

Registration

Please print your contact information	below.	
Name:		
Address:		
Phone:		7)
E-mail:		
Two-day workshop:		_ \$140.00
Opay I only:		_\$100.00
O Day 2 only:		\$40.00
	TOTAL\$	

Make checks payable to MVCC. Send registration and payment to:



MVCC/CCED 1101 Sherman Drive Utica, NY 13501

No refunds will be made for cancellations received after October 15, 2011. Substitute attendees will be accepted at any time. Sponsors may cancel or postpone this training. If canceled or postponed, MVCC will refund registration fees but cannot be held responsible for any related costs, charges, or expenses.



LARK ESHLEMAN, PhD

Doctor of Psychology

Hope & Help for Our Children

Healing Attachment Traumas Two-Day Workshop

November 11-12, 2011 **MVCC IT Theater Utica Campus** 1101 Sherman Drive

Call (315) 792-5300 for more information





Day 1 Professional Training

The Etchings of Trauma – Brain Research, Behaviors, and Best Practice, Working with Attachment Trauma

Learning Objectives

In this session, participants will learn about:

- Current brain research on the link between emotional trauma and behaviors associated with disruptions in attachment in children.
- How to integrate complementary therapies using the model of Synergistic Trauma and Attachment Therapy (STAT™).
- How to integrate families into the process of treatment and healing.

Day 2 Parent Workshop

Parenting to Promote Healthy Attachment

Participants in this session will receive a signed copy of Dr. Eshleman's book, "Becoming a Family: Promoting Healthy Attachments with Your Adopted Child."

Workshop topics will include:

- Theraplay®, Narrative Therapy, and Practical Parenting Practices to promote trauma healing and positive, prosocial behaviors with your children.
- 2. Families as the heart of healing.
- 3. Saving your child, your sanity, and your family: Where's the support and how do I get some?



Workshop Leader

Lark Eannace-Eshleman, Ph.D., is a native of Utica and co-founder of the Stop ACES Oneida County initiative. She is a child and adolescent psychotherapist who is an expert in working with children who have experienced early emotional trauma, attachment difficulties, neglect, and abuse. Lark and her husband, Bob Patterson, PT, developed the STAT ™ method of treatment for children with these complex traumas in their young lives. She is a registered EMDR therapist, Theraplay®-trained therapist, certified NFB therapist, and board member of ATTACh*.

In addition to workshop leadership, Dr. Eshleman provides the following services internationally via Internet, telephone and Skype:

- . Consultations for individuals, families, and professionals.
- Training for professionals, families, and foster care and adoption agencies.
- · Speaking engagements.

STAT™ is a combination of therapies, including neurofeedback, EEG biofeedback, narrative and structured play therapies, traumabased therapeutic bodywork, Eye Movement Desensitization and Reprocessing (EMDR), family therapy, and education. STAT™ has helped children and their families dramatically improve their quality of life.

CE credits may be available. Certificates will be awarded on completion of each day. Contact (315) 731-5752 for more information.

*ATTACh is the Association for the Treatment and Training in the Attachment of Children.

Dr. Eshleman can be reached at www.larkeshleman.com.

Each day begins with continental breakfast at 8:30 a.m. and ends at 4:30 p.m. Lunch is provided. For more information, contact Dana Hubbard at dhubbard@mvcc.edu or (315) 731-5752.