful completion of this course.
Instructors: Rick D'Alessandro, Rich Dodge
Various Locations • 6-10 p.m. • $69
Utica: Sept. 28-30, Mon., Wed. • CRN 14058
Rome: Oct. 12-14, Mon., Wed. • CRN 16723

16-Hour On-the-Job Training Course for Security Guards
This is a 16-hour course that must be completed within 90 days of employment as a security guard. The course provides the student with detailed information on the duties and responsibilities of a security guard. Topics covered in this course include the role of the security guard, legal powers and limitations, emergency situations, communications and public relations, access control, ethics and conduct, incident command systems, and terrorism. The passing of an examination is required for successful completion of this course.
Instructor: Rick D’Alessandro
Oct. 19-28, Mon., Wed. • 6-10 p.m. • Utica CRN 17283 • $99

8-Hour Annual In-Service Training Course for Security Guards
This is an eight-hour course that must be completed within 12 months from completion of the eight-hour pre-assignment course for security guards, and annually thereafter. The course is structured to provide the student with updated and enhanced information on the duties and responsibilities of a security guard. Topics include the role of the security guard, legal powers and limitations, emergency situations, communications and public relations, access control, and ethics and conduct.
Instructor: Rich Dodge
Various Locations • 6-10 p.m. • $69
Utica: Oct. 5-7, Mon., Wed. • CRN 18096
Rome: Nov. 2-5, Mon., Thurs. • CRN 18679
Spanish for Medical Professionals  NEW  ONLINE
This Spanish class — designed specifically for healthcare professionals — will help you effectively communicate with your Spanish-speaking patients. You will practice the basic, practical language skills needed to effectively communicate with your Spanish-speaking patients and their families. You also will learn how to ask the questions crucial to quality healthcare and gain an understanding of the culture. Whether you speak some Spanish and need a refresher, or speak no Spanish, you will complete the course with the skills you will need to. Note: Students will purchase (on their own) McGraw-Hill Education Complete Medical Spanish, 3rd Edition: ISBN-13: 978-0071841887.

Instructor: Cristina Sempé
Online • Sept. 8-Oct. 30
CRN 19933 • $290

Phlebotomy
This program will familiarize you with various aspects of the medical laboratory and provides a certificate and skills required to work as a phlebotomist in a hospital, laboratory, or medical office. Intense classroom instruction is combined with individualized clinical practice. Medical requirements before clinical include a physical within one year, TB test results read within one month of class start date, and positive titers or proof of two Mumps Measles and Rubella (MMR) and two Varicella vaccines. A Tdap or Tetanus toxoid within 10 years, seasonal flu shot, and Hepatitis B vaccine with complete series dates are also required. Tuition includes an insurance fee. Purchasing the textbook is optional but highly recommended. Note: High school diploma or equivalency needed for employment.

Instructor: Rachel Canarelli
6-9 p.m. • Utica • $499
Option 1: Sept. 14-Nov. 4, Mon., Wed.
CRN 11537
Option 2: Sept. 15-Nov. 5, Tues., Thurs.
CRN 19309

CCA Medical Billing and Coding (Voucher Included)  ONLINE
Medical Billing and Coding is one of the fastest growing careers. Employment of medical coders is projected to grow 15%, which is more than double the average for all occupations. Healthcare workers are in high demand due to the increased medical needs of an aging population and the increased number of Americans qualifying for health insurance. This means there are numerous job opportunities for this type of position across the country.

The Certified Coding Associate (CCA) Medical Billing and Coding course will prepare you for an entry-level career within the healthcare industry. You will learn current medical coding standards to help you accurately track patient accounts and find gainful employment within this growing workforce sector.

This course is designed to help you successfully prepare for the CCA exam, offered by the American Health Information Management Association (AHIMA). This course includes a voucher which covers the fee of the exam. Enrollment in this program gives you 12 months of access and includes all textbooks and materials. To enroll, visit https://careertraining.ed2go.com/mvcc/.

Online • Self-Paced • $2,695
Personal Trainer Certification
This course will give you the education, skills, and insight to become a valued professional as a certified personal trainer. Our two-day intensive program includes 16 hours of lecture, demonstrations, and practical hands-on application. An online final exam will be taken after the class is complete. There are no prerequisites to participate. Text and materials are purchased separately for $85 on the first day of class. Please bring a check or cash to receive materials. Note: CPR certification needs to be obtained before final certification. A 10-hour Internship/Shadowing period is also required for final certification. Please dress in gym clothes and bring a lunch and a mat.

Instructor: Nadia Ellis  
Nov. 7-8, Sat., Sun. • 9 a.m.-4 p.m. • Utica  
CRN 19712 • $449

Barrier Precautions/Infection Control ONLINE
The New York State Education Department requires this class for licensed professionals, including physicians, physicians’ assistants, specialist assistants, dentists, dental hygienists, registered nurses, licensed practical nurses, optometrists, and podiatrists. Certification is valid for four years. (0.3 CEUs)

Instructor: Tammy Johnston  
Online • Self-Paced  
CRN 18447 • $40

Find peace of mind, for free.
Despite the challenging times, we at MVCC are planning for the future — and we’re here to help you plan for yours. With our online resource, you can write your legal will in less than 20 minutes and protect the people and causes that matter to you most. Best of all, this online tool is easy and completely free to use, no matter what.

Find some peace of mind today. Get started at FreeWill.com/MVCC.

Tea Leaf Manufacturing
Providing industry-relevant learning to students, and manufacturing and industry-specific services to businesses, entrepreneurs, and non-profit institutions.

• Located within MVCC’s Fabrication Lab (FABLab).
• Offers modern, industrial-grade equipment and tools, provides design consultation, fabrication, and manufacturing services.

Looking for assistance on a project or a quote for yourself or business? Email tealeaf@mvcc.edu.
CONSTRUCTION & ENGINEERING

10-Hour OSHA Training
This course will provide a variety of awareness training on construction safety and health topics with an emphasis on identifying common hazards in the construction industry as well as avoidance, control and prevention. Upon successful completion of this course, participants will receive an OSHA Construction Safety and Health 10-Hour card. Please bring $10 to class for your card.

Instructor: Dominick Timpano
Tues.-Thurs. • 6-9:30 p.m.
MVCC Education Center • $80
Option 1: Sept. 22-24 • CRN 16991
Option 2: Oct. 27-29 • CRN 17031

30-Hour OSHA Training
This class will provide health and safety awareness by helping supervisors and workers reduce the risk of workplace hazards. Additional benefits include prevention of possible worksite hazards, understanding workers’ rights, employer responsibilities and more. For foremen, site supervisors, project managers and safety representatives on new construction sites, demolition jobs and major renovation projects. Includes in-depth instruction on a variety of relevant topics for those who coordinate worksite safety, supervise site personnel or provide toolbox safety training. Please bring $10 to class for your card.

Instructor: Dominick Timpano
Sept. 14-Nov. 16, Mon. • 6-9:10 p.m.
MVCC Education Center • $175
Option 1: Nov. 5 • CRN 17329
Option 2: Dec. 11 • CRN 17214

Lead Renovator Certification
These classes are required for all home improvement contractors, property management firms, handymen, landlords, or others compensated for renovations that disturb more than 6 sq. ft. (interior) and 20 sq. ft. (exterior) of paint or surface coating in pre-1978 housing, schools, or child-occupied facilities are required to obtain an EPA firm license and have their workers trained in lead-safe work practices. It also provides the knowledge and voluntary skills necessary for do-it-yourselfers who want to learn to do it safely – especially those with young children! Renovations firms must have at least one certified renovator who has completed training and obtain a firm certification from the EPA at a cost of $300. MVCC is offering these courses in partnership with the Oneida County Health Department and Environmental Education Associates (EEA), and these courses are accredited by the EPA and fulfill the requirements for lead safe training. EEA is a USEPA TSCA 402 accredited training provider.

Lead Renovator Certification
This eight-hour initial certification course is required for any renovators without previous training to become a certified lead-safe contractor. Bring a pen, pencil, and paper; all other materials will be provided. The course concludes with a 25-question exam. Students should also bring lunch.

Fri. • 8:15 a.m.-5:15 p.m. • MVCC Carpentry & Masonry • $175
Option 1: Nov. 5 • CRN 17329
Option 2: Dec. 11 • CRN 17214

Lead Renovator Certification: Hybrid Course
This training is done via live webinar on Thursday, Oct. 1. Each user must have their own device, a webcam, and speakers in order to participate. Hands-on portion and test will be done in person on Oct. 2 and must be completed in order to receive a certificate of course completion.

Oct. 1-2, Thurs, Fri. • 8:15 a.m.-12:45 p.m.
Online and MVCC Carpentry & Masonry • CRN 17222 • $175

Lead Renovator Refresher
This four-hour refresher course is required for any renovators that completed the Initial Lead Renovator Training five or fewer years ago. Bring a pen, pencil, paper, and proof of prior certification; all other materials will be provided. The course concludes with a 25-question exam.

Nov. 6, Fri. • 8:15 a.m.-12:15 p.m. • MVCC Carpentry & Masonry
CRN 17336 • $135
INSURANCE COURSES

INSURANCE PRE-LICENSING

Insurance Pre-Licensing Personal Lines Part One
To become a licensed insurance agent in New York State, you must complete the 90-hour pre-licensing training requirement for Property & Casualty under New York State Insurance Law. This Part 1 segment covers Personal Lines Licensing and is 45 hours in length. This course will fulfill the requirement to sit for the Personal Lines licensing exam only. Textbook is included in tuition.

Instructors: Don Reese, Ed Whitehead
Various Locations • $400
Utica: Sept. 14-Oct. 22, Mon., Thurs. • 5:30-9:30 p.m. CRN 19044
Rome: Sept. 14-Sept. 23, Mon.-Fri. • 8:30 a.m.-4:30 p.m. CRN 19505
Rome: Oct. 19-28, Mon.-Fri. • 8:30 a.m.-4:30 p.m. CRN 19900

Insurance Pre-Licensing Part I and 2, Property and Casualty
This 90-hour course will fulfill the requirement to sit for the New York State Property & Casualty Exam (Personal & Commercial). Textbook is included in tuition.

Instructors: Don Reese, Ed Whitehead
Various Locations • $700
Utica: Sept. 14-Dec. 3, Mon., Thurs. • 5:30-9:30 p.m. CRN 19046
Rome: Sept. 14-Oct. 2, Mon.-Fri. • 8:30 a.m.-4:30 p.m. CRN 19506
Rome: Oct. 19-Nov. 6, Mon.-Fri. • 8:30 a.m.-4:30 p.m. CRN 19901

INSURANCE CONTINUING EDUCATION COURSES

Insurance in the Financial Planning Process NEW
This brand new course covers a wide spectrum of the role of insurance in the financial planning process. This course examines a number of insurance and non-insurance financial products generated by agents and brokers. How much insurance is enough? Let’s talk about it. (BR, C3, LB, LC, LSB, LAH, PA, and PC; NYCR 260535)

Instructor: Peter Carchedi
Sept. 26, Sat. • 8:30 a.m.-4:30 p.m. • Rome CRN 19963 • $75

Creating and Executing a Culture of Customer Service
For many insurance customers, the only point of contact with their insurer is you! This eight-hour CE course will provide a variety of tips and hints for developing superior customer service skills. These skills can then be taught throughout an organization to develop a culture based on customer service. (BR, C3, LAH, LB, LSB, LC, PA, PC; NYCR 237532)

Instructor: Sharon Jachim
Nov. 18, Wed. • 8:30 a.m.-4:30 p.m. • Rome CRN 19221 • $75

Homeowner’s Liability Insurance Policy
The ISO Homeowner’s Insurance Policy has been the standard of coverage for many years in New York. However, as life conditions change our liability exposures change, as well. Should your insured host a graduation party at their home? Are you covered if you rent out to a tourist? Can I run a business from my home? These situations, as well as many others will be covered in this fast-paced, timely course. (BR, C3, PA, and PC; NYCR 266660)

Instructor: Don Reese
8:30 a.m.-4:30 p.m. • Rome • $75
Option 1: Oct. 8, Thurs. • CRN 19911
Option 2: Nov. 14, Sat. • CRN 19910
Insurance Fraud: A 21st Century Analysis
The only organization that is defrauded more than insurance is the IRS! This fast-paced, eight-hour CE course covers a wide range of laws and examples of fraudulent activities, claims, and incidents. The first step in preventing a loss is to avoid the risk. From avoidance through investigations, this course presents a number of examples of modern day fraud, often committed right here in the Mohawk Valley! (BR, C3, LAH, LB, LSB, LC, PA, PC; NYCR 254248)

Instructor: Don Reese
Sept. 12 • Sat. • 8:30 a.m.- 4:30 p.m. • Rome
CRN 19199 • $75

Insurance Regulations and NYS Licensees
This course covers the range of statutory and common law provisions which affect agents and insurers in 2017. From Producer Transparency laws to Fiduciary Responsibilities, the course covers a wide number of laws which impact the daily operation of agents, brokers and insurers, among others. (BR, C3, LAH, LB, LSB, LC, PA, PC; NYCR 254249)

Instructor: Don Reese
Oct. 31, Sat. • 8:30 a.m.-4:30 p.m. • Rome
CRN 19195 • $75

New York State of Health Insurance Coverage Analysis
A major part of the Patient Protection and Affordability Act, this eight-hour course covers every aspect of the operation of the health insurance exchange in New York from “metal levels” to subsidies. (BR, LAH, LB, LSB, LC, PC; NYCR 254250)

Instructor: Peter Carchedi
Oct. 3, Sat. • 8:30 a.m.-4:30 p.m. • Rome
CRN 19202 • $75

Patient Protection & Affordable Care Act: 2017 - What Happens Next
Easily the most controversial law passed by Congress in the last 10 years, it is still one of the most confusing. With changes in Washington D.C. politics, where do we go from here? Will New York State keep all of the provisions of the law? Who is going to pay for all of this? (BR, LAH, LB, LSB, LC, PC; NYCR 254230)

Instructor: Peter Carchedi
Oct. 17, Sat. • 8:30 a.m.-4:30 p.m. • Rome
CRN 19197 • $75

Preparing for the Worst: Disaster Insurance
We all know that disasters occur. It’s not “if” but “when.” Will your clients be ready? Will you be ready? Over eight hours, this course will cover risk management and disaster preparation from the view of a business as well as a family. This course will help to prepare you for times of emergency, and you will be better able to service your clients and customers. So, what’s your plan? This course provides eight CE hours of instruction. (BR, C3, PA, and PC; NYCR 237536)

Instructor: Don Reese
Oct. 24, Sat. • 8:30 a.m.- 4:30 p.m. • Rome
CRN 19586 • $75

Property Coverage: NYS Insurance Forms
For many New York residents, their most expensive purchase will be their home. As a result, you need to have a solid, detailed knowledge of real and personal property coverage(s) and exclusions. This course presents an updated analysis and review of the ISO Homeowner’s Property Coverage Forms. (BR, C3, PA, and PC; NYCR 266661).

Instructor: Don Reese
8:30 a.m.-4:30 p.m. • Rome • $75
Option 1: Sept. 19, Sat. • CRN 19908
Option 2: Oct. 29, Thurs. • CRN 19909

MVCC and ExamFX, Inc. now offer online insurance and securities courses and programs.

- Life and Health Insurance
- Property and Casualty Insurance
- Securities Industry Essential (SIE) Training
- A variety of continuing education courses

Study totally online and qualify to take a wide variety of insurance-related New York State exams, and benefit from our “Pass Guarantee.”

Enroll at www.examfx.com/mvcc to receive up to 12% off.
Strengthen, Sculpt, and Tone ONLINE
Strengthen and tone muscles using resistance bands, hand weights, paper plates, body weight, and a playground ball. This course is designed to increase physical strength, improve core strength and balance, and decrease body fat, giving your metabolism a boost! Bring hand weights, an exercise mat, and water to class.

Instructor: Linda Budlong, CPT, E-RYT 200, RYT 500
Online • Sept. 22-Dec. 3, Tues., Thurs. 5:30-6:30 p.m. • CRN 19929 • $110
No class Nov. 24, 26.

Toning with Tina NEW ONLINE
This class will sculpt, tone, and strengthen your entire body. Get moving with some low impact cardio, then work on upper and lower body strength exercises using light hand weights, soup cans, or other items from your pantry. Class will wrap up with some core work and stretching. All exercises will be either seated or standing (no floor work) and all levels are welcome.

Instructor: Tina Jones
Online • Sept. 21-Dec. 4, Mon., Wed., Fri. 9-10 a.m. • CRN 19336 • $145
No class Oct. 24, 26.

Gentle Flow Yoga ONLINE
Through this gentle yoga flow class, experience and explore focus, connection with your breath, mindful movement, balance, and restoration. Beginners are welcome. Modifications are suggested to meet the varied levels of each individual student. You’ll need a yoga mat and a small throw blanket for this class.

Instructor: Jeri George
Online • Sept. 24-Dec. 3, Thurs. 5:15-6:15 p.m. • CRN 19914 • $60
No class Nov. 26.

HIIT Yoga ONLINE
Get your heart rate up, trigger true cardiovascular optimization, burn calories and fat, and raise your metabolic rate. This class combines yoga and HIIT (High Intensity Interval Training) and provides you with signature moves designed for all levels. Work at your own pace and create an afterburn effect that lasts from 12 to 48 hours after the workout. So grab your mat and water bottle and join the fun.

Instructor: Kathy Bateman
Online • Sept. 22-Dec. 1, Tues. • 5:30-6:30 p.m. • CRN 19904 • $60
No class Nov. 24.

LaBlast NEW ONLINE
LaBlast is a life-changing dance fitness program that inspires the mind and transforms the body, while teaching the true skill of dance. Inspired by TV’s “Dancing with the Stars” and founded by Louis Van Amstel, this energizing dance fitness class blends ballroom dancing with the calorie-blasting properties of interval training.

Instructor: Pam Mustee
Online • Sept. 23-Dec. 2, Wed. • 5:30-6:30 p.m. • CRN 19916 • $60
No class Nov. 25.

LifeFit Yoga ONLINE
This yoga class focuses on connecting asanas (poses) with one’s breath, flowing from one asana to the next to build strength and flexibility, mental focus, balance, and peace in one’s mind, body, and spirit. Modifications are offered so that many levels of students can participate and truly begin their yoga journey to become LifeFit. Wear comfortable clothing and feel free to bring your own yoga mat.

Instructor: Kathy Bateman
Online • Sept. 23-Dec. 2, Wed. • 5:30-6:30 p.m. • CRN 19903 • $60
No class Nov. 25.

Pilates ONLINE
Learn the basic Pilates movements in a fun, non-judgmental, hands-on environment! Uniformly develop your body and mind through a specific approach that requires mental concentration, enhancing the mind-body connection. All Pilates exercises are taught adhering to the Six Traditional Principles: Concentration, Control, Physical Centering, Flowing Movement, Precision, and Breathing.

Instructor: Kathy Bateman
Sept. 21-Nov. 30, Mon. • 5:30-6:30 p.m. • CRN 19894 • $60 • No class Oct. 12.

Pilates 2 ONLINE
Build upon the basic Pilates exercises taught in Pilates 1. Deepen your knowledge of core exercises and challenge your inner core muscles. Learn Pilate push-ups, advanced plank work, and deep core exercises in a non-judge mental, hands-on environment. Dress to work out and bring a water bottle.

Instructor: Kathy Bateman
Online • Sept. 21-Nov. 30, Mon. • 6:30-7:30 p.m. • CRN 19918 • $60
No class Oct. 12.
Yin Yoga ONLINE
This class combines restorative poses with the yin practice. It’s a soothing, self-healing practice done mostly seated or lying down and is deeply relaxing. Bring a small pillow, blanket, yoga mat, and two yoga blocks.

Instructor: Linda Budlong, CPT, E-RYT 200, RYT 500
Sept. 21-Nov. 30, Mon. • 6:30-7:30 p.m. • Utica CRN 19931 • $69

Chair Zumba® NEW ONLINE
Looking for a class done entirely in a chair? Chair Zumba® incorporates movements taken from Latin dances like the merengue, salsa, and cha cha to create an exhilarating program that aims to improve overall energy, core stability, muscular strength, cardiovascular endurance, and motor skills. Don’t let the chair fool you, it’s a great workout with focus on core and upper body strength.

Instructor: Krista Worlock
Online • Sept. 22-Dec. 1, Tues. • 5:30-6:30 p.m.
CRN 19938 • $60 • No class Nov. 24.

Yoga Abs ONLINE
This class combines yoga and core strengthening moves. Our core is our center physically and emotionally. We will work on creating strong abs and a strong spine, which is essential for a healthy life. We will begin with a warm up yoga flow to prepare and strengthen our bodies. Then, get ready to work your core! All levels are welcome. Bring water, a yoga mat, and a yoga block.

Instructor: Linda Budlong, CPT, E-RYT 200, RYT 500
Online • Sept. 22-Dec. 1, Tues. • 6:45-7:30 p.m. • CRN 19893 • $69
No class Nov. 24.

Yoga Butt ONLINE
This class combines restorative poses with the yin practice. It’s a soothing, self-healing practice done mostly seated or lying down and is deeply relaxing. Bring a small pillow, blanket, yoga mat, and two yoga blocks.

Instructor: Linda Budlong, CPT, E-RYT 200, RYT 500
Online • Sept. 21-Nov. 30, Mon. • 5:30-6:15 p.m. • CRN 19898 • $69
No class Oct. 12.

In My Dwelling Circle NEW ONLINE
With the help of meditation, gentle movement and conscious breathing, you calm an anxious mind, release stress, restore balance to the body/mind, boost your immune system, and lift your spirit. In this yoga and meditation series, Andree will guide you through simple practices from different meditation traditions that can be practiced at home, anytime you wish to choose inner calm over fear and anxiety.

Instructor: Andree Baillargeon
Online • Sept. 23-Dec. 2, Wed. • 7:30-8:30 p.m.
CRN 19923 • $60 • No class Nov. 25.

Yoga Journeys (Nature Meditations and Creativity) NEW ONLINE
At its roots, yoga is inspired by shapes, rhythms, and patterns found in nature. We will dive into the body, mind, and spirit of this natural connection in order to tap into the wisdom of our breathing, thinking, moving body. Taking time for stillness, deep listening, and shaping of insights through creative journaling between words and images. You will need a journal and writing utensil.

Instructor: Andree Baillargeon
Online • Sept. 20-Dec. 6, Sun. • 4:30-5:45 p.m.
CRN 19935 • $70 • No class Oct. 11, Nov 29.
Pathway to Inner Peace Amidst Troubling Times

In this course, you’ll learn how to cool the fires that are raging and experience peace. Connect with inner peace and experience less suffering and turmoil and more happiness and joy. Although the world has become troubling, you can rise above it all, decrease and eliminate stress, extinguish the flames of anger, overcome sadness and depression. We will do this in bite size segments so that you can experience your own Pathway to Peace.

Instructor: Erick Price
Sept. 24-Oct. 29, Thurs. • 6-7 p.m.
Utica • $69

I • M • POSSIBLE (Yoga Meditations & Creativity for Self-Esteem)

Yogis refer to your best self as the authentic self, a state of being from which we cultivate our potential through self-respect, loving, kindness, and courage. Discover resources unique to you in this weaving of yoga, meditation, and creative expression. Take away insights to empower mindful action in everyday life. This class is open to all ages. Young adults are encouraged. Students must supply their own spiral bound mixed media pad (9x12), basic drawing materials, and a watercolor set.

Instructor: Andree Baillargeon
Online • Sept. 20-Dec. 6, Sun. • 2-4 p.m.
CRN 19934 • $95
No class Oct. 11, Nov. 29.

The Awakening Journey

Supercharge your mind, body, and spirit! Through a series of guided meditations, we will tap into your creative power, achieve a sense of clarity, and discover your vision so that you can set your unstoppable intention, momentum, and motivation for your best life. Awaken the “you” that’s been longing to be expressed.

Instructor: Erick Price
Guided Audio Format • Sept. 29-Nov. 3
Tues. • 6-7 p.m. • $69

Lose Weight Without Losing Your Mind

You don’t need a gym or pre-packaged food. You don’t need negativity or body shaming. What you need is a plan; a path that incorporates your mind, body, and spirit in an enjoyable journey that allows you to release weight, and let go of guilt, negative thoughts, and emotions. Learn the techniques, the tools you need, and learn to reprogram yourself to reach your ideal size, shape, and weight in a way that is easy and enjoyable for you.

Instructor: Erick Price
Guided Audio Format • Oct. 14-Nov. 18, Wed. • 6-7 p.m. • $69

Smoking Cessation: Better Health Through Hypnosis

Nov. 19 is the Great American Smoke Out! Now is the time to quit smoking with a program that has had outstanding success. All that is needed is to have a sincere desire to end your smoking habit for good. Experience a light trance state of focused concentration and relaxation and stop watching your life go up in smoke.

Instructor: Erick Price
Online • Nov. 19, Thurs. • 6-8 p.m. • $19

Weight Loss: Better Health Through Hypnosis

Obesity is at an all-time high in America and people are searching for solutions. Learn the principles of being able to respond to your appetite properly and put an end to overeating. Experience a light trance state and the power of focused concentration and relaxation to fast-track these changes in your lifestyle.

Instructor: Erick Price
Online • Nov. 12, Thurs. • 6-8 p.m. • $19

Breathe Better, Live Longer

Learn breathing techniques that are tools for major transformation and healing. Relieve mental, physical, and emotional stress and tension. Increase energy, health, and wellbeing in minutes. This experience may help protect against disease, balance emotions, reduce blood pressure, slow the aging process, and bring peace into each day.

Instructor: Erick Price
Nov. 10-Dec. 15, Tues. • 6-7 p.m. • Utica • $69
Basics of Homeschooling NEW ONLINE
Are you curious about homeschooling? Join Kalee from Sowing Seeds Youth Community to learn the basics. Kalee will delve into what homeschooling is and what it isn’t, talk about some common misconceptions, explain different approaches to homeschooling, and explain the requirements and procedures involved in homeschooling as well as available resources. Whether you are just curious or seriously thinking about homeschooling, this workshop is the place to start!

Instructor: Kalee Clark
Various Formats • $35
Utica: Oct. 3, Sat. • 10 a.m.-noon • CRN 19943
Online: Oct. 7, Wed. • 5:30-7:30 p.m. • CRN 19946

Coaching Your Kids through Cyber-Schooling NEW ONLINE
This class is meant to support you, build your confidence in your ability to help your child navigate online learning, and be successful this school year. You’ll learn ways to supplement and reinforce what is being taught online. You’ll also better understand the tools, platforms, and resources most commonly used. This class is taught by a local school teacher who will share their unique view, offer tips and tricks, and be there to answer your most important questions!

Instructor: Amanda Barton
Various Formats • $35
Online: Sept. 26, Sat. • 10 a.m.-noon • CRN 19939
Online: Oct. 14, Wed. • 6-8:30 p.m. • CRN 19948
Utica: Oct. 24, Sat. • 10 a.m.-noon • CRN 19954

The Teen Brain NEW ONLINE
One of the most turbulent periods in brain development occurs during adolescence. Understanding these complex changes can help calm the rough seas of the teen years and provide your teen with support that will promote better decision-making, better mental health, and better outcomes at school. Learn how the teen brain is developing and identify behaviors and attitudes that are influenced by these changes. Then learn to offer constructive strategies for establishing a better understanding of and communication with your amazing teen.

Instructor: Julie Coates
Online • Sept. 8-Oct. 2 • CRN 19878 • $145

Creating Community and Social Change NEW ONLINE
From elected officials to the CEO of Apple, leaders are now urging people in the workplace and community to participate in community and social change to help improve communities and society. Discover how social change happens, and doesn’t, and how you can influence change. Then explore working within an established organization versus creating your own group for change. Finally, learn different change strategies and techniques to highlight issues and improve your community and society for all.

Instructor: Lisa Barrow
Online • Nov. 2-27 • CRN 19890 • $195

Beyond Raising Awareness: Strategy and Evaluation of Advocacy Efforts NEW ONLINE
Raising awareness is not enough! Social change is baked into the work of many mission-driven organizations, but is it effective? Do you know if your efforts are working? This course is designed to support staff of nonprofit organizations in using planning and evaluation tools to increase the effectiveness of social change advocacy campaigns. Students will be guided through case studies, planning tools, and evaluation methods specific to advocacy work. This course will emphasize strategy and evaluation.

Instructor: Myia Welsh
Online • Oct. 5-30 • CRN 19886 • $195

Spongetta’s Garden: Flower Design for Beginners NEW ONLINE
Ever bring home flowers and not know what to do with them? Learn to use design principles to bring out the best in your bouquet along with flower care and how to choose the right varieties for cutting. We will fill a vase stem-by-stem using greenery to create structure and practice how to layer the blooms. Fee includes flowers and vase. Supplies for online class can be picked up the day before class at MVCC.

Instructor: Betsy Busche
Various Formats • 5:30-7 p.m. • $59
Online: Sept. 30, Wed. • CRN 19441
Utica: Oct. 1, Thurs. • CRN 19942
Self-Reliance Series NEW ONLINE
Have recent events caused you to think more and more about the need to be self-reliant lately? Wondering where to start, or if this is really for you? Join our experts to get a basic introduction to several self-reliance topics. Learn what aspects interest you the most along with simple and practical steps you can take to start your journey towards self-reliance.

Gardening for Self-Reliance
Instructor: Amanda Barton, Sunset Hill Farms
Online • Nov. 7, Sat. • 1-2:30 p.m. • CRN 19958 • $39

Food Preservation
Instructor: Amanda Barton, Sunset Hill Farms
Online • Nov. 14, Sat. • 1-2:30 p.m. • CRN 19959 • $39

Fall Herbs for Winter Health
Instructor: Lisa Fazio, The Root Circle
Online • Nov. 21, Sat. • 1-2:30 p.m. • CRN 19960 • $39

Raising Livestock
Instructor: Dave Nackley, Sheep R-oor
Online • Dec. 5, Sat. • 1-2:30 p.m. • CRN 19961 • $39

Living Off the Grid
Instructor: Todd Behrendt
Online • Dec. 12, Sat. • 1-2:30 p.m. • CRN 19962 • $39

Digital SLR – Understanding Your Digital Camera ONLINE
Today’s digital SLR and mirrorless interchangeable lens cameras (MILC) are as complex as they are powerful. Learn how to use your camera beyond the automatic setting and start making better photos. Award-winning photographer Chris Murray will teach about exposure, histograms, white balance, file formats, and many other settings found on digital cameras. Please bring your camera and manual to class. This class can be viewed at chrismurrayphotography.com.

Instructor: Chris Murray
Online • Oct. 10, Sat. • 10 a.m.-2 p.m. • CRN 19701 • $75

The Keys To Making Beautiful Photographs NEW ONLINE
Learn how to make better photos with an emphasis on landscape photography with the various camera functions found on digital cameras. We also will spend time learning about composition and equipment. There will be time to practice newly learned principles and techniques. This course is intended for those who own a digital or film SLR camera. Please bring your camera and manual to class.

Instructor: Chris Murray
Oct. 31, Sat. • 9 a.m.-3 p.m. • Utica
CRN 19957 • $85

Introduction to Fiction Writing NEW ONLINE
Designed specifically for those with little to no fiction writing experience, this class will help you find your pathway towards your fiction writing goals. Learn the basic building blocks of story — character, plot, and setting — then find out the different forms of fiction writing and some of the genres you might like to explore. You will complete the course with the skills you need to get started. Create a new work of fiction or revive an old one that’s been sitting in your bottom drawer.

Instructor: Travis Allison
Online • Sept. 8-Oct. 2 • CRN 19880 • $195

Get Paid To Talk
This workshop is an upbeat and realistic introduction to voice acting. You will learn the types of voiceovers, what it’s like to work in a studio, in-demand voice types, where to find opportunities close to you, and industry pros and cons. You will have an opportunity to record a voiceover for playback at the end of class.

Instructor: Matt St. Croix
Various Formats • 6-9 p.m. • $49
Online: Sept. 22-24, Tues., Thurs. • CRN 19937
Utica: Oct. 6-8, Tues., Thurs. • CRN 19945
Beginning Conversational Spanish NEW ONLINE
Designed for beginners, you will practice the basic building blocks of the language and learn enough vocabulary and grammar for simple conversations. Whether you speak some Spanish and need a refresher, or don’t speak any Spanish, you will complete the course with the skills to communicate in Spanish.

Instructor: Cristina Sempé
Online • Sept. 8-Oct. 30 • CRN 19879 • $290

Speed Spanish NEW ONLINE
Imagine yourself speaking, reading, and writing Spanish. This course is designed for anyone who wants to learn Spanish pronto. You will learn six easy recipes for gluing Spanish words together to form sentences. This class is online and instructor-led. To enroll visit ed2go.com/mvcc. Other date options available.

Instructor: Dan Mikels
Online • Sept. 16-Oct. 28 • $99

Arabic Language I ONLINE
This beginner course will introduce you to the Arabic language. You will learn basic vocabulary and reading and writing skills. Topics covered will be work, cooking, home life, pets, travel, family, weather, and friends. By the end of class you will have mastered basic communication skills!

Instructor: Samah Salem
Various Formats • 6-7:30p.m. • $79
Utica: Sept. 29-Oct. 27, Tues. • CRN 19927
Online: Oct. 1-29, Thurs. • CRN 19928

Arabic Language II ONLINE
If you have a basic foundation in Arabic language and want to expand your skills, this class is right for you! Learn more vocabulary, and perfect your reading and writing skills through hands-on activities. Practice your conversational skills and build your confidence in communicating in the Arabic language.

Instructor: Samah Salem
Various Formats • 6-7:30 p.m. • $79
Utica: Nov. 2-Dec. 7, Mon. • CRN 19474
No class Nov. 23.
Online: Nov. 5-Dec. 10, Thurs. • CRN 19899
No class Nov. 26.

Introduction to Armenian Language
Learn the Armenian alphabet and how to communicate basic information about yourself. Topics will include basic greetings, family, weather, time, and food. Armenian culture and history also will be included in each session.

Instructor: Wayne Seifried
Sept. 23-Nov. 11, Wed. • 6-8 p.m. • Utica • CRN 19892 • $99

Introduction to Azerbaijani Language NEW
Salam! Study Azerbaijani, a Turkic language, spoken by about 23 million people in the former Soviet Republic of Azerbaijan, Iran, and nearby countries! In this class, you will learn basic conversational Azerbaijani and explore the history and culture of the Azerbaijani people. This class is made possible by support from the Department of State Program for Research and Training on Eastern Europe and Eurasia (Title VIII).

Instructor: Wayne Seifried
Oct. 20-Dec. 8, Wed. • 6-8 p.m. • Utica • CRN 19952 • $99

Introduction to Braille ONLINE
Come and learn the basics of reading and writing braille! This class will teach you the braille alphabet and various short-form contractions. Upon completing this course, you will have an idea of what it is like for a visually impaired braille-user to read and write. Students need to download free PerkyDuck Software.

Instructor: Valerie Warmuth
Online • Oct. 7, Wed. • 6-8 p.m. • CRN 19667 • $25

Math, But in Braille! ONLINE
Have you ever wondered what math operations look like in braille? Here’s your chance to find out! You will learn basic Nemeth Code as it is used to transcribe math into braille. Come and see how braille is used to navigate the mathematical world around us one dot at a time! Students need to download free PerkyDuck Software.

Instructor: Valerie Warmuth
Online • Oct. 14, Wed. • 6-8 p.m. • CRN 19905 • $25

Sign Language for Beginners
This course presents an overview of deaf culture and will provide basic sign vocabulary and conversation protocol, including colors, numbers, letters, family members, and animals. You will use games, videos, and conversation to learn these important skills. Textbooks included.

Instructor: Deborah Pardi
Oct. 6-Nov. 12, Tues., Thurs. • 6-7:30 p.m. • Utica
CRN 17774 • $99
**Instant Guitar for Hopelessly Busy People** **NEW** **ONLINE**

In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won’t have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. You will need an acoustic guitar for this class. Class limited to 15 students. Ages 13+. Fee includes the online book and online follow up videos.

**Instructor:** Charles Wilson  
**Online • Oct. 28, Wed. • 6:30-9 p.m.**  
**CRN 19956 • $59**

**Instant Piano for Hopelessly Busy People** **NEW** **ONLINE**

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. While regular piano teachers teach note reading, piano professionals use chords, and you can learn all the chords you’ll need to play any simple song in this one session. You’ll want to have access to a piano or keyboard for portions of this class, which is partly lecture demonstration and partly hands-on instruction. Fee includes the online book and online follow-up videos.

**Instructor:** Charles Wilson  
**Online • Oct. 21, Wed. • 6:30-9:30 p.m.**  
**CRN 19953 • $59**

**Intro to Drums** **ONLINE**

If you have always wanted to learn drumming, this course is for you! This course is for adult beginners and will teach you the rudiments to becoming a great drummer. You’ll learn stick handling, how to read music, and get lots of practice. By the end of this course, you’ll be able to wow your friends and family with your new skills! Please bring your own drumsticks and practice pad.

**Instructor:** Jeremy Schor  
**Various Formats • $79**  
**Utica: Oct. 8-29, Thurs. • 5:30-7 p.m.**  
**CRN 19675**  
**Online: Nov. 7-Dec. 5, Sat. • 11 a.m.-12:30 p.m.**  
**CRN 19895 • No class Nov. 28.**

**Confrontation Management Management Clinic** **ONLINE**

This Failsafe Method clinic will cover methods the average person can utilize to avoid, manage, and survive potentially violent encounters. It will include a strong focus on behavioral and verbal skills often overlooked but that are highly effective in improving your confidence and competence when dealing with confrontations in your everyday life. Experience is something most people gain shortly after they need it. Be proactive and get your experience before you need it. No experience required; ages 12+.

**Instructor:** Tom Arcuri  
**Online • Nov. 6, Fri. • 6-8 p.m. • CRN 19921 • $35**

**Failsafe Method Self-Defense** **ONLINE**

These Failsafe Method clinics will cover the most common scenarios a law-abiding citizen may face in their everyday life. The class will focus on highly effective and efficient methods the average person can utilize to avoid, manage, and survive potentially violent encounters. Experience is something most people gain shortly after they need it. Be proactive and get your experience before you need it.

**Instructor:** Tom Arcuri  
**Option 1: General Self-Defense for Teens and Adults (Ages 13+)**  
**Online • Sept. 25, Fri. • 6-8 p.m. • CRN 19920 • $35**  
**Option 2: Senior Self-Defense**  
**Online • Oct. 13, Tues. • 2-4 p.m. • CRN 19484 • $35**

**Weapons Protection Clinic** **ONLINE**

This FailSafe Method clinic will cover avoiding, managing, and surviving armed assailant scenarios. Topics covered are edged weapons (knives, etc.), bludgeons (club, etc.) and firearms. Participants will develop a greater understanding and awareness of these weapons and will learn critical decision-making skills for active shooter, mugging, and intimidation scenarios. Experience is something most people gain shortly after they need it. Be proactive and get your experience before you need it. No experience required; ages 12+.

**Instructor:** Tom Arcuri  
**Online • Oct. 2, Fri. • 6-8 p.m. • CRN 19919 • $35**

**Defensive Driving**

This program offers the benefits of a 10% insurance discount and up to four points off your driving record. The program emphasizes safe and defensive driving techniques for drivers of all ages and skill levels, including those with a driver’s permit. Bring a license or permit to class, as well as a lunch. Students are required to be on-time and stay until the completion of class. This course is offered in partnership with the Oneida County Traffic Safety Department.

**Various Locations • Sat. • 9 a.m.-4 p.m. • $40**  
**Rome: Sept. 12 • CRN 16430**  
**Utica: Nov. 7 • CRN 17645**  
**Rome: Dec. 12 • CRN 16435**
Saturday Morning Series

You’ve worked hard all week, why not reward yourself on Saturday with a little laid-back fun! Join your favorite instructors for a variety of different activities from music, yoga, STEAM, Harry Potter, arts and crafts, and more. The best part is...you get to pick what classes you want more of. New classes will be created and posted on our website each month. Check out the October line-up below, and come tell us your ideas for November!

Creative Drumming with Samah! ONLINE

Supplies needed: A real drum or anything you have on hand that you think would make a good drum! Try buckets, cans, water jugs, or tabletops. Ages 5-10.

Instructor: Samah Salem
Online • Oct. 24, Sat. • 10-11:30 a.m.
CRN 19959 • $18

Arts and Crafts with Samah! NEW ONLINE

Supplies needed: gather all the art supplies you have at home like crayons, markes, tape, glue, paint, paper, rubber bands, cotton balls, popsicle sticks, and more! Ages 3-9.

Instructor: Samah Salem
Online • Oct. 3, Sat. • 10-11:30 a.m.
CRN 19944 • FREE!

Harry Potter STEAM ONLINE

Learn about aspects of STEM + art in the Wizarding World! A supply list will be sent after registering for this class. Ages 6-12.

Instructor: Kitrina Finlayson
Online • Oct. 17, Sat. • 10-11:30 a.m. • CRN 19951 • $18

Fall Owl Painting with Cristen! NEW ONLINE

Supplies needed: Large and small paint brushes, 8x10 canvas or paper, cup of water, paper towels, paper plate, and the following paint colors: brown, red, blue, white, orange, and black. Ages 2-6.

Instructor: Cristen Gallup
Online • Oct. 10, Sat. • 10-11:30 a.m.
CRN 19947 • FREE!
JUNIOR HAWKS AND BEYOND

All About Voting! NEW ONLINE
Join us in learning about the parties, the process, and the importance of voting! We will explore not only how to vote, but how to research who is running for offices as well as what each office does. We will talk about the importance of this civic duty and your freedoms. This will be a neutral class where we will discuss the two-party system and many of the points that each party stands for. This class is perfect for those who want to make sure they are making well-informed decisions when they vote in November! For ages 18+.

Instructor: Cristen Gallup
Various Formats • Sat. • $35
Online: Oct. 17 • 1-3 p.m. • CRN 19949
Utica: Oct. 17 • 9 a.m.-noon • CRN 19950

I • M • POSSIBLE (Yoga Meditations and Creativity for Self-Esteem) NEW ONLINE
Yogis refer to your best self as the authentic self, a state of being from which we cultivate our potential through self-respect, loving, kindness, and courage. Discover resources unique to you in this weaving of yoga, meditation, and creative expression. Take away insights to empower mindful action in everyday life. This class is open to all ages. Young adults are encouraged. Students must supply their own spiral bound mixed media pad (9x12), basic drawing materials, and a watercolor set.

Instructor: Andree Baillargeon
Online • Sept. 20-Dec. 6, Sun. • 2-4 p.m. • CRN 19934 • $95
No class Oct. 11, Nov. 29.

Babysitting: Let’s Refresh NEW ONLINE
Need a refresher on important tips and tricks to remember when you’re babysitting? If you’ve taken the Red Cross babysitting class, then this is a great refresher course for you. Can’t remember how to change a diaper? Nervous about interviewing the parents? We will go over safety concerns both in and out of the home when you’re with the kids, discuss age-appropriate games and ways to take care of young kids, and refresh on how to set your rates, talk with potential clients, and your responsibilities as a babysitter. Most importantly, now that you’re babysitting, let’s answer any questions you may have! Ages 11+.

Instructor: Cristen Gallup
Online • Sept. 26, Sat. • 1-3 p.m. • CRN 19940 • $40

Middle and high school students can enroll in a unique program that helps them start and run their own company or social movement. Join us in our ninth year as we help students turn passion into profit, meet new friends and gain immeasurable skills. Classes take place at MVCC Utica Campus* on Wednesdays from 4:30 to 7:30 p.m. from Oct.-May (no class over school breaks).

Learn more: mvcc.edu/YEA
*depending on COVID-19 guidelines this fall, a portion of classes may be virtual
Prepping for the SAT ONLINE
Topics of study and review include mathematical concepts, including arithmetic, algebra, and trigonometry; grammar and punctuation; reading comprehension; essay writing; and special standardized test-taking tips. Course participants are given the opportunity to put their new skills into practice using an official SAT. Purchasing the Official SAT Study Guide 2020 Edition is recommended but not required.

Online • Oct. 5-Nov. 6 • CRN 18376 • $250

SAT Quick Prep
Sharpen your skills and test-readiness in just two sessions and get real SAT practice, question analysis, answering tactics, and study plans for math, reading, vocabulary, written expression, and essay writing. Bring pens and a scientific or graphing calculator.

Instructor: Kelly Paul
Oct. 21-28, Wed. • 5-7:30 p.m. • Utica • CRN 18324 • $49

SAT Review
Develop the skills you need to do your best on the SAT. This course addresses all sections of the test including reading comprehension, grammar and language, math, and essay writing. Bring pens and a scientific or graphing calculator.

Instructor: Kelly Paul
Oct. 13-22, Tues., Thurs. • 5-7:30 p.m. • Utica • CRN 19234 • $89

Prepping for the ACT ONLINE
Topics of study and review include mathematical concepts, including algebra, geometry and trigonometry, grammar and punctuation, reading comprehension, essay writing, data analysis for the science test, and general standardized test-taking tips. Required Text: ACT for Dummies, 6th Edition (by Lisa Zimmer Hatch and Scott Hatch) and The Real ACT Prep Guide, 3rd Edition.

Online • Oct. 5-Nov. 6 • CRN 18372 • $250

Prepping for the GMAT ONLINE
This course provides comprehensive instruction on how to complete both the verbal and quantitative sections of the GMAT, offering a thorough review of test-taking techniques and methods for improving scores on each of the four sections of the test. This course also includes a discussion of MBA programs, application procedures, and graduate school survival techniques. Required Text: GMAT For Dummies, 2020 Edition (by Lisa Zimmer Hatch and Scott Hatch).

Online • Oct. 5-Nov. 6 • CRN 18373 • $250

Prepping for the GRE ONLINE
This course offers a comprehensive study of the quantitative reasoning, verbal reasoning, and analytical writing sections of the GRE. As a student in this course, you will be able to utilize numerous examples of test questions from recent years, in addition to gaining access to answers, explanations, and general time-saving techniques. Required Text: Official Guide to the GRE Revised General Test (by Educational Testing Service).

Online • Oct. 5-Nov. 6 • CRN 18374 • $250

Prepping for the LSAT ONLINE
This course offers a thorough overview of the three main question types found on the LSAT: analytical reasoning, logical reasoning, and reading comprehension. Taught by practicing attorneys, this course also utilizes actual LSAT exams from recent years and provides an insider’s perspective on law school admissions and the legal profession as a whole. Required Text: LSAT For Dummies, current edition.

Online • Oct. 5-Nov. 6 • CRN 18375 • $250
## NON-CREDIT REGISTRATION (FAX OR MAIL-IN)

**Fax Registration to: 315-792-5682**
- For Visa, MasterCard, and Discover use only.
- Please type or print.
- Only one student may register per form.
- Photocopy this form for additional students.

**Mail or drop off registration to:**
Mohawk Valley Community College  
Center for Corporate and Community Education  
1101 Sherman Drive, Academic Building room 166  
Utica, N.Y. 13501  
315-792-5300

All fields containing an (*) asterisk must be completed in order to be processed.

### * Registrant Information

* Male  Female  Other

<table>
<thead>
<tr>
<th>* Last Name</th>
<th>* First Name</th>
<th>MI</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>* Date of Birth</th>
<th>Preferred First Name</th>
<th>Previous Maiden Name</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>* Address</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>* City</th>
<th>* State</th>
<th>* Zip Code</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>(If a minor) Parent Last Name</th>
<th>* First Name</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>* Cell Phone</th>
<th>Home Phone</th>
<th>Business Phone</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>* Email Address</th>
</tr>
</thead>
</table>

### * Course Information

<table>
<thead>
<tr>
<th>CRN</th>
<th>Course Name</th>
<th>Start Date</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

- □ Credit Card  
- □ Visa  □ Discover  □ Mastercard

<table>
<thead>
<tr>
<th>Name on Card (print)</th>
<th>Signature</th>
<th>Date</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Credit Card Number</th>
<th>Expiration Date</th>
<th>VRN (3 digit code on back)</th>
</tr>
</thead>
</table>

- □ Check  □ Money Order
LEARN TO RIDE AT MVCC

MVCC continues its relationship with Go Motorcycling, Inc. as Central New York’s headquarters for award-winning motorcycle rider training. The ride starts here! Whether you are brand new to motorcycling or have been riding for a while, there’s a licensing course for you!

3-Wheeled Basic RiderCourse!
The 3WBRC is an entry-level course comprised of eight hours of interactive classroom learning and about eight hours of hands-on riding instruction on automatic transmission 3-wheeled motorcycles (two wheels in front and one in back).

Students may provide their own trike-style (one wheel in front; two in back) motorcycle for training, but the non-subsidized full tuition of $275 will apply. You will need to call our office to enroll if using your own motorcycle.

Your successful completion qualifies you for a three-wheeled Motorcycle License Road Test Waiver of the NYS DMV Road Test. Your licensing document will restrict you to three-wheeled motorcycle operation.

Basic RiderCourse (BRC)
The BRC consists of five hours of interactive classroom learning and at least 10 hours of hands-on riding instruction. This course provides the beginning motorcyclist with the basic mental and physical riding skills necessary to minimize risk on the street. Motorcycles and helmets are provided. Successful participants will receive a motorcycle road test waiver.

Basic RiderCourse 2 for License Waiver (BRC2-LW)
The BRC2-LW is designed for individuals 18 years or older that already have some street riding experience and have held a valid New York State Motorcycle Permit for at least one riding season. The course consists of a three-hour online eCourse, two hours of classroom instruction, and approximately five hours of practice riding exercises on your own street-legal motorcycle or scooter. The riding exercises conclude with a skills evaluation. Successful participants will receive a motorcycle road test waiver.

Introductory Motorcycle Experience (IME)
The Introductory Motorcycle Experience (IME) is just two hours long and the class size is small – just three participants! The IME is a program to get familiar with the primary controls of a motorcycle. The IME is a taste of riding without a big investment of time or money.

Basic RiderCourse 2 for Skills Practice (BRC)
The BRC2 is a half-day class for experienced riders who already have their motorcycle endorsement. Using your own motorcycle, you’ll practice techniques for managing traction.

MSF RiderCoach Preparation Course (R CPC)
Are you a “people person?” Do you love motorcycling? Are you committed to riding safely? Maybe you’d like to join the Go Motorcycling family of MSF-certified RiderCoaches. Each RCP lasts eight days.

For more information or to enroll, visit gomotorcycling.net or call Go Motorcycling, Inc. at 315-858-3321.
Mohawk Valley Community College
THE RIGHT CHOICE FOR YOUR
REAL ESTATE CAREER.

REAL ESTATE LICENSING
EDUCATION & CE

EDUCATION THAT FITS YOUR SCHEDULE
No two students are exactly alike. That’s why we offer these unique course delivery formats.

LIVE ONLINE
Virtually attend live classes held by one of our certified instructors.

ON DEMAND
Pre-recorded instructor-led video courses, available 24/7/365.

REGISTER HERE:
2. Click on the button to Browse Courses
3. Follow the steps to add the product to the cart or schedule class and check out
4. For any questions please contact our Student Support Team at 800-636-9517

INSTRUCTOR-LED ONLINE SHORT COURSES
Our instructor-led online courses are informative, fun, convenient, and highly interactive. We focus on creating warm, supportive communities for our learners. New course sessions begin monthly, are project-oriented and include lessons, quizzes, hands-on assignments, discussion areas, supplementary links, and more.

ONLINE CAREER TRAINING PROGRAMS
Prepare for employment in some of today’s hottest careers with a comprehensive, affordable, and self-paced online Career Training Program. You can begin these Programs at any time and learn at your own pace. Upon successful completion of all required coursework, you will receive a Certificate of Completion.

Categories Include:
• Accounting and Finance
• Business
• Computer Applications
• Computer Programming
• Construction and Trades
• Health and Fitness
• Hospitality
• Information Technology

JUMP START YOUR CAREER OR FIND A NEW ONE!
Visit our website for program details!

categories include:
• Arts and Design
• Business
• Computer Applications
• Computer Programming
• Construction and Trades
• Health and Fitness
• Hospitality
• Information Technology

JUMP START YOUR CAREER OR FIND A NEW ONE!
Visit our website for program details!

careertraining.ed2go.com/mvcc
ed2go.com/mvcc

Online Learning
anytime, anywhere... just a click away!

Visit our website for program details!
CANCELLATION/REFUND POLICY

As decisions to run non-credit classes are based on enrollment, reimbursements for canceled registrations will be made as follows:

• 100% refund: withdraw three or more business days before class begins

• 50% refund: withdraw two days or less before class begins (for classes costing less than $20, your refund is tuition minus a $10 fee)

• Consideration for withdrawal requests after the first class session must be made in writing to the Center for Corporate and Community Education. CCED is dedicated to customer satisfaction. Please call 315-792-5300 with questions and concerns.

Security Guard Course Cancellation Policy: Students will be entitled to a 100% refund at any time prior to the start of instruction. 16-hour OJT course: Student will be entitled to a 50% refund if the student cancels after the start of instruction, but before the start of the second eight-hour block of instruction. A DCJS-approved security guard training school cannot assess any non-refundable registration fees, deposits, or cancellation fees.

Inclement Weather/Class Cancellations: If MVCC campuses close, all non-credit CCED classes are canceled as well. Please monitor local media outlets and when in doubt, call our office at 315-792-5300 or visit mvcc.edu.

Did you know that we can train employees at YOUR location? Contact 315-792-5300 for more information on customized corporate training options!

Sign up early to avoid having classes canceled! To avoid any inconvenience to students and instructors, if we do not have a minimum number of students enrolled ONE WEEK before the class is scheduled to start, we must cancel the class.

Do you have an idea for a new course? We’re always looking for new classes and new instructors. If you have an idea for a course that’s not in our catalog, contact Carolyn DeJohn at cdejohn@mvcc.edu.
MVCC offers transfer and career pathways with over 90 degree and certificate programs. In uncertain times, you need stability, support, and value you can rely on. College can be expensive, but doesn’t need to be! Our two years are the four-year’s first two years, but for a fraction of the cost. More at mvcc.edu/value.

All courses and events will comply with federal, state, and county guidelines, along with the MVCC Responsible Restart Plan, in order to keep our students, employees, and community safe. https://mvcc.edu/restart
EDUCATION THAT WORKS

...for your WALLET
Quality education at an affordable price. At $4,594, our tuition is among the lowest in New York State, helping you save tuition dollars whether you plan to transfer to a four-year college or jump right into a career. And we will help you pay for your education — the MVCC Foundation awards more than $293,000 in scholarships each year to all types of students.

...for your PATH
Diverse majors in high-demand fields. Dedicated student support advisors help you consider possible careers, explore our programs, and develop your academic plan. We offer one of SUNY's most comprehensive arrays of academic programs, ranging from Engineering to Culinary Arts, Cybersecurity to Fine Arts, Education, and Health Care.

...for CAREER and TRANSFER
Explore career options with specialists who can help guide you with tools to plan your education based on your interests. Agreements with four-year colleges and universities make transferring a breeze. Get connected with applied learning opportunities through internships with local industry and business.

... for the full college EXPERIENCE
On-campus housing, a winning athletics program, and active student clubs provide the full college experience. Our small, inclusive campus community is welcoming and supportive of all students, whether you live across the street or across the globe. Small class sizes allow you to get to know your classmates, instructors, and coaches.

...for your WALLET
Quality education at an affordable price. At $4,594, our tuition is among the lowest in New York State, helping you save tuition dollars whether you plan to transfer to a four-year college or jump right into a career. And we will help you pay for your education — the MVCC Foundation awards more than $293,000 in scholarships each year to all types of students.
MVCC has more than 170 transfer agreements with four-year colleges and universities, and most accept all credits from our programs. Many colleges have scholarships specifically for students transferring from MVCC.

Some of our most popular transfer colleges:
- Binghamton University
- Cazenovia College
- Clarkson University
- Cornell University
- LeMoyne College
- Nazareth College
- Rochester Institute of Technology
- Rensselaer Polytechnic Institute
- St. John Fisher College
- SUNY Albany
- SUNY Brockport
- SUNY Buffalo
- SUNY Cortland
- SUNY Polytechnic Institute
- SUNY Oswego
- SUNY Plattsburgh
- SUNY Potsdam
- Syracuse University
- Utica College

Plan your path
Some of our most popular transfer programs:
- Art
- Business Administration
- Computer Science
- Criminal Justice
- Digital Animation
- Education
- Engineering
- Graphic Design
- Human Services
- Liberal Arts and Sciences
- Psychology
- STEM
Choose from certificate programs that lead to job readiness in specific fields, or degree programs that prepare you for direct entry into the workforce.

- Accounting
- Aircraft Maintenance
- Business
- Computer Aided Drafting
- Culinary Arts Management
- Cybersecurity
- Electrical Service Technician
- Entrepreneurship
- Graphic Arts
- Health Care
- Human Services
- Law Enforcement and Public Safety
- Mechatronics
- Remotely Piloted Aircraft Systems (drones)
- Welding

18:1 Student/Faculty Ratio
Discover majors and in-demand careers based on your interests with Career Coach! Take the assessment at mvcc.edu/careercoach.

Our Career Services Office has educational planning tools that assess your interests and match them with jobs so you can make informed decisions about your educational and career goals. We help you build your resume and cover letter, ace your job interviews, and connect with regional employers.

Experience real-world workplaces through applied learning opportunities, including internships, field experiences, and job shadowing programs. Earn college credit while gaining valuable experience in your field.

LEAD TO JOB READINESS

HANDS-ON EXPERIENCES

CAREER FAIRS BRING EMPLOYERS RIGHT TO YOU ON CAMPUS!
APPLY

Fill out our free application for admission online at mvcc.edu/apply.

Visit our campus at your convenience! Learn more at mvcc.edu/visit or call 315-792-5354 to schedule a tour. Or take a virtual tour at mvcc.edu/tour.

Check us out!

You will receive an acceptance packet that includes your acceptance letter, information about the College, and your Admissions Reservation Form. Please return this form as soon as possible to ensure smooth enrollment. No deposit fee required! Follow the steps included in your packet to complete your enrollment.

Financial Aid

More than 70 percent of MVCC students receive financial aid to help fund their education.

FAFSA: Fill out the Free Application for Federal Student Aid (FAFSA) today. Go to fafsa.ed.gov. MVCC’s FAFSA code is 002871.

NYS TAP: Many New York State residents are eligible for the Tuition Assistance Program (TAP). Go to tapweb.org. MVCC’s TAP code is 2105.

Need help? Call the Financial Aid Office at 315-792-5415 or visit mvcc.edu/financial-aid.

MVCC for free?

You might be eligible to earn your MVCC degree tuition-free through New York State’s Excelsior Scholarship, which ensures that NYS students have access to a quality education and the skills they need to succeed. If you are a New York State resident and plan to complete 30 credits per year, you may be eligible.

Visit mvcc.edu/excelsior to find out!

Did you know?

You can chat live with an Admissions counselor at mvcc.edu/admissions.
A quality education that won’t break the bank!

### MVCC tuition: $4,594

At $4,594 per year, our tuition is among the lowest in New York State, paving the way to less student loan debt — even if you plan to transfer to a four-year college or university. See for yourself:

- **MVCC**
  - Tuition: $4,594
  - Approximate fees: $906
  - Room/Board: $9,845
  - Books/Supplies: $1,500

- **Community college average**
  - Tuition: $4,700
  - Fees: $725
  - Room/Board: $10,430
  - Books/Supplies: $1,500

- **SUNY 4-year college average**
  - Tuition: $6,870
  - Fees: $1,630
  - Room/Board: $13,310
  - Books/Supplies: $1,500

- **Private 4-year college average**
  - Tuition: $50,200
  - Fees: $1,625
  - Room/Board: $15,550
  - Books/Supplies: $1,500

### Scholarships

MVCC will help you pay for your education! The Foundation awards 425+ scholarships every year, amounting to more than $293,000. There are scholarships for all types of students. Learn more at mvcc.edu/scholarships.

- **MVCC Presidential Scholarship:** Oneida County’s top high school graduates go to MVCC for free!*  
  - *Less TAP and up to $500 of PELL.

Note: All costs for 2019-20 academic year.
EXPERIENCE THAT WORKS

The full college experience

We take pride in our traditional on-campus living program, which fosters a living/learning environment that helps you grow academically, personally, socially, and culturally. Together, with other students, you’ll learn the importance of cooperation, tolerance, sensitivity, civility, and respect. Academic-themed programming provides the tools necessary to achieve your greatest potential.
Get involved

Student clubs help you connect with other students and be a part of the college community. We have more than 50 clubs for a variety of interests, including Criminal Justice, Drama Cub, Gender Sexuality Alliance, International Club, Black Student Union, Student Nurses’ Organization, and Strategic Gaming Club. For a complete list, visit mvcc.edu/activities.

Get cultured

MVCC’s award-winning Cultural Series brings exciting events to the community each semester in our theaters and venues in Utica and Rome. Events include concerts, comedians, theater, movies, lectures, and more. And most are free for students!

- Our residence halls provide housing for up to 450 students, including modified rooms for those with disabilities and a gender-neutral floor.
- Campus dining is offered in several areas on campus, including the Resident Dining Hall, Snack Bar, and a bistro-style cafe.
- The Library and Learning Commons offer a cozy, comfortable environment for studying and tutoring.
Get in the game.

We offer one of the most extensive, diverse, and successful two-year intercollegiate athletic programs in the country, with 18 sports — nine for men and nine for women.

**MVCC Scholar-Athlete Awards**
- 529 NJCAA All-Americans
- 237 NJCAA Academic All-Americans
- 53 NJCAA Academic All-American Teams
- 34 SUNY Chancellor Scholar Athletes of the Year
- 6 NATYCCA Scholar Athletes of the Year

MVCC's athletic facilities include the Robert R. Jorgensen Athletic and Events Center, featuring a high-end fitness center, indoor walking/running track, indoor swimming pool, basketball courts, and practice space for student-athletes.
HEALTH SCIENCES
• Allied Healthcare Certificate
• Emergency Medical Services/Paramedic AAS
• Health Information Technology AAS
• Health Sciences AS
• Health Studies: Radiologic Technology AAS
• Liberal Arts & Sciences: Mathematics & Science AS (Sports Medicine Transfer Advising Guide)
• Nursing AAS
• Nutrition and Dietetics AS
• Respiratory Care AAS
• Surgical Technician Certificate

(STEM) SCIENCE, TECHNOLOGY, ENGINEERING & MATHEMATICS
CAREER PROGRAMS
• Air Conditioning Technology, Refrigeration AOS
• Airframe and Powerplant Technology Certificate
• Carpentry and Masonry Certificate
• Chemical Technology AAS
• Civil Engineering Technology AAS
• Computer Aided Drafting AAS and Certificate
• Computer Numerical Control (CNC) Machinist Technology Certificate
• Electrical Engineering Technology AAS
• Electrical Service Technician AOS
• Geospatial Technology AAS
• Heating and Air Conditioning Certificate
• Mechanical Engineering Technology AAS
• Mechanical Technology: Aircraft Maintenance AAS
• Mechatronics Certificate
• Remotely Piloted Aircraft Systems AAS
• School Facilities Management AAS and Certificate
• Semiconductor Manufacturing Technology AAS
• Welding Technology AOS and Certificate

TRANSFER PROGRAMS
• Computer Applications Programming AAS
• Computer Information Systems AAS
• Computer Science AS
• Computer Science: Cybersecurity AS
• Cybersecurity Certificate
• Engineering Science AS
• Liberal Arts & Sciences: Mathematics & Science AS (Biology, Chemistry, Environmental Studies, Environmental Science, General Science, Geology, Math, Physics Transfer Advising Guides)

TYPES OF ASSOCIATE DEGREES
• AS: Associate in Science, for students who plan to continue at a four-year college.
• AA: Associate in Arts, generally for programs intended to transfer to a four-year college.
• AAS: Associate in Applied Science, for those seeking to enter the workforce or a four-year college.
• AOS: Associate in Occupational Studies, for students who intend to enter the workforce.

DEGREE AND CERTIFICATE PROGRAMS

ARTS
• Digital Animation AAS
• Digital Media and Marketing AS
• Fine Arts AS
• Graphic Communication: Graphic Design AAS
• Graphic Communication: Illustration AAS
• Photography AAS

BUSINESS AND HOSPITALITY
• Accounting AAS
• Administrative Assistant AAS and Certificate
• Business Administration AAS and AS
• Chef Training Certificate
• Culinary Arts Management AOS
• Entrepreneurship Certificate
• Finance Certificate
• Food Service Administration: Restaurant Management AAS
• Hotel Technology: Meeting Services Management AAS
• Small Business Management Certificate
• Sports Management AS

HUMANITIES AND CULTURAL STUDIES
• English as a Second Language Certificate
• Interpreter Education AAS
• Liberal Arts & Sciences: General Studies AS
• Liberal Arts & Sciences: Humanities & Social Sciences AA
• Liberal Arts & Sciences: International Studies AA
• Liberal Arts & Sciences: Theater AA

PUBLIC AND HUMAN SERVICES
• Chemical Dependency Practitioner AAS
• Coaching Certificate
• Criminal Justice AAS and AS
• Criminal Justice: Law Enforcement AAS and Certificate
• Fire Protection Technology AAS
• Human Services AAS
• Liberal Arts & Sciences: Public Policy AS
• Liberal Arts & Sciences: Mathematics & Science (Physical Education Transfer Advising Guide) AS
• Liberal Arts & Sciences: Psychology AS
• Liberal Arts & Sciences (Adolescence Education Transfer Advising Guide) AS
• Liberal Arts & Sciences (Childhood Education Transfer Advising Guide) AS
• Recreation & Leisure Services AAS

For information about MVCC student outcomes, financial aid, debt, employment, and more, visit www.mvcc.edu/consumer.
The MVCC Cultural Series brings world-class lectures, concerts, comedy, theater, and more to the entire community. This series is brought to you by the Cultural Events Council and Program Board with significant support from the student activity fee.

**NOTE:** If in-person events are not permitted or if capacity restrictions make events impracticable, virtual options and/or postponements will be listed on the MVCC Cultural Series Facebook page.

All courses and events will comply will federal, state, and county guidelines, along with the MVCC Responsible Restart Plan, in order to keep our students, employees, and community safe. https://mvcc.edu/restart

Tickets for all events go on sale at 10 a.m., Mon., Aug. 24.

---

**POWER PUNK BAND LIT, PAGE 46**

**THE SPONGEBOB MOVIE, PAGE 47**

**SAL VULCANO, SPRING 2021 PAGE 47**

---
PERFORMANCE: Illusionist Joel Meyers
Combining sleight of hand and original routines with larger-than-life personality and crowd-winning charm, Joel Meyers specializes in taking audiences on what NBC calls “a roller coaster ride.” He’s an illusionist and a mentalist, a master of the stage, and a magician. Meyers is simply a mystery; or as Al Pacino put it, he’s “the coolest person ever.” Visit meyersmagic.com.
Aug. 28, Fri. • Utica • 8:30 p.m. • Snack Bar, ACC

SEPTEMBER

INTERNATIONAL CAFÉ AND CONVERSATION:
“Exploring Global Parenting Techniques,” w/ Emily Gifford, MVCC Coordinator of International Student Services
This lecture explores the different ways that children are taught independence, creativity, appreciation of nature, potty training, and the willingness to try new foods. What can we learn from Japanese parents who have limited the number of toys, Scandinavian parents whose children nap outdoors, or German parents who trust their kids to walk to school unsupervised?
Sept. 9, Wed. • Utica • 6 p.m. • Room 116, ACC

CONCERT: Kristen Merlin from NBC’s “The Voice”
As a self-taught guitarist and songwriter, Kristen Merlin joined Team Shakira and became a powerhouse. She finished 4th overall and is now making original music. Her second EP, “Humans Being,” was released in 2019.
Sept. 10, Thurs. • Utica • 12:30 p.m. • Snack Bar, ACC

PERFORMANCE: “Emotion Into Art,” w/ Tom Varano
Using fingertips, palms and multiple brushes, speed painter and motivational speaker Tom Varano creates portraits of famous people on a 4-by-5-foot canvas in a matter of minutes. His creations are choreographed to powerful music that stimulates the senses. Not only will the art draw you in as it is revealed on the canvas, but the storytelling will inspire you to find your passion and follow your dreams. Visit emotionintoart.com.
Sept. 15, Tues. • 8:30 p.m. • Utica • Schafer Theater, WH
$5 general • $2 MVCC employees

E-SPORTS GAMING TOURNAMENT:
“Super Smash Bros.”
This tournament will involve eight players, 1 vs. 1, until down to 32 players, then full tournament until down to the top six, followed by a best of three. Prizes include $250 for first place and $100 for second place. Contestants must register in advance; registration details will be provided upon purchase.
Sept. 17, Thurs. • 1–4 p.m. • Utica • QUAD • $5 general
$2 MVCC employees
LECTURE: “The Independent Millennial Woman,” w/ Author Lisa K. Stephenson
Author and motivational speaker Lisa K. Stephenson has a powerful message: In “The Independent Millennial Woman,” she teaches women to not be ashamed of their ambition, but to find a way of balancing work, personal independence, and romantic relationships, reminding audiences that love is not a competition — healthy relationships are made of people who uplift each other. Visit lisakstephenson.com.

Sept. 21, Mon. • 6 p.m. • Utica
Room 116, ACC
Sept. 22, Tues. • 6 p.m. • Rome
Festine Auditorium, PC

COMEDY: Comedian Landry
You may recognize Landry by his “likeable hair,” but this award-winning comedian is sure to get laughs with his distinctive style inspired by his own life experiences. He has won the Boston Comedy Festival and the World Series of Comedy, but he says none of that matters as long as his mom thinks he’s funny. Visit comedianlandry.com.

Sept. 22, Tues. • 8:30 p.m. • Utica • Snack Bar, ACC

CONCERT: Stolen Rhodes
Combining blues and rock with a touch of country and a heap of nostalgia, Philadelphia rockers Kevin Cunningham and Matt Pillion have spent the past two years touring in support of their critically acclaimed “Bend with the Wind” LP. The tour included over 300 dates. They opened for iconic artists such as Lynyrd Skynyrd, and spent two months touring the U.S. as support for the Marshall Tucker Band. Their crowd-pleasing performances led to a 27-date European Tour.

Sept. 24, Thurs. • 12:30 p.m. • Utica • Snack Bar, ACC

MOVIE: “Tenet” $PG-13, 120 minutes, action, sci-fi, thriller
Armed with only one word — Tenet — and fighting for the survival of the entire world, the Protagonist journeys through a twilight world of international espionage on a mission that will unfold in something beyond real time.

Sept. 25, Fri. • 7 p.m. • Rome • Festine Auditorium, PC
$5 general • $2 MVCC employees

INTERNATIONAL CAFÉ AND CONVERSATION: “COVID-19: Inside a Wuhan ICU Unit,” w/ Independent Cinematographer Zixi Wu
A cinematographer, photographer, and multimedia producer with a master’s degree from Syracuse University, Zixi Wu documented patients and medical workers at an Intensive Care Unit in Wuhan, the epicenter of the COVID-19 outbreak. Through story-telling and powerful imagery, Zixi will share his experience in Wuhan, China. Moderated by Yue Riesbeck, MVCC Career Counselor.

Sept. 30, Wed. • Noon • Utica • Room 116, ACC

LECTURE: “The Business of Toyetics,” w/ Kyle Lince, MVCC Professor of STEM Transfer Programs
Toys are an important staple for children in imaginative play, but what makes adult toy collecting such a large market? This lecture will explore the cultural impact of toys and media and how it influences a generation of adults even today.

Oct. 8, Thurs. • 6 p.m. • Rome
Festine Auditorium, PC

CONCERT: Singer Matt Beilis
New Yorker Matt Beilis was born with his distinct voice. Some would say it’s unconventional, a description that fits the personality of this singer/songwriter/pianist, who traded his lucrative finance career for a gig in a piano store. Visit mattbeilis.com.

Oct. 8, Thurs. • 12:30 p.m. • Utica • Snack Bar, ACC

COMING OUT DAY
Celebrate the LGBTQ+ community by supporting those who are living as their authentic selves by “coming out” to their family and friends. This event will share the coming out stories of our community and raise awareness of our local LGBTQ+ community.

Oct. 12, Mon. • 10 a.m.–2 p.m. • Utica • Room 116, ACC

KAHoot Trivia Night: Spanish History
Oct. 13, Tues. • 8:30 p.m. • Utica • Snack Bar, ACC
LECTURE: “Wicca & Witchcraft in Central New York”
Lady Awen and Lord Teiwaz, founders of Willow Hill Circle, believe that magic is inherent in all humans in all cultures and that there is a little bit of Pagan remaining in all of us, as seen in concepts such as intuition, wives tales, superstitions, dowsing for water, and other long-held practices, celebrations, and beliefs.
Oct. 21, Wed. • 5 p.m. • Utica Excellus Room 225, WH
$5 general • $2 MVCC employees

LECTURE: “Why Should You Care About Chemistry, and What do Moles Have to Do with It!” w/ MVCC’s Women in Science and Engineering
Chemistry is the key to the building blocks of life and the world around us. “Mole Day” is celebrated by chemists every Oct. 23, since there are 10 to the 23rd power molecules in a mole. Come learn from local women scientists about their work in chemistry and how the science impacts many aspects of daily life.
Oct. 22, Thurs. • 4:30 p.m. • Utica Room 116, ACC

MVCC DRAMA CLUB AND THEATRE PROGRAM PRESENTS: Edgar Lee Masters’ “Spoon River Anthology,” Directed by James Gifford
In this beautifully haunting play, the former residents of Spoon River rise from the dead to examine life and the longing for what might have been. As the citizens reflect on the dreams, secrets, and regrets of their lives, they paint a gritty and honest portrait of the town as all of their pasts are illuminated. Produced by special arrangement with Dramatists Play Service Inc.
Oct. 22-24, Thurs.–Sat. • 7:30 p.m. Utica • Schafer Theater, WH
$5 general • $2 MVCC employees

GAME SHOW: “Minute to Win It”
Fully interactive live game show, with both trivia and physical challenges, where contestants will have the opportunity to win up to $300 in prizes.
Oct. 23, Fri. • 7 p.m. • Rome Dining and Community Hall, PC

MOVIE: “Us”
Rated R, 116 minutes, horror, mystery, thriller. A family’s serene beach vacation turns to chaos when their doppelgängers appear and begin to terrorize them.
Oct. 24, Sat. • 7 p.m. • Rome Festine Auditorium, PC

INTERNATIONAL CAFÉ AND CONVERSATION: “Understanding the Present and Future Economic Impacts of COVID-19,” w/ Brandon Walcutt, MVCC Instructor of Economics
The COVID-19 pandemic has greatly affected the economies of the United States and other countries around the world in many unprecedented ways and will continue to do so for the foreseeable future. This seminar will focus on the many direct and indirect impacts this illness has had on our individual pocketbooks, our region, and the economy of the United States and will make predictions as to what we can expect in the future.
Oct. 20, Tues. • 4 p.m. • Utica Room 116, ACC
Oct. 27, Tues. • 6 p.m. • Rome Festine Auditorium, PC

WORKSHOP: Cookie Party with Christine’s Cookie Shoppe
Guests will learn basic piping techniques to create borders and dots using two-style piping tips and a piping bag. This event is recommended for children 7+.
Oct. 17, Sat. • 2 p.m. • Rome Dining and Community Hall, PC
$10 general • $5 MVCC employees

MOVIE: “Us”
Rated R, 116 minutes, horror, mystery, thriller. A family’s serene beach vacation turns to chaos when their doppelgängers appear and begin to terrorize them.
Oct. 24, Sat. • 7 p.m. • Rome Festine Auditorium, PC

PSYCHIC READINGS
Readings are limited, so it is advised that tickets are purchased in advance. Must have a ticket to get a reading, and appointments will be first-come first-served.
Oct. 13, Tues. • 3–6 p.m. • Utica Excellus Room 225, WH • $5 general
$2 MVCC employees
Oct. 13, Tues. • 9 a.m.–Noon • Rome Dining and Community Hall, PC
$5 general • $2 MVCC employees

MOOC CONNECT | Fall 2021
315-731-5721 | Cultural Series
PERFORMANCE: Maritess Zurbano, Mind Reader/Tarot Cards
Maritess Zurbano is the only Filipina-American professional stage hypnotist in the world. Zurbano competed in the World Championship of Magic at the Fédération Internationale des Sociétés Magiques in Lisbon against 150 other nominated magicians. She is the former strolling magician at Harrah’s Las Vegas and a recurring performer at the Hollywood Magic Castle. She also has performed at corporate events at most of the major casinos on the Las Vegas Strip.

Oct. 27, Tues. • 8:30 p.m. • Utica • Snack Bar, ACC

CONCERT: “Works by Schumann and Beethoven,” w/ Pianist Dr. Kevin Moore, Emeritus of Music at Onondaga Community College
The Kinderscenen (Scenes from Childhood) are 13 short reminiscences of child-like thoughts and have a lyrical beauty and innocence that is unique to Schumann. The famous “Traumerei” (Dreaming) is one of these pieces and probably Schumann’s most famous piano work. The Arabesque of Schumann is a nostalgic, lyrical work beloved by audiences and used as an encore piece by many famous pianists. The program will end with the justly famous “Moonlight” Sonata by Beethoven.

Oct. 28, Wed. • 2:30 p.m. • Utica
Schafer Theater, WH • $5 general • $2 MVCC employees

MOVIE: “Bill & Ted Face the Music”
Rated PG, 78 minutes, comedy, music, sci-fi. Once told they’d save the universe during a time-traveling adventure, two would-be rockers from San Dimas, Calif., find themselves as middle-aged dads still trying to crank out a hit song and fulfill their destiny.

Nov. 10, Tues. • 7 p.m. • Utica
Festine Auditorium, PC • $5 general
$2 MVCC employees

CONCERT: Gary Johnson
Gary Johnson is a one-man-band who performs every show 100% by text message request. With the audience continuously requesting songs throughout the show, Johnson spontaneously replicates all of the instruments, vocals, background vocals, and even special effects using only his guitar, his voice, and a one-of-a-kind loop station (lovingly referred to as “The Spaceship”).

Nov. 12, Thurs. • 12:30 p.m. • Utica • Snack Bar, ACC

ONEIDA COUNTY NATURALIZATION CEREMONY
Immigrants take the oath that will complete the process of becoming a U.S. citizen.

Nov. 13, Fri. • 10:30 a.m. • Utica • Schafer Theater, WH

CONCERT: SoCal ’90s Power Punk Band Lit
Lit is considered one of the preeminent bands to have come out of the post-grunge era of the late ’90s and helped define an entire generation of SoCal power punk with hard-charging hits like “My Own Worst Enemy,” “Miserable,” “Zip-Code,” and “Lipstick & Bruises.” The band has released six studio albums worldwide, including their platinum “A Place in the Sun.” They are currently writing and recording new material. Visit litband.com.

Nov. 13, Fri. • 7 p.m. • Utica • Schafer Theater, WH
$15 general • $10 MVCC employee

FACT AND FILM: The Good News Center Flags for Heroes Presents “Hacksaw Ridge,” w/ Desmond Doss Jr.
Rated R, 139 minutes, biography, drama, history “Hacksaw Ridge” is based on the life and legacy of Desmond Doss, recognized for his refusal to carry a weapon because of his beliefs as a Seventh-day Adventist. Officials say Doss saved as many as 75 men during the battle of Okinawa, carrying them one by one to safety. President Harry S. Truman presented Doss with the Medal of Honor on Oct. 12, 1945. A lecture by Doss’ son, Desmond Doss Jr., will precede the film.

Nov. 6, Fri. • 6:30 p.m. • Utica • Schafer Theater, WH
No admission fee, but tickets required.

NOVEMBER
FAMILY FUN SERIES: “The SpongeBob Movie: Sponge on the Run” $  
Rated PG, 90 minutes, 2020, animation, adventure, comedy. After SpongeBob’s beloved pet snail Gary is snail-napped, he and Patrick embark on an epic adventure to The Lost City of Atlantic City to bring Gary home. There will be after-film festivities with activities and snacks.

- Nov. 14, Sat. • Noon • Utica  
Schafer Theater, WH • $5 general  
$2 MVCC employees/children under 12

- Nov. 14, Sat. • Noon • Rome  
Festine Auditorium, PC • $5 general  
$2 MVCC employees/children under 12

INTERNATIONAL CAFÉ AND CONVERSATION: MVCC’s International Students  
In celebration of “International Education Week,” international students share stories about their respective countries and cultures as well as their cultural and academic exchange experience at MVCC.

- Nov. 17, Tues. • 2:30 p.m. • Utica • Room 116, ACC

PERFORMANCE: Poetry Slam Champion Dave G  
MATURE AUDIENCES ONLY.  
As a product of a traditional Baptist household and a child of hip-hop culture, Dave G uses his poetry to analyze and unpack how the performance of religion and gender intersect within his personal life and the greater Black community. Visit davegpoetry.com.

- Nov. 17, Tues. • 8:30 p.m. • Utica • Snack Bar, ACC

Transgender Day of Remembrance  
Transgender Day of Remembrance is a time to reflect upon those who have lost their lives to the violence of transphobia. This event will include a brief memorial to those who have died in the past year, and a panel of those in the local transgender community to speak to their experiences and raise awareness.

- Nov. 18, Wed. • 4:30 p.m. • Utica • Room 116, ACC

MAKE & TAKE WORKSHOP: “Brush Pen Lettering” w/ Sarah Dustin of The Adirondack Ink $  
This 90-minute workshop is designed to help participants learn the art of Brush Pen Lettering, a calligraphy-like style of lettering with the convenience of brush pen markers! Participants will be guided through a step-by-step experience to learn how to create their own alphabet, how to connect letters into words, and finally, tackle their own final project to take home. Brush pens and materials will be supplied (yours to take home). Seats are limited so it is advised that tickets are purchased well in advance. Visit theadirondackink.com.

- Fall Edition  
Nov. 19, Thurs. • 6 p.m. • Rome  
Dining and Community Hall, PC  
$20 general • $10 MVCC employees

- Holiday Edition  
Dec. 1, Tues. • 6 p.m. • Utica  
Room 116, ACC • $20 general • $10 MVCC employees

MOVIE: “A Quiet Place Part II” $  
Rated PG-13, 97 minutes, drama, horror, sci-fi. Following the events at home, the Abbott family now face the terrors of the outside world. Forced to venture into the unknown, they realize the creatures that hunt by sound are not the only threats lurking beyond the sand path.

- Nov. 20, Fri. • 7 p.m. • Utica  
Schafer Theater, WH • $5 general  
$2 MVCC employees

- Nov. 20, Fri. • 7 p.m. • Rome  
Festine Auditorium, PC • $5 general • $2 MVCC employees

DECEMBER

WORLD AIDS DAY  
World AIDS Day is an opportunity to unite in the fight against HIV, show support for people living with HIV, and to commemorate those who have died from an AIDS-related illness. This event will include a showing of panels from the AIDS Memorial Quilt and speakers from the local community.

- Dec. 2, Wed. • 4:30 p.m.  
Utica • Room 116, ACC

SPRING 2021

COMEDY: Comedian Sal Vulcano, Star of truTV’s “Impractical Jokers,” w/ Opening Act Casey Jost $  
Staten Island native Sal Vulcano has been doing comedy for years, best known for starring in truTV’s “Impractical Jokers.” Visit salvulcanocomedy.com.

This event has been postponed to Spring 2021. All tickets will be honored at the rescheduled date, which will be announced soon.
MOHAWK VALLEY COMMUNITY COLLEGE
1101 SHERMAN DRIVE
UTICA, NY 13501

CULTURAL SERIES

GARY JOHNSON • COOKIE PARTY • STOLEN RHODES • ILLUSIONIST JOE

SAL VULCANO
POSTPONED UNTIL SPRING 2021

MVCC.EDU/CULTURE

FALL 2020

BOX OFFICE 315-731-5721