

Team MVCC sets pace to stamp out breast cancer



and donations are still being made.

Supporting the Team MVCC cause were College organizations including Residence Council, Kiddie Campus, Upward Bound, Student Congress, Women's Volleyball Team, Women's Basketball Team, Student Nurses Organization (SNO), and RASA.

This is a very important cause with nearly one in eight women developing some form of breast cancer over the course of a lifetime," said Sandy Cummings, Co-Chair of Team MVCC. This amounts to nearly 12 percent of the female population in the United States.

According to breastcancer.org, it is estimated 230,480 new cases of invasive breast cancer were diagnosed in women in the U.S., along with 57,650 new cases of non-invasive breast cancer. Some 2,140 new cases of invasive breast cancer were diagnosed in men in 2011, with a lifetime risk of breast cancer about 1 in 1.000.

In this year's walk, Team MVCC was ranked No. 5 out of the 119 teams which participated with a total of 180 donors and participants.

Additional donations will be accepted until Friday. October 26. If you would still like to donate please see Deanna L. Ferro-Aurience in PH220.



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Honoring Employees for Years of Service



When it comes to teaching students the difference between rocks, minerals and other aspects which make up the environment around us, Nicholas (Nick) Gioppo is on top of his game. Nick was recognized this week for 10 years of service to the College and the students, who all leave MVCC remembering how he influenced them and made them think outside the box.

Nick teaches Physical Geology and Historical Geology where students learn about rocks, minerals, fossils and they discover the history of the earth and its life. As an Assistant Professor, he worked with the SUNY Oneonta program.

Nick is a native of Youngstown, Ohio, and now resides in South Utica. He earned his Bachelor of Science from Youngstown State University in Earth Science before going on to complete his Master of Science from Bowling Green State University.

As a member of the Center for Life and Health Science, Nick arranges to bring his geology students to the American Museum of Natural History in Manhattan in order to expand their college experience. He is also the advisor to the ECOS Club.

WISE panelists showcase career opportunities for women

The WISE (Women in Science and Engineering) group sponsored a panel discussion with four guest speakers on Wednesday, October 10, with members of the WISE discussing their roles at the College and the purpose of WISE.

Joyce Baumann, Melissa Barlett, Shahida Dar, Celia Domser, Barb Turner and Christy Stephenson opened the event with introductory remarks before the panelists discussed their road to the STEM careers that they are working in. The panel consisted of Monica Crowe from United Technology Corporation, Helen Rico and Karen Scott from the Air Force Research Labs in Rome, and Ashley Waldron from Clarkson University.

Crowe is a mechanical engineer and credited her love of engineering to her parents who ran a farm and taught her how things worked. A graduate of Clarkson University, she talked on the importance of building credibility in the field.

Rico talked about the struggles of moving up to a place where she was a Division Manager responsible for a large number of people and a large budget using the Computer Science skills she learned at Utica College. After not being afforded choices in high school, her passion and perseverance enabled her to move up to a top position at AFRL.

Scott discussed how some employers offer to pay advanced degrees for their employees and students need to research companies to find these opportunities. She mentioned the



importance of being able to work with groups to accomplish a common goal. She talked on the opportunities in the Nano Technology field at all levels of education.

Waldron, an Engineering Science graduate from MVCC, is presently working on her Master's degree in Environmental Engineering Science. Ashley praised the Engineering program at MVCC and mentioned the supportive atmosphere as at the College. She talked on the importance of internship opportunities while in College.

Four women soccer players named to All-Conference Team

On the heels of the women's soccer team wrapping up the regular season with a 16-1-1 record and ranked fourth in the national by the NJCAA, the Hawks were honored with four players being named to the 2012 All-Mountain Valley Conference team.

Meghan Carlo was named Player of the Year for the Mountain Valley Conference as this freshman striker scored 26 goals and assisted on nine others.

Also making the All-Conference team from MVCC was sophomore midfielder Samantha Getman who has scored 22

goals along with 11 assists. She was joined by sophomore midfielder Meghan Gaffney. Gaffney has scored 16 tim s this season while assisting on nine other goals.

Rounding out the top MVCC players is freshman defender Brittany McGraw-Wixson who also has two goals.

2 Communitas



RAISING AWARENESS - The College's Counseling Office with help from Student Congress, raised \$727 through its "Purple Ribbon" campaign. The funds were presented to the YWCA of the Mohawk Valley. From left are, John Nehme, Career and Job Placement Counselor, Jordan Mierek, Senior Office Specialist, and Natalie Brown, Executive Director of the YWCA of the Mohawk Valley.

Purple Ribbons raise awareness of about domestic violence

The College's Counseling Office sponsored a "Purple Ribbon" campaign earlier this month to raise awareness of domestic violence and to help raise funds for the YWCA's support programs. Organizing this effort was Jordan Mierek, Senior Office Specialist.

"This is one of those issues which seems to go unspoken," said Mierek, after presenting a check to representatives from the YWCA. "I felt this would help raise the awareness."

The campaign, with the help of the College's Student Congress, raised \$727 in just a week by selling purple ribbons which were displayed in the Student Service Center and wristbands.

"This was a nice surprise when we received the phone call about this donation. Efforts like these help us to fund shelters for those who are abused and to advocate for women," said Natalie Brown, Executive Director of the YWCA of the Mohawk Valley.

The local YWCA manages facilities which include Hall House (a 16 bed domestic violence shelter), Lucy's House (a 6 bed domestic violence shelter), Willow Commons (15 housing units for homeless victims of domestic violence), New Horizons (7 bed housing facility for homeless and runaway girls ages 16 to 21) and child advocacy center and sexual violence services facility in Herkimer.

New Faces @ MVCC

Matthew Wagner is the College's newest Technical Assistant in the Events Office where he provides skilled technical assistance to faculty, students and others using the College facilities.

He will be the Events Office's sound and lighting specialist and will be responsible for the upkeep, operation, and supervision of the College sound systems and other event equipment.

A resident of Syracuse, he holds an Associate in Science in Recording Arts from Full Sail University in Winter Park, Florida. He career includes working as an Audio-Visual Technician/ Stagehand at Turning Stone Casino and Resort and Chief Recording Engineer at Castle Recording Studio in Utica.

Donations of gloves, hats, boots and coats being sought

It's that time of year again!

As you bring out your winter clothing and you find those gloves, hats, boots and coats either do not fit or not your current style please consider donating them.

On behalf of the CNY Labor Council, the Professional Association will be collecting these items (either new or gently used) to be distributed to local families in need.

Now through December 1, items can be placed in donation boxes on both the Utica and Rome campuses in each building.

Thank you for considering the needs of others during this season.

The PA Community Outreach Committee

Did You Know!

Eleven percent of Fall 2011 full-time, matriculated students that continued in Spring-2012 changed their major?

Submit information for Communitas to rhaubert@mvcc.edu

Katz keynote speaker at Academy for Teaching Excellence

Associate Professor David Katz was invited to Iowa Western

Community College in Council Bluffs, Iowa to deliver a keynote presentation at their

Academy for Teaching Excellence on Saturday, October 13.

The keynote, "Emotional Intelligence, Efficacy & Success" was attended by 200 full and part time faculty members and was followed up with a breakout session with 40 participants.

Katz commented that two things stood out to him in observing their "academy"

in operation. One was that the attendance figures for their

keynote were achieved through mandated participation in contrast to the MVCC model of voluntary involvement in our "Enrichment Institutes" which still achieve similar numbers. Secondly, they run their academy twice a year compared to our six days of employee enrichment institutes.

"All in all" Katz said, "it was a wonderful experience which reinforced my perception that MVCC is way ahead of the curve in terms of our robust and varied enrichment opportunities and programs. What is most striking to me is how willing we are to share with each other by creating and running workshops as well as supporting our colleagues through attendance at the programs!"

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MVCC hosts Region III cross country championships

MVCC is hosting the Region III Cross Country Championships at Proctor Park on Saturday.

The women's teams will run a 5-Kilometer course at 11 a.m. and the men's five-mile race is set to go off at noon.

MVCC is ranked No. 1 in Region III and No. 2 nationally but will be tested against top five nationally ranked SUNY Alfred and SUNY Delhi.

The Lady Hawks defeated SUNY Alfred by one point earlier in the year and just edged SUNY Delhi at last week's Conference meet. The men are currently ranked No. 2 in Region III and No. 5 nationally. SUNY Delhi is favored for the team title.

Tom Arcuri from Sauquoit is in contention to win the individual title. He won the Conference title last week and is unbeaten against Junior College athletes.

Men's soccer falls in Region III quarterfinals

The Hawks men's soccer team fell behind early and was unable to make up the ground as they fell to Herkimer County Community College, 2-0, in a Region III playoff quarterfinal game at Wehrum Stadium Tuesday.

MVCC finishes its season with a 12-8 record. Goalkeeper Greg Squire played an outstanding game despite allowing two shots to get past him. He was credited with five saves of which several were superb as HCCC had nine corner kicks to two for MVCC.



MO ON THE PROWL – Mo Hawk was making his rounds this week after being introduced to fans during last week's Midnight Madness. The College's new mascot was named through a contest on Facebook where more than 150 people participated by offering names. He made a stop in the Kiddie Campus to share a meal with the children. Keep an eye on the skies as Mo Prowls the Mohawk Valley to cheer on the Hawks.

Mo makes debut at Midnight Madness

MVCC's Athletic Department was proud to introduce the newest member of the family when Mo Hawk ran out of the locker room for the very first time during the Midnight Madness event on Thursday, October 18. Mo, MVCC's most tenacious Hawk, will be soaring along the sidelines of the athletic fields and courts this winter.

In the roundup for this past week's action, the Women's Soccer Team, ranked No. 4 in the NJCAA poll, continued what has been a great season to this point with a 12-0 defeat of Fulton Montgomery CC. Samantha Getman scored a hat trick for the Hawks bringing her season total to 22 goals and 12 assists. The Women's Team (16-1-1) hosted Erie CC on Tuesday in a regional playoff semi-final game where Getman scored twice and Vanessa Jecko had four saves in goal as the Hawks flew away with a 4-1 victory. They now advance to the champion-ship game against Finger Lakes CC, which defeated Herkinmer CCC, 6-0, in Tuesday's other semifinal. Saturday's game will be at 12:30 p.m. at Tompkins-Cortland CC.

The Men's Soccer Team advanced in the Region III playoffs by defeating Jamestown CC by a score of 5-2. The Hawks scored five unanswered goals including three in an eight-minute span early in the second half to erase a 2-0 halftime deficit. Admir Ramic scored two goals including the game winner. MVCC moved on to play at Herkimer CCC on Tuesday (see top left).

The Women's Cross



Country Team won the Mountain Valley Conference Championships this past weekend. The NJCAA's No. 2 ranked team placed five runners in the top seven to continue their unbeaten streak against Junior College foes. Up next for the Hawks is the Regional Championships at Proctor Park in Utica on Saturday.

The Men's Cross Country Team finished second at the Mountain Valley Conference Championships this past weekend. The Hawks were led once again by Tom Arcuri. Arcuri was the Mountain Valley Conference champion with a course record time of 23:05. He has not been beaten by another Junior

College runner all season. MVCC runs next at the Regional Championships on Saturday at Proctor

Park in Utica.





Learning Communitas