



Women's cross country named 'Team of the Decade'

The women's cross country team has been named "Team of the Decade" for 2000-2009 by the National Junior College Athletic Association Division III for winning three national titles in the past 10 years. The honor came at the conclusion of this year's NJCAA Division III National Championships, which were held at Finger Lakes Community College last weekend.



Parker

"The ladies at Mohawk Valley, for a stretch of 20 years, have had a level of excellence which has been a great thing to be a part of," said Head Coach Gary Parker. "We have been very successful and very lucky to be in such a great area to draw from when recruiting."

This is the second time in as many decades that the women's cross country team has been honored. The Hawk harriers have won nine national titles over an 18-year period, including championships in 2001, 2005 and 2008. Along with these championship titles, MVCC's teams have placed in the top five at the nationals each season since 2000.

"We have had kids go on to compete at all the SUNY schools, and ladies who went on to run for scholarship programs," said Parker, whose been coaching at MVCC for 20 years. "Most of our athletes are local kids. There are some really good runners in this area."

In the past 10 seasons, MVCC has produced 22 All-Americans in women's cross country. Parker was named Region III

and NJCAA National "Coach of the Year" in 2001. In addition to the national titles, Parker's teams have won three Region III championships this decade.

One of the college's most notable runners, Colleen Peterson, was inducted last month into the NJCAA Division III Cross Country Coaches Association's Hall of Fame. While competing for MVCC in the 1997 and 1998 seasons, Peterson was named All-Conference, All-Region, and All-American during which time the Hawks won back-to-back national championships. Peterson, who graduated from Westmoreland High School, was also the Individual Champion in the Conference, Region, and Nation and was the first two-time NJCAA Women's Cross Country Division III Individual National Champion ever. Along the way during the 1998 season, she set seven course records. After MVCC, Peterson earned NCAA All-American honors at Western Colorado University.

Twice—in 2005 and 2008—the combined finishes of the men's and women's cross country teams have earned MVCC the coveted Pepsi Cup, which goes to the college that has the best combined finish at the nationals.

MVCC added a third Pepsi Cup this year, tying with SUNY Delhi for the honor. At this year's nationals, MVCC's women placed second out of a field of 24 teams

"We are able to get a lot of these local runners for a couple of reasons. First, they want to stay in the area for college and Mohawk Valley has a very good reputation for its academic programs. Plus they know the caliber of our athletic programs," added Parker.

Ceremony marks Veterans' Day on Utica Campus

Veterans Day was marked this week at the College with a ceremony which included the honor guard and chorus from Proctor High School's Navy Junior Reserve Officer Training Corps singing the National Anthem.

John Bullis, assistant to the College president and Vietnam-era veteran, presided over the event which was hosted by the Veterans' Club. The U.S. flag was flown at half-staff in honor of the soldiers killed at Ft. Hood last week, while students from Sauquoit Valley High School played "Taps."

The patio in front of the Academic Building was filled with students, faculty, staff, and community members as student John Zayas, who is president of the Veterans' Club and Criminal Justice major, briefly talked about what being a veteran meant to him.

Bullis closed the ceremony with a brief piece of local history. Utica native Daniel Adams Butterfield (October 31, 1831 – July 17, 1901), a Union General in the Civil War is credited with composing the bugle call "Taps."



Earlier in the day, the Veterans' Club hosted a reception for students, faculty, and staff who are veterans or who have family members who are veterans or are deployed.

Honoring the dedication of MVCC's employees

The College is continuing to celebrate and recognize those employees who have given so much of themselves to MVCC. Members of the College who have been honored so far this fall are:

40 Years and More of Service

Charles Caughey - Office Services
 Gerald Pecorello – Bookstore
 Sherry Day – Library

35 Years and More of Service

Sandra Fiebiger - Admissions
 Denis Kennelty - Admissions
 Elin Cormican - Psychology, Human Services and Education
 James Smrtic - Psychology, Human Services and Education
 Robert Dell - Engineering, Computer and Physical Sciences
 Kathleen Kelly – Humanities
 Arthur Friedberg – BIT
 William Smith – BIT
 Wayne Freed – Art
 Cathy Way – IT
 Robert Jubenville - Life Science
 William Perrotti - Life Science
 Sam Drogo - Life Science
 Earl Myatt – Bookstore

30 Years of Service

Nancy Caputo - Health Services
 Gary Broadhurst - Physical Education
 Robert Gould - Physical Education

25 Years of Service

Duane Isenberg – Art
 Alma King - Financial Aid
 Colleen Cornmire – IT
 20 Years of Service
 Lynn Igoe - Disability Services
 Paul Cruskie – Humanities
 Sheila Brough – Bookstore

15 Years of Service

Annette Broski - Financial Aid
 Christine Miller – Art
 Leslie Goerner - Humanities
 Yixiong Liang - Humanities
 Jeffrey Kimball – IT
 Johanne Marino – Bookstore

10 Years of Service

Joshua Hall - Financial Aid
 Barbara Scantlebury – BIT
 Sergey Myalik – IT
 Stephen Getchell - Life Sciences
 Thomas Mihevc - Engineering, Computer and Physical Sciences



Alumni return to give advance to students

In an effort to expose current students to the prospects of success that awaits them after MVCC, the Alumni Office worked with the Career, Transfer and Job Placement Services and the Residence Life Office to host an Alumni Career Panel on Tuesday, November 3, in New Hall.

Alumni Career Panel consisted of 10 highly respected and valued alumni from many walks of life. The participating alumni shared their experiences, advice and created an opportunity for the students to ask questions at the end of the panel discussion.

The presenters emphasized the importance of enjoying what you are doing and thinking outside the box. They all stated how MVCC provided them opportunities to enjoy diverse subject matters that provided them with the opportunity to experience other ideas.

The hope is to make this an annual event for the students.



SAYING THANK YOU - President VanWagoner paid a visit to the offices of many of the faculty and staff at the College this week to give his thanks and give recognition to the service of those who have dedicated a good portion of their careers to the students. Left, librarian Sherry Day smiles as President VanWagoner presented her a token gift for 40 years of service. Above, the president talks with Robert Jubenville, Life Science, 35 years; Gary Broadhurst, Physical Education, 30 years; and Robert Gould, Physical Education, 30 years.

**Submit
 information for Communitas
 to Rich Haubert at
 rhaubert@mvcc.edu**

MVCC Faces: Chuck Hendricks



In a world of ever changing and emerging technologies, MVCC is hard-pressed to keep pace. But keeping the lines of communications open at the College is Chuck Hendricks.

Hendricks is the Assistant Network Coordinator and helps prevent the computer network from failing through maintain and system checks.

"I assist the Network Coordinator with the daily activities of managing the network," said Hendricks. "Some of the my responsibilities include keeping the network running for users, managing accounts, and dealing with technical issues that might arise."

Hendricks has been with MVCC for the past four years, the last 14 months in a full-time capacity. He earned his Associates in Applied Science in Computer Information Systems from MVCC in 2006 and completed his B.S. in Computer Information Systems in 2008.

"My goal in my position is to provide better services to the faculty, staff, and students in order to make their daily lives easier," said Hendricks.

Hendricks owns a house in Vernon where his mother, Arlene, lives with him. When not at work, his hobbies include amateur radio, photography, programming and small engine and auto repair. He also volunteers as a ham radio operator.

Going beyond what is required

Although not required to do so by federal law, the disability services office provides limited assistance to students (and employees) in need of temporary services due to an accident or surgery.

These individuals should contact the office as soon as the need for such assistance becomes apparent, and services will be initiated as quickly as possible thereafter.

Documentation from an appropriate professional may be required in some instances. The type of assistance that is provided is determined on a case-by-case basis and may include the following:

- Permission to use a copier to copy a classmate's notes
- Adapted test-taking
- Alternate seating
- Information regarding campus accessibility features
- Referrals to appropriate resources or agencies
- Temporary "disability" parking permit (through the college Health Center)

MVCC EVENTS

Monday, November 16

SNO: Pizza/Popcorn/Candy Sale, PC Atrium, 10 am

International Club: Candy Sale, AB Lobby, 11 am

MVCC Board of Trustees, PH 300, 4 pm

CCED: Tai Chi, ACC 116, 5:30 pm

Program Board: Monday Night Football:

Tennessee vs. Houston, MV Commons, 8 pm

Tuesday, November 17

Trip to Spain Info Session. PH 104F, 10 am

Women's Basketball vs. Cayuga CC, Gym, 6 pm

Men's Basketball vs. Cayuga CC, Gym, 8 pm

Wednesday, November 18

High School Math Competition, Theater, 7 pm

SNO: Pizza/Popcorn/Candy Sale, PC Atrium, 10 am

International Club: Candy Sale, AB Lobby, 11 am

Brown Bag Lunch Series:

"How to Beat the Cram Out of Finals!", ACC 116, 12 pm

Student Congress, IT 218, 3 pm

Ice Hockey vs. Hudson Valley CC, Utica Auditorium, 7 pm

Thursday, November 19

Phi Theta Kappa: Raffle, AB Lobby, 10 am

Friday, November 20

Rotary Christmas Party, MV Commons, 5:30 pm

Saturday, November 21

MVCAA: Drinking Driver Program Class, RA 306, 8 am

Oneida County Dept. of Traffic Safety:

Defensive Driving Course, PC 205, 9 am

Sunday, November 22

Men's Basketball vs. North Country CC, Gym, 1 pm

Women's Basketball vs. North Country CC, Gym, 3 pm

MVCC to be honored & bell ringers are needed

The Utica Salvation Army selected MVCC as one of its Groups of the Year for the College's efforts during the 2008 Red Kettle Campaign. For this honor, the College will receive the "Shel Storrier Volunteer Group of the Year Award."



The award will be presented on Thursday, November 19, at the Stanley Theater on Genesee Street.

The Red Kettle Campaign is an integral part of the holiday season, with millions of dollars donated each year to aid needy families, seniors, and the homeless, in keeping with the spirit of the season.

The College is continuing its commitment to the Salvation Army for the 2009 campaign and is seeking volunteers to be bell ringers. Volunteers from MVCC will man the red kettle at Herb Philipson's in New Hartford and at Price Chopper in South Utica from 9 a.m. to 8 p.m. on Saturday, November 21.

Volunteers will be asked to stand outside near the red kettle, ring the bell, and collect money for the Salvation Army. Team MVCC is asking faculty, staff and students to volunteer one hour of their time and be a bell ringer on this date.

To sign up as a volunteer, contact Patty Fox at extension 5753 or pfox@mvcc.edu.

Women's soccer team advances to national championships

The women's soccer team advanced to the NJCAA Division III National Tournament by defeating District B representative Nassau CCC 3-0 in the Region III championship game held at Tompkins-Cortland CC.



Spohler

The 17-3 Hawks were led by Samantha Spohler, Samantha Smith, and Jackie Welch with one goal each.

Goalkeeper Caitlyn Smith made four saves in this victory as the Hawks advance to the NJCAA Final Four Tournament to be held at Herkimer CCC on Saturday and Sunday, November 14 and 15.

Men's Soccer: The Hawks, seeded No. 3, reached the semi-final of the Region III tournament before falling to No. 2 seeded North Country CC, 4-2. M

MVCC reached this level by knocking off Finger Lakes CC, 2-0, on goals by Brandon Butts and Matt Owusu. Making the assist on both these goal was Steve Wilday. Goalie Shane Sullivan made two saves against Finger Lakes.

In the game against North Country, Butts scored again while Dan Cain tallied a goal off a pass from Orange Pringle. Sullivan made five saves as the Hawks finish the season with an 11-6 overall record and 11-4 in Region III.

Women's Cross Country: The Hawks placed second out of a field of 24 colleges and finished tied with SUNY Delhi for the Pepsi Cup at the NJCAA Division III National Championships held at Finger Lakes Community College this past weekend.

MVCC was led by sophomore Hannah Hoffman as she finished second in 20 minutes, 8 seconds on this 5K course. Cassie White finished in fourth place with a time of 21:04 as both she and Hoffman were named First Team All-Americans. Michelle Page finished in ninth place in 21:11 and was selected a Second Team All-American.

The Hawks' women's cross country program was also named "Team of the Decade" for the time span of 2000-2009 in their particular sport. This award is based on the performance of MVCC's teams during the decade, which includes winning three NJCAA National Championships. The coveted Pepsi Cup is awarded to the college with the best men's and women's teams combined finished at the national championships.

Men's Cross Country: Todd Butters finished the men's 5-mile course in eighth place with a time of 28:41 as MVCC earned third place out of a field of 25 colleges. Butters was named Second Team All-American for the second time. Garrett Parker was named a Third Team All-American after finishing in 11th place in 28:49.



Ice Hockey: The Hawks split their action while winning their first game with an 8-6 final over SUNY Canton. Leading MVCC on the ice was David Roy three goals while Dustin Frankey assisted on two of the goals while scoring once himself. Goalkeeper Joe Koziarz made 52 saves as the Hawks improved to 1-5 overall and 0-4 in Region III.

In a Region III contest against Monroe CC, the Hawks fell 15-3. Roy and Frankey had one goal and one assist each. Against Hudson Valley CC, MVCC fell 10-3 as Mike Nassar tallied two goals and Frankey added another.

Men's Basketball: The Hawks are off to a strong start this season having won back-to-back games in the Torchis Classic last week. In the opening round, MVCC ran off to an 86-66 victory over Queensboro Community College behind the play of Bradley Griffin with 31 points. Jerome Davis followed suit with 17 points.

MVCC carried this momentum into the championship game as the Hawks held off Orange Community College for a 65-59 victory on the shoulders of Davis and his 29 points. Griffin tallied 27 points in keeping pace.

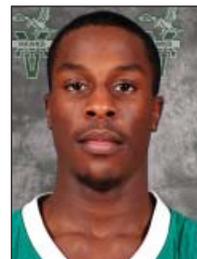
Earlier in the week, Griffin scored a career high 39 points as MVCC defeated Tompkins-Cortland CC, 93-74. Davis added 17 points. MVCC is undefeated at 4-0 overall and 2-0 in Region III competition.

Women's Basketball: The Hawks continue to pick up momentum by remaining undefeated and capturing the Torchia Class championship last week. In the first round, MVCC cruised past Lackawanna College, 65-34, as freshman Isayra Diaz led the Hawks with 16 points.

In the title game, MVCC was led by Domonique Washington with 17 points as the Hawks flew off with a 76-71 victory. Washington was named tournament MVP while sophomore Desiree Fauvelle was named to the All Third Team of the Torchia Memorial Classic.

Earlier in the week, the Hawks (4-0 and 2-0) defeated Tompkins-Cortland CC, 74-66. MVCC was led in scoring by Keonti Powell and Liz Unger with 16 points each.

Athlete of the Week: Bradley Griffin averaged 31 points per game in helping the Hawks basketball team to three wins last week. Griffin was named as the MVP of the Anthony Torchia Classic. For his performance, Griffin was named MVCC's Athlete of the Week. The sophomore Recreation and Leisure major, is a graduate of Charlotte High School in Rochester.



Griffin

Open your door to an international student

Sandra A. Engel, Ph.D.

Director of International Education

By now you may or may not have met "the new Paul Andrews." Her name is Darla Maffei, and her job is to coordinate services to our international students.

This request is from both of us but certainly is initiated by her. I am the messenger here and it is a great idea.

Over the Thanksgiving break there will be 15 international students who will remain on campus. In the spirit of the upcoming season, Darla and I are wondering if someone would be interested in inviting one or more of the students to share in

your family's Thanksgiving celebration.

By opening up your home to an international student, you foster a unique cultural experience that will benefit everyone involved. Please consider how valuable an afternoon's worth of hospitality — and an introduction to one of the great American food holidays.

We may have more to offer than we think we do. (By "we," I mean MVCC.)

If you would like to include an international student in your Thanksgiving festivities, please contact Darla Maffei (dmaffei@mvcc.edu, or by phone at 792-5350). And if you haven't yet met her, please go say hello to her in Admissions.