



## Health Services Dept. Obtains State of the Art Manikin

The Health Services Department recently acquired a state-of-the-art practice manikin with Federal VATEA (Vocational and Technical Education Act) grant funds.

The "Sim Man" manikin allows for simulation of realistic patient scenarios to expose students to a wide variety of clinical situations, some of which they might not otherwise experience. Sim Man will be used for teaching, challenging and testing health care student clinical skills and decision-making/critical thinking abilities. It is the first manikin of its kind in the area and is one of only 850 such manikins that have been sold in North America. Sim Man is manufactured by Laerdal Medical based in Gatesville, Texas.

Sim Man is as realistic as a manikin can be. It is computer driven and programmable to simulate a wide variety of disease states. It

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## MVCC Plans May 11th Groundbreaking Ceremony for New Utica Campus Residence Hall



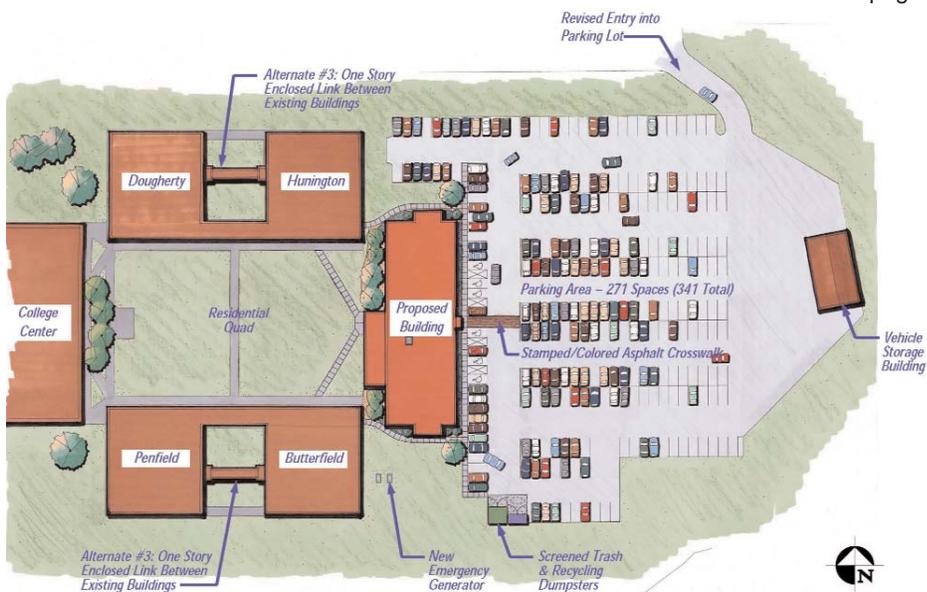
The College will hold groundbreaking ceremonies for a new 155-bed residence hall on the Utica Campus on Tuesday, May 11th.

Participating in the 10 a.m. ceremonies will be Mary-Carmel Wolf of Rome, a member of the Board of Trustees who also serves as chairperson of the Dormitory Corporation Board of Directors; John Stetson of Barneveld, chairman of the Board of Trustees; and President Michael I. Schafer. They will be joined by three students: Anthony Perry, president of Student Congress, a student director in the residence halls; Jean Leandre, vice president of Student Congress, who will be a resident assistant next year; and Yumi Kondo, an international student from Japan, and a resident assistant.

The three-story 41,000-square foot building will be located at the eastern end of the current residence hall complex, and will feature five-person suites in a combination of double and single rooms. The new residence hall, housing both first and second-year students, will bring MVCC's total on-campus residence capacity to more than 500 students. Approximately 360 of our 5,000+ students now reside on campus.

The Charles A. Gaetano Construction Corporation of Utica will oversee construction of the new residence hall. Stantec, an architectural firm operating in both the United States and Canada, is working for the Gaetano Construction

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## SimMan, cont.

simulates breathing and displays lung, heart and bowel sounds that can be altered according to the disease entity being simulated. Sim Man has a blood pressure that can be measured with palpable pulses and can simulate over 30 cardiac rhythms. It offers circulatory skill experience by providing an IV insertion training arm and sites for drug injections.

Students can also perform cardiopulmonary resuscitation (CPR), place an artificial airway and defibrillate Sim Man. The manikin even talks, moans and coughs to communicate with students. Unlike other manikins used for skills practice, Sim Man allows for interaction and feedback with students so necessary, sometimes lifesaving, skills can be taught and tested.

Sim Man manikin is a multi-disciplinary educational tool that will enhance the high quality instruction across MVCC's allied health programs, particularly Nursing, Respiratory Care, Medical Assisting and Emergency Medical Services/Paramedics. Sim Man is the ultimate resource for providing competency based education to better prepare students for the clinical arena when working with actual patients. It will help produce safe and competent graduates that will meet the health care needs of the Utica-Rome community.

## Groundbreaking, cont.

Corporation on the project, along with Almy & Associates Consulting Engineers of Utica.

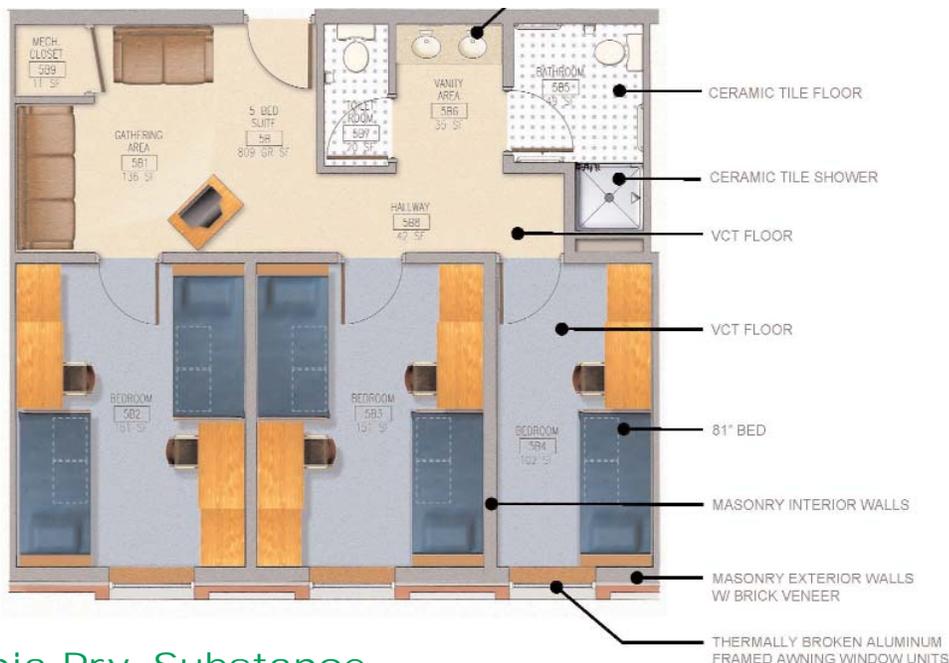
The building has a projected cost of approximately \$6 million. The Dormitory Corporation, which operates the residence halls, will bond for the project, and no Oneida County or New York State funds will be used for the construction.

The new building's location will complete a residential quadrangle, The new residence hall, with its red brick exterior, will be compatible with the existing residence halls.

Each of the five-person suites will include two double rooms and one single room, along with a common gathering area and its own bathroom. Rooms will be wired for Internet, telephone and cable television services. Additional common space will be located on each floor for social events, study groups and other activities. Each of the suites will be handicapped-accessible. Parking will be available immediately adjacent to the new residence hall.

Space in the Alumni College Center will be modified to provide additional dining hall space and additional mailboxes to accommodate the increase in on-campus residents.

Major construction activities for the new residence hall will get under way during the summer. The project will also feature new linking corridors tying together two residence halls at the north side of the complex, and two at the south side of the complex. This will serve to reduce the number of entry points to the residence halls to three, offering increased security for residents.



## From the Desk of Virginia Pry, Substance Abuse Coordinator

Scientists are developing a new series of hair, blood, and urine tests that, when used together could reveal a person's drinking behavior. These tests detect chemicals that drinking produces. Alcohol disappears from the body in hours, but fatty acid ethyl esters, and phosphatidyl ethanol (PEth) remain in the blood 12 to 18 hours after a person has a drink and is stored in their hair. PEth stays in the blood for 3 weeks after a person has consumed alcohol. Researchers at the University of Basel said these tests could show how much a person drank over the past days, weeks or months!



## Engineering Science Design Students Test Windmill Projects

Can the wind be used to power a laptop computer? Students in an Engineering Science design class have been working this semester to find an answer to that question, and they tested their designs last Monday. The testing took place in the A-lot overlooking Proctor High School.

Students developed working miniature windmills utilizing a project approach that included project proposal writing, preparation of drawings and specifications, and building working windmills tied to small generators.

The course, taught by Assistant Professor Jeff Birt, is part of the Associate degree program in Engineering Science, which provides the first half of a Bachelor's degree in engineering.



## Summer Lunch Breaks For Clerical Staff

According to an agreement the College reached with UPSEU in November 1999, lunch breaks for clerical employees with one-hour lunch breaks will change for the summer. From Memorial Day through the Friday preceding the day on which faculty return, clerical staff who take one-hour lunch breaks may take one-half hour lunch breaks. They will return to one-hour lunches on Monday August 16.

" The agreement deals with lunch breaks only. Offices will remain open as usual and supervisors will schedule staff as needed to provide coverage.

" The change in lunch breaks applies only to employees represented by UPSEU. This provision does not cover professional staff or administrators.

" Those with half-hour lunch breaks may find the time of the lunch break has to change to provide coverage in the office.

" The only people who may retain half-hour lunch breaks after August 16 are those who had half-hour lunches on October 21, 1999.

" Staff who wish to remain on a one-hour lunch break may do so if they and their supervisor agree.

## Office for Services to Students with Disabilities Holds Recognition Reception

On Friday, April 30, the Office for Services to Students with Disabilities hosted its annual Recognition Reception, where they honored eleven employees and nine student members of the campus community. In the midst of their busy schedules and hectic lives, ten students took the time and trouble to put into words their feelings about these special employees. Selected quotes from their moving testimonials are included below. The Office sends their congratulations to those so honored, as well as thanks to all of those countless others across the campus who have also made a difference in the lives of the students we share.

**Cynthia Busic-Snyder:** "I can always count on good advice from Ms. Snyder and a level of fairness in her classes that only a great teacher can give.

**Heather Ramsdale:** "Because of her help I feel better about what I can do in my life."

**Donna Sawyer White:** "She has kept me in school when I wanted to quit."

**Scott Selden:** "This man has inspired me...to believe that it doesn't matter how bad your past was, that it is still possible to improve and make something positive of yourself."

**Guy Snedeker:** "Mr. Snedeker went out of his way to understand my disability (and) to teach me the way I could learn."

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## OSSD Recognition Ceremony, cont.

### Christi Harrington:

"Christi is an instructor who truly cares about her students and will go the extra mile to help a student reach her goals."

### Beverly Jaskolka:

"Mrs. Jaskolka...has even provided extra time outside her office hours to assist. She really wants the students to learn, and not just get by."

### Jed Kimball:

"Jed has respected my disability and never set any limits, but rather insisted on more...to him his students must go above and beyond."

### Mary Ellen Blakey:

"I believe she is the perfect example of how just a little compassion and understanding can aid a student to overcome their disability and see their potential."

### George Goerner:

"I feel Mr. Goerner went over and above the call of duty and was one reason why I was as successful as I was last semester."

**Paul Halko:** "He is always there to talk to. He goes out of his way to help any student that needs it." (nomination #1)

**Paul Halko:** "He's one of the reasons I attend MVCC; without Paul's guidance and encouragement I do believe I wouldn't have attended this school or any other." (nomination #2)



**Lynn Igoe, OSSD Coordinator, student Ellen Martin, and Donna Sawyer White, Coordinator of Tutoring Services, pose for a picture in the Learning Center. Martin nominated her tutor, Sawyer-White for recognition. She is quoted as saying, "she's a wonderful person who's always willing to help. She's like a second mother to me."**

## Upcoming Events

Tuesday, 5/11

Cultural Series Event: CONCERT: "Chulrua," 7:30pm, IT Theater.

Admission is \$12.

Residence Hall Ground Breaking Ceremony, 10:00am, Dorm Quad.

Wednesday, 5/12

TIAA Cref Representative, 8:00am-3:00pm, PH 104F.

Tuesday, 5/18

NYS Office for Technology Public Hearing, 7:00pm, IT Theater.

Friday, 5/21

Nursing Convocation Ceremony, Noon, IT Theater.

Commencement, 4:00pm, Utica Aud.



## Relay for Life Owen's Outback Quilt Raffle

Tickets are 1 for \$1, 3 for \$2 and 10 for \$5.

They can be purchased from Maria Salamida, PH347; Jeff Kimball, AB 160; Ann Smallen, PH 372; and Stephanie Verostek, PC 113 on the Rome Campus.

Quilter Ann Smallen described the quilt:

"I am sure that Owen would now be crayoning using all of the colors in his crayon box. And so for this year's Relay for Life 2004 "Owen's Outback" Quilt, I made - "Owen's Crayons - All the Colors in the Rainbow". The quilt measures 46" by 62" and was designed by "Bits 'n Pieces" ([www.bitsnpieces.net](http://www.bitsnpieces.net)). I had plenty of colorful children's prints and bright solids in my stash of cottons so there are 18 different crayons in three rows to simulate a box of Crayola crayons. The quilt is machine pieced and quilted. The batting is Warm and Natural (a thin cotton batting that gives warmth without bulk/thickness). The entire quilt is machine washable and childproof."

**The quilt is on display in the window of the Vice President for Student Service's Office.**



## New York State Teachers' Retirement System

10 Corporate Woods Drive  
Albany, New York 12211-2395

(800) 356-3128 or 447-2666 (Albany-area calls)  
Web Site: [www.nystrs.org](http://www.nystrs.org)

**George M. Philip, Executive Director**

## PRERETIREMENT PLANNING SEMINARS

These daylong meetings are designed to help active members of this System prepare for retirement. During the course of the day, discussions are devoted to: financial planning; taxes; legal affairs; adjusting to retirement; Social Security and Retirement System benefits; and other pertinent topics. *Please note that these seminars are not designed for one on one retirement counseling.* **Members age 45 and older and spouses/companions are eligible to attend.** Seminars are held 8:30 a.m. to 4:00 p.m., with registration from 8:00 to 8:30 a.m. **There is no fee to attend**, but you must register in advance. **Please see below for information on making a reservation.**

### 2004 SUMMER SCHEDULE

Call Toll Free 1-800-356-3128, Ext. 6180

***We will begin taking reservations only on the specific dates listed below for each area.***

Call beginning **MAY 5** for the sites below.

#### ALBANY

July 19 (Monday)  
August 24 (Tuesday)  
STRS Headquarters  
10 Corporate Woods Dr.  
Albany

#### FISHKILL

August 5 (Thursday)  
Holiday Inn  
I-84- exit 13, Route 9

#### LAKE GEORGE

August 2 (Monday)  
Fort William Henry  
Resort and Conference  
Center  
48 Canada Street  
Lake George

#### LAKE PLACID

July 27 (Tuesday)  
Hilton Lake Placid Resort  
One Mirror Lake Drive  
Lake Placid

#### L.I.-HAUPPAUGE

July 7 (Wednesday)  
August 11 (Wednesday)  
Islandia Marriott -L.I.  
Exit 58 LIE

#### L.I.-MELVILLE

July 8 (Thursday)  
August 12 (Thursday)  
August 26 (Thursday)  
Melville Marriott  
1350 Old Walt Whitman  
Road, Exit 49N LIE

#### SUFFERN

August 4 (Wednesday)  
Holiday Inn  
Three Executive Blvd.  
Exit 14B, NYS Thruway

#### TARRYTOWN

August 23 (Monday)  
Westchester Marriott  
670 White Plains Rd.  
Tarrytown

Call beginning **MAY 11** for the sites below.

#### ALEXANDRIA BAY

August 16 (Monday)  
Riveredge Resort Hotel  
17 Holland Street  
Alexandria Bay

#### BUFFALO

July 13 (Tuesday)  
Sheraton Inn  
2040 Walden Avenue  
Cheektowaga

#### DUNKIRK

August 9 (Monday)  
Ramada Inn  
30 Lake Shore Drive East  
Dunkirk

#### OWEGO

July 21 (Thursday)  
Treadway Inn and  
Conference Center  
110 State Route 17C  
Owego

#### PLATTSBURGH

July 28 (Wednesday)  
Holiday Inn  
412 Route 3  
Plattsburgh

#### ROCHESTER

July 14 (Wednesday)  
August 18 (Wednesday)  
Park Plaza Hotel  
175 Jefferson Road  
Henrietta

#### SYRACUSE

August 19 (Thursday)  
Holiday Inn  
7<sup>th</sup> North St. & Elec. Prkwy  
Exit 37 NYS Thruway  
Liverpool

#### UTICA

July 15 (Thursday)  
Radisson Hotel  
200 Genesee Street  
Utica

**TO MAKE A RESERVATION:** Starting on the dates listed above, please telephone the Retirement System in Albany at our toll-free number, 1-800-356-3128, ext. 6180 for the seminar above you wish to attend. **You can only make reservations by calling the Albany office weekdays between 8:30 a.m. and 4:15 p.m.** When calling, please provide your Social Security number, date of birth, home address, home telephone number, and indicate if your spouse/companion is attending. **If your spouse/companion is also a member**, please have the above information for him/her also. After your call we will send you the following information: (1) a letter that confirms your reservation; (2) directions to the meeting; (3) the seminar agenda. Please bring this material with you to the seminar, along with photo identification, and your most recent **Benefit Profile**. If you are unable to attend the meeting, please let us know as soon as possible, so that your place can be made available to another member.