



MVCC aims to be 'Green Campus'

For the last few years, MVCC has taken serious steps toward becoming a "Green Campus" college. This isn't referring to additional landscaping and the planting of a few trees, but the reduction of waste produced on both the Utica and Rome campuses.

Employees and students alike are part of the solution to an ever growing problem. Many feel they have helped by throwing paper into blue recycling bins, but it takes more from everyone in order to make a difference. It will require fundamental changes in habits, attitudes, and business practices.

Recycling isn't just about saving the environment for our children, it saves money for both the individual and the institution and sets an example for the students we educate. Hobart College is a shining example of how recycling saves money. It implemented a two-pronged process where it reduced the number of printers and copiers for each building to central locations. Then the college implemented a duplex policy where all printers and copiers (where possible) printed on both sides of the sheet of paper. In just one year's time, Hobart College saved \$54,000 on the amount of paper it purchased. The second savings was in cutting the amount of electricity used with fewer printers/copiers in use.

At MVCC, the Sustainability Council requested this Fall a recycling statement be placed in all syllabi and that faculty encourage students to follow the statement's recommendations. It is the first step in changing behavioral habits at the College. Another step taken by the College's Facilities Department, is to have blue bins placed in every office, classroom, lab and common area. These bins are for **PAPER ONLY**. Facilities also made arrangements to place large blue containers with round holes in the lids for recyclable drinking containers. These containers are located in common areas as well as hallways.

Paper materials which can be placed in the blue bins include tablet paper, white paper, green bar computer paper, computer paper, colored paper, copier paper, scratch pad paper, all ncr paper, envelopes (with or without windows), blueprint paper, Post-It notes, fax paper, thermo paper, adding machine paper, index cards, manila file folders, glossy paper (magazines & catalogs), newspapers (newspapers & inserts), lightweight cardboard (envelope boxes, tissue boxes), and telephone books.

Paper materials which should be thrown in the trash bins include carbon paper, binders, metal hanging file folders, tyvek shipping envelopes, copier wrapping paper, paper wrappings, food wrappers, napkins, tissue paper, paper towels, food-soiled paper, paper cups, and trash.

Efforts are being made at every level of society to change the public's habits. The Oneida-Herkimer Solid Waste Authority implemented a program which teaches recycling habits at



the elementary school level. The Authority aids schools in designing and implementing a new recycling initiative or helps to make current recycling programs even better. Another component of the Authority's program is the formation of "Green Teams" comprised of teachers and students who are responsible for their school's recycling initiatives.

MVCC's Sustainability Council is tasked with developing, implementing and promoting recycling programs on both campuses with the hope that lessons learned here are carried over to other aspects of students', faculty's', and staffs' lives.

This article is meant to be a starting point to encourage recycling efforts at MVCC and further information will be provided on a regular basis from the Sustainability Council as part of the College's education process.

Free Flu Clinic

The Oneida County Department of Health, Oneida County Public Health, and the MVCC Health Center will be conducting a FREE Flu Clinic on Thursday, October 28, from 11 a.m. – 2 p.m. in Room 116 of the Alumni College Center. This clinic is open to all MVCC students, faculty and staff.

Honoring Employees for Years of Service

Librarian Anne Ichihana was all smiles when she was presented a plaque this week for 10 years of service at MVCC. Anne is also an Associate Professor and joined the College on September 18, 2000. ▶



Ellis Searles has been with MVCC for 25 years and was recognized for her service this week. Ellis is a Professor of English as a Second Language. She has been teaching at the College since August 25, 1985. ▼



Mark K. Murphy was honored this week for 10 years of service to the College and the Dormitory Corporation. Mark is in charge of the maintenance for the residence halls and joined MVCC on August 17, 2000. ▼



Team MVCC takes a stand against breast cancer

On Sunday, more than 165 MVCC faculty, staff and students came together as a team to help fight breast cancer. Team MVCC is happy to announce that the College ranked second among organizations and teams in the area, and surpassed its goal by raising more than \$5,600.

The impact of Team MVCC's efforts will be felt all around the region, and it was made possible because of people like you. Thank you for your time and generosity in support of the American Cancer Society's Making Strides Against Breast Cancer Walk.

Together, MVCC has made history, has made a difference, and has made strides for a cure.

A special thank you goes out to the following clubs, organizations and teams whose enthusiasm and generosity helped Team MVCC shine at the event, and helped not only achieve but surpass the goal of more than \$5,600 for the American Cancer Society.

MVCC's Phi Theta Kappa, Professional Association, Student Congress, men's basketball team, men's hockey team, women's volleyball team, AMVA, men's & women's cross country team, MVCC Foundation, women's basketball team, Kiddie Campus, Student Nurses Organization, C-STEP, Upward Bound Program, International Club, Sodexo, Rome Student Activities Association, Black Student Union & Caribbean Club, South Halls Resident Assistants, and Health Center.



Monday, October 25

- 8:00 am - NYS Senator Joseph A. Griffo:
Liberty Medal Event, ACC116
- 10:00 am Psychology Club, ACC212
- 1:00 pm - Spring 2011 Admission Placement Testing, PC252
- 3:00 pm - Chess Club, ACC114
- 3:30 pm - Circle K, ACC212
- 5:30 pm - CCED/Tai Chi Beginners, ACC116
- 6:30 pm - CCED/Tai Chi Advanced, ACC116
- 7:00 pm - Ballroom Dancing, IT Lobby
- 7:00 pm - Drama Club Auditions, IT225
- 8:00 pm - Performance: Dance Theatre of Harlem, Theater

Tuesday, October 26

- 8:30 am - CCED, ACC116
- 9:00 am - Streaming Lecture: "Live from Vietnam"
w/Bill Hysell, PC Auditorium, IT225
- 11:00 am - Tech Tuesdays, PC209, AB261
- 11:00 am - YMCA Information Table, PC Atrium
- 1:00 pm - Tech Tuesdays, PC209, AB261
- 3:30 pm - Gay/Straight Alliance Club, IT218
- 4:00 pm - Film Club, IT220
- 4:00 pm - Poetry Club, ACC114
- 4:30 pm - Drama Club, ACC212
- 7:00 pm - Lecture: "A Year Teaching and Living in Eastern Turkey" w/Dr. Tom Cronin, Chair of the Natural Sciences Department at SUNY Cobleskill, IT225
- 7:00 pm - Night Hawk Café, MV Commons

Wednesday, October 27

- 9:00 am - Web Wednesdays, PC209, AB261
- Noon - Nick Pike: Juggler, ACC Snack Bar
- 2:00 pm - Lecture: Sculpture Space Artists in Residence, IT225
- 2:00 pm - Web Wednesdays, PC209, AB261
- 2:00 pm - Drama Club Showcase, IT Theater
- 7:30 pm - MVCC Concert Band Practice, ACC116
- 7:00 pm - Night Hawk Café, MV Commons

Thursday, October 28

- 8:00 am - Flu Clinic, ACC116
- 10:00 am - V8 Thursdays, PC209, AB261
- 1:00 pm - Chemical Dependency Club, ACC212
- 1:00 pm - V8 Thursdays, PC209, AB261
- 2:00 pm - Student Congress, ACC212
- 3:00 pm - International Club, IT220
- 3:00 pm - Program Board, ACC212
- 6:00 pm - CCED/MYPC Connect, IT219
- 6:00 pm - Movie/Lecture: "Twilight Saga, Eclipse"
w/Stephen Wagner, Writer and Researcher of the Paranormal, Theater

- 6:30 pm - Ballroom Dancing, IT Lobby
- 7:00 pm - Strategic Gaming Club, ACC212
- 7:00 pm - BBG Dance, ACC116

Friday, October 29

- 6:00 pm - Movie/Lecture: "Twilight Saga, Eclipse" w/Stephen Wagner, Writer and Researcher of the Paranormal, PC Aud
- 7:00 pm - Murder Mystery Dinner Theater:
"Death Takes a Cruise," ACC Snack Bar
- 8:00 pm - Concert: Quartet San Francisco, Theater

Saturday, October 30

- 8:00 am - Motorcycle Safety Course, RA207
- Noon - Family Fun Series: "Animals of Halloween"
w/the Utica ZooMobile, PC Auditorium
- 8:00 pm - Halloween Party/Dance, MV Commons

Notice to Classified Staff on vacation days

This is a reminder to all classified staff that Article XII.2 of the contract indicates that a maximum of 15 days of vacation time may be carried from one year into the next. All vacation time beyond 15 days will be lost on January 1, 2011.

Employees who may be affected by this provision and who wish to take some vacation time during the rest of 2010 should check with their supervisors early so that arrangements can be made to grant the leave at a time that is mutually agreeable.



HEARING REAL-WORLD EXPERIENCES - Toni Carbone, Assistant to the President at MVCC, came to Rosemary Fuoco's Office Administration class on Wednesday. Carbone spoke about her career at MVCC and discussed her job duties being the Assistant to the President. She told the class to take the Civil Service Exam and covered e-mail etiquette and the importance of dressing professionally.

Professor Fiore has article published in Hearing Health

Professor Jim Fiore, of the STEM Center, has published an article in the Fall 2010 issue of Hearing Health Magazine.

The article is entitled "The Four Components of Sound" and details how humans perceive and categorize sound based on attributes such as pitch and loudness. Hearing Health Magazine is produced by the Deafness Research Foundation.

It can be read on-line at www.drf.org/magazine/41/Fall+2010+Issue/article/371.

Professor Fiore has taught electrical circuits and electronics courses at MVCC for nearly 30 years, and recently developed and teaches the natural science elective Science of Sound.

Did you know...

9,034 members of the community and local business took advantage of courses offered by the Center for Corporate and Community Education (CCED) this year alone? Topics included computer skills, health care education, health and wellness, college for kids and teens, ballroom and belly dancing, defensive driving, and much, much more!

Submit information for *Communitas* to Rich Haubert at rhaubert@mvcc.edu

Athlete of the Week

The Hawks men's soccer team is having another banner year with a 12-2-3 record, which was made possible by the performance of Armin Budnjo. Budnjo is the leading scorer for the Hawks and helped lead MVCC to three consecutive victories over the last week and a half.

Budnjo was honored by being named MVCC's Athlete of the Week.

Budnjo scored four goals and assisted on two others in victories over SUNY Delhi and Broome Community College. He upped his performance earlier this week with both of MVCC's goals in a 2-0 victory over Onondaga CC.

On the season, Budnjo has 16 goals and eight assists in just 13 games for 36 points.

Budnjo is a freshman General Studies major and a graduate of Proctor High School.



Budnjo



VIEW FROM GHANA - Kelly McVickar visited Ghana as part of a church organization trip to help build an orphanage last February. She is seen here with one of the children the group was helping.

MVCC alum documents trip to Ghana, now on display

By Dr. Sandra Engel

Kelly McVickar, a May graduate from MVCC, traveled to Ghana with her church organization this past spring for two weeks. During her trip, she used her photography background from MVCC to document her time overseas.

Her work is now on display in the lobby of the Information Technology Building.

The church organization helped build an orphanage, but there were also opportu-

nities not only to spread their religious message, but also to meet local people. The group visited a fishing village, a slave castle, schools and orphanages and also encountered people living – literally - in a garbage dump, a place where they can find food.

They also visited a leper colony (and that is what it is still called there) and encountered the military in the form of roadblocks on the streets.

The photographs are gorgeous, and part of the pleasure of having such an experience was, according to Kelly, showing the children what they looked like when she took a digital photo of them since most of them had no mirror and may well have never seen what they looked like before.

This was her first trip overseas.



MVCC students demonstrate science at Children's Museum

On Saturday, October 9, MVCC Engineering Science students Nicole Salerno and David Albright demonstrated lessons in nanotechnology to Brenden Bryant at the Children's Museum in Utica.

The presentation is the first of the Second Saturday Science program which will continue from October through May at the Children's Museum. The program is presented by MVCC first and second year Engineering Science students.

This program focuses on Nanotech scale as well as forces that effect nano particles. Several examples of products using nanotechnology were shown as well.



PLAYING POLITICS - MVCC hosted a "Meet the Candidates" forum on Tuesday, October 19, in the Theater. It was to encourage young adults to participate in the electoral process by allowing candidates the opportunity to state where they stand on issues. MVCC's Public Policy students provided a basic job description of the candidates. This event was followed by a live political debate between Congressman Michael Arcuri and challenger Richard Hanna.