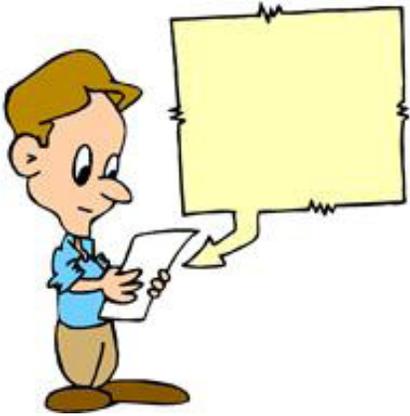


Includer



You are accepting of others. You show awareness of those who feel left out, and make an effort to include them. Your talent is valuable because it enables you to help individuals, groups, organizations, and communities to be unified and effective. People who have felt rejected will appreciate your efforts.

General Academic Life

In small groups in class, try to get each student to participate. Ask him or her for opinions.

Ask shy people to walk to class with you.

Research people of different cultures in your community. Invite some of these people to attend a community or university event with you.

Attend lectures or speeches by guest speakers of different nationalities. Introduce yourself to others attending the session, drawing them into a conversation with you.



Study Techniques

Study with other people. If someone in the group is not talking, try to bring him or her into the conversation.

Invite someone who is shy but intelligent to study with you.

Start a small study group of people who seem more hesitant to talk, and include a couple of more verbal people as well.

Search out books on the culture of a prominent ethnic group in your community. Use your new information to help include some people of this culture in activities in which you participate.

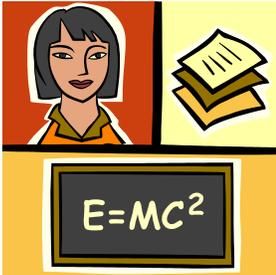
Includer

Relationships

Expand your relationships to have a diverse group of friends with whom you participate in activities.

You can adjust to many types of people and help them feel welcome. Invite others to your social activities.

Welcome new students to your dorm or living space. Many people assume that others will just make themselves at home. You help them feel a part of the group.



Class Selection

Sign up for classes in which you will learn more about the uniqueness of particular groups of people. Use this information to help them feel included.

Select classes in which the professor tries to involve each student.

Select classes that promote diversity.

Extracurricular Activities

Your ability to help others feel like part of the group will make you a valuable member of student organizations and service groups.

Help tutor those who do not have the social or economic privileges you have. Develop or participate in programs that promote diversity.

Volunteer to help with a cause such as Special Olympics.

